



Eelūnaapéewi Lahkéewiit

Wiingu-néewEénda-Lunaapeewáhkiing -Welcome to the land of the Delaware's

**HAPPY
LABOUR
DAY**

OFFICE CLOSURE

**ALL BUILDINGS WILL BE CLOSED ON
MONDAY SEPTEMBER 7TH, 2020**

**REGULAR BUSINESS HOURS WILL RESUME
TUESDAY SEPTEMBER 8TH, 2020 @ 8:30**



EMERGENCY KIT DISTRIBUTION:

The Special Events Planning group would like to thank everyone for their kind words of appreciation. We would like to thank the Ontario Works Department (Pandemic fund) for providing the generous gift cards and also to the Chief and Council for providing each household with a crank radio.

Anushiik to our dedicated helpers Zachary Logan, Kamryn Whiteye, Phoenix Logan-Whiteye, Carrie Snake and Sybil Snake.

And Anushiik to Roads department workers, Gregory Peters and Bob Stonefish for all their hard work loading, unloading and transporting the supplies.

Planning Committee:

Councillor Justin Logan, Amanda Logan, Jaime Ann Whiteye,
Jessica Stonefish-Snake and Cathy Stonefish.



News Items Due:

Monday September 14th, 2020 @ 4:00 pm

Next Publication Distributed:

Wednesday, September 16th, 2020



For more news and information check out our website
www.delawarenation.on.ca

Free Indian Tacos!!!!

When: Friday, September 4th, 2020

Time: 12:00pm-6:00pm

Where: Delaware Nation Community Centre

Limit 1 per person

Pick-Up Only

Please remember to social distance upon arrival and wear your mask.



Any questions please call the Health Centre @ (519) 692-3969

Eelūnaapéewi Lahkéewiit
Education Department News
September 2nd , 2020

Koolamalsi!

Welcome back to the start of a new School Year. We understand that things have changed and are changing, sometimes at a rapid speed especially with the start of School approaching. As the Education Department, we are here to listen to any questions/concerns you may have. Please do not hesitate to reach out to us at 519-692-5551 or by email to either Jolene; education.manager@delawarenation.on.ca Jason; Jason.Meness@delawarenation.on.ca or Andrea; Andrea.Tobias@delawarenation.on.ca

Updated Elementary Start Dates

The Lambton Kent District School Board has decided to have different start times for students. Half of the students will begin on Thursday, September 10, the other half will start on Friday, September 11. On Monday September 14, all students will be in school. A student's school will contact families directly before Friday September 4 to let them know which day their child is expected at school as well as instructions for school arrival and health and safety procedures. Schools will make sure that elementary students from the same household will be scheduled to attend on the same day.

Updated Secondary Start Dates

Grade 9 students only will begin on Monday, September 14. All secondary students will start on Tuesday, September 15. A child's school will contact parents directly to provide information on instructions for school arrival as well as health and safety procedures.

Learn at Home Start Dates: Elementary & Secondary

If your child is doing the remote learning, their classes will begin on Monday, September 14. LKDSB has assigned principals for elementary and secondary remote learning students. Chris Moore will oversee elementary students and Paul Weirsma will oversee the secondary students. Parents will be contacted prior to the start of the school year.

Transportation; School Busing

Langs will be doing assigned seating and all students grades 4-12 will be required to wear a mask on the bus. Students in grades 1 – 3 are encouraged to wear masks, but it is not required. Exceptions will be made for students with medical conditions or special needs that prevent masking. Parents are asked to do wellness checks on their children prior to them getting onto the bus. Drivers will be equipped with personal protection equipment and sanitizing/cleaning supplies.

Release of Information Forms

We are asking for Parents and or Guardians to fill out a 2020-2021 Release of Information Form whether you have chosen to send your child for face to face learning or going to keep them home for Remote at Home Learning. These forms help us access information for our students so that we can better attend to their needs. Please ensure that the person that is in care of the child fills out and signs the form. While it is helpful for a relative to complete and sign these forms, we will not be able to advocate on a child's behalf if the form isn't signed by the parent or guardian. **Release of Information Forms Attached.**

School Supplies

We will be part of the planning for the back to school supplies. This year will be different in that we will not be having a large event as before; however, school supplies will be available for pick up at the community centre on Tuesday, September 8. Times for pick up will be provided.

Parent Surveys

Thank you to all that completed surveys for the upcoming school year. Forty-seven surveys were sent out to families by Facebook Messenger, Text Message, and delivered to mailboxes. We received 39 responses:

What do you need to assist with your child's learning during this school year?

Technology 12

Internet 18

Child Care 3

Other – tutoring, monitor & support time, PPE for students, all 3, one on one

For this school year, would you be interested in having your child involved in a community-driven alternative learning model?

Yes 25

No 11

If you answered yes, would you be willing to volunteer some of your time to assist with planning and delivery of such a program

Yes 21

No 9

The purpose of the survey was to seek out what families will need to support their children during this school year. We understand that difficulties that families face and we wish to support them as best we can. The results of this survey will help us in determining how to move forward in planning for the upcoming months.

Eenda Akhehwiwunjiik – Kindergarten

Safety is paramount for all of our students and our leadership does not want to jeopardize anyone, students or staff while schools start to reopen across the province. At this time Chief and Council have decided to keep the kindergarten closed until further notice. The status of the kindergarten school within our community will be assessed again at the next Council meeting on September 23. Notices to parents have been distributed. If you require further information, you may contact either Angela Johnson at the school: 519-692-4398 or Jolene Whiteye at 519-692-5551.

Postsecondary

All applications have been received for the Fall 2020 intake. If you wish to apply for a winter postsecondary program, the deadline for applications is **October 1, 2020**. Applications are available online at: www.delawarenation.on.ca or one can be picked up at the Education Office.

Student Summer Fun Packs

We still have some left if you haven't picked up yours. Please call ahead or email to set up a time to pick up one. Or if you wish to have one delivered also let us know:

519-692-5551 or email: Jolene; education.manager@delawarenation.on.ca or Andrea; Andrea.Tobias@delawarenation.on.ca

Scavenger Hunt

We had a great turn out for our scavenger hunt that took place over two days, Friday August 28 and Saturday August 29. We had 23 families participate, with a total of 75 people. We wish to thank the Health Centre, ELC, Roads Department, Delaware Nation Police and Chief and Council for partnering with us in making this a successful event!

Book Club

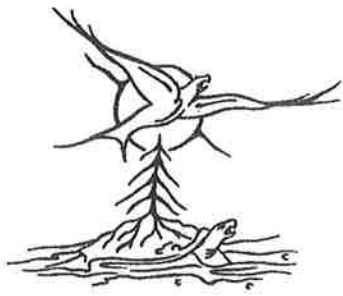
Thank you to all that participated in the Book Club, incentive gifts have been ordered and you will be contacted once these are available.



Eelūnaapéewi Lahkéewiit Education Department
14753 School House Line Thamesville, ON
www.delawarenation.on.ca

T - 519-692-5551

F - 519-692-5951



DELAWARE NATION COUNCIL

Moravian of the Thames Band

EDUCATION

Phone: 519.692.5551
Fax: 519.692.5951

14753 School House Line
Thamesville, ON N0P 2K0

2020- 2021 Release of Information

I, _____
(Parent/Guardian name or student name if over 18)

Hereby authorize and consent to the collection, use, disclosure, transmittal or examination of records or information and the exchange of verbal and/or written information between the Eelūnaapéewi Lahkéewiit Education Department personnel and

(School Name)

for the following student:

(Student's full name)

1. I understand that the type of data collected, used or disclosed, in any form, will consist of information, included but not limited to, registration information, attendance records, grades, student incentives, Individual Education Plans, secondary student schedules, Special Education reports such as clinical reports and/or psychological assessments.
2. I understand that the information will be used for the purpose of assisting the student achieve success and to ensure that the student received quality education services including education instruction appropriate for their learning style.
3. I understand that a copy of any information obtained will be stored in a secure location within a student folder at the Eelūnaapéewi Lahkéewiit Education Department office.
4. I understand that no information collected hereunder will be disclosed to any other agency without written consent.
5. I hereby acknowledge and agree that I will have no claim against the Eelūnaapéewi Lahkéewiit Council and staff for information collected, used or disclosed in accordance with this consent.
6. I agree that this consent is valid from **August 1, 2020** until **August 31, 2021** and can be revoked by the undersigned in writing at any time.
7. This signed consent allows the named student to access the Student Success Program offered through the Education Department such as student incentives, attendance awards, Awards Banquet, field trips and lunch/snack programs.

(Signature of Parent/Guardian/Student 18+)

Date

**Eelūnaapéewi Lahkéewiit – Moravian of the Thames
Education Department**

Student Information Form

Student's Name:

School Name:

Grade:

Date of Birth:

911 Address:

First Nation:

Band #:

Parent/Guardian:

Phone #:

Email:

Emergency Information

Name:

Phone #:

Name:

Phone #:

Medical Information

List Any Allergies:

Special Conditions (any health conditions that we should be made aware of?):



Eelūnaapéewi Lahkéewiit



BACK
2
SCHOOL

BOOKBAG GIVEAWAY

**BOOKBAG &
SUPPLY PICK UP**
Tuesday, Sept. 8/20
1:30 - 4:30 PM
**@ EL Community
Centre**

Please adhere to social distancing protocols. Masks will be required inside Community Centre. One family inside at a time. Bags will be prepacked with supplies according to grades. Please remember supplies are based on Naahii Ridge supply lists. If you are unable to pick up your bags on this day, please arrange for a family member to pick up on your behalf. Anushiik

BACK TO SCHOOL

Academic Upgrading will begin on September 10th, 2020 at the Employment and Training Centre with Lori Sheppard.

Students are welcome to come in between 1 p.m. and 4 p.m. to register with the Lambton Kent District School Board for the school year.

Lori can talk with any new students about upgrading skills for employment or education goals.

Lori will resume hours at the centre every Monday and Thursday afternoon from 1:00 - 4:00 for all your education needs!

REMINDER - We will be adhering to the Training Centre rules at all times.

Lori.Shepard@lkdsb.net

59-354-6100 ext. 5



in this issue >>>

- *Class Action Settlements*
- *Applying for ODSP and Medical Reviews*
- *Message for Seniors About Benefits they may be eligible for*
- *Energy Credits*
- *Employment Experience Program*
- *Transitional Support Fund*



Information for Clients and Communities

August 2020



Assets

The following table outlines the allowable asset limits used to determine initial and ongoing eligibility for assistance, including Temporary Care Assistance, under Ontario Works.

Benefit Unit Size	Maximum Asset Limit
Single applicant or recipient (<i>no spouse and no dependents</i>)	\$10,000
Applicant or recipient with a spouse (<i>no other dependents</i>)	\$15,000
Applicant or recipient with a spouse and one other dependent	\$15,500
Applicant or recipient with a spouse and one dependent, plus additional dependents	\$15,500 + \$500 for each additional dependent
Applicant or recipient with one dependent (<i>no spouse</i>)	\$10,500
Applicant or recipient with one dependent, plus additional dependents (<i>no spouse</i>)	\$10,500 + \$500 for each additional dependent
Child in temporary care or a dependent of a dependent	\$500

Did you Know?

The Federal government has settled two class action lawsuits with respect to harm and/or abuse of indigenous persons?

1. **The Sixties Scoop Settlement Agreement**
2. **The Federal Indian Day Schools Settlement Agreement**

How will these payments impact Ontario Works (OW) or Ontario Disability Support Program (ODSP) Recipients?

These payments are fully exempt as income and assets for the purpose of social assistance. Ontario Works (OW) and Ontario Disability Support Program (ODSP) regulations have been amended

You need to report these payments

As part of the reporting requirement in order to determine ongoing eligibility for assistance, recipients of OW and ODSP are required to report all income or money received on a monthly basis.

Exception

Payments to the estate of a deceased class member, received by a person on social assistance, are not to be considered income or assets (because the payments belong to the “estate” for distribution). However, the settlement exemptions do not apply to awards passed on from the estate to the class member’s beneficiaries. This is consistent with how money from estates are treated across social assistance, including estates from Residential Schools survivors who received compensation and have died.

ODSP >>>

Applying for ODSP and Medical Reviews

The Ministry is still processing ODSP applications.

ODSP can send the application package directly to an applicant's healthcare practitioner to help avoid in-person visits.

If you have an ODSP application package or medical review package that is due soon but can't submit it to the Disability Adjudication Unit (DAU) by the deadline, DAU will accept late packages during COVID-19 emergency period. Please disregard any letters you may receive about the deadline for ODSP application package, medical review package, or internal review request during this time. Once the emergency period is lifted, outstanding packages will be accepted within the following six months.

Additional extensions may be granted on a case-by-case basis, if requested within the six-month period. ODSP will re-assess the situation at a later date and inform you of any changes.



***If you have any Questions
Please Call the Disability
Adjudication Unit
at: 1-888-256-6758***

Seniors >>>

News Flash Message for Seniors about Benefits they may be eligible for.

- 1. Ontario Guaranteed Annual Income System (GAINS)**
- 2. OAS and GIS**

1) Ontario Guaranteed Annual Income System (GAINS)

GAINS provides a monthly, non-taxable benefit to low-income Ontario seniors. The maximum monthly benefit is \$83.00 per month and are provided to top up the Old Age Security (OAS) and the Guaranteed Income Supplement (GIS) you receive from the federal government. Together the total maximum benefits from OAS, GIS and GAINS is the guaranteed income level. To qualify you must be 65 years or older and receive the federal OAS and GIS payments. If you have private income such as from a private pension, the Canada Pension Plan, bank interest, this will affect your monthly amount. You do not have to apply if you receive the OAS and GIS. Your GAINS benefit will be determined based on information received from Employment and Social Development Canada and the details provided on your personal income tax and benefit return.

The Ontario government recently announced that they will be doubling the GAINS for six months starting in April 2020.

2) OAS and GIS

The federal government is providing an additional payment to Seniors as well. It will be \$300 for seniors who are eligible for the Old Age Security (OAS) and \$200 for seniors who are eligible for the Guaranteed Income Supplement (GIS). If you receive both benefits you should have received a \$500 payment the week of July 6, 2020.

If you did not receive your payment you may call 1- 800-277-9914.



Ontario Energy Support Program >>>

- If you are a customer of an electricity utility and in a lower-income home, you may qualify for a reduction on your electricity bill. The OESP will reduce the cost of your household electricity by applying a monthly credit directly to your bill. The credit amount will depend on how many people live in your home and your combined household income.
- Everyone in your household over the age of 18 must have filed taxes once in the past two years.
- If you have applied and received the credit in the past check you bill you may not be getting the credit any longer.
- You must reapply every two years and every five years if you are a senior.
- To apply go to: <https://ontarioelectricitysupport.ca/>
- Take the self-assessment and fill out the application.
- You will need Social Insurance Number (SIN) for everyone in your household over the age of 18.
- You will need a current hydro bill with account number

Employment Experience Program

Information for Ontario Works clients looking for valuable Employment Experience and Employers looking for wage Subsidies

The Employment Experience Program Objective is to

- Facilitate placements for First Nation Ontario Works participants to develop their skills through working.
- Help participants to gain employment and earn a salary.
- Participants gain employment experience, supported through a training plan, to develop skills and to advance their career aspirations. Other objectives include: increased income for participants and their families, and increased engagement in contributing in the community through employment.

A First Nation has the Opportunity to develop placements

- First Nations' staff in programs such as Ontario Works, Economic Development, and Aboriginal Skills, Employment, and Training (ASET) work together to develop placement opportunities with local employers.
- Employers may be a First Nation, organization, private business, not-for-profit organization, or government agency located on-reserve or off-reserve. Please note that for the EE program all potential employers must contribute to CPP, EI, and WSIB to be considered eligible to host a placement.
- Participants can ask your caseworker to help facilitate a placement for you. Employers may contact their local Ontario Works office to apply for a placement and receive a monthly subsidy towards the cost of the placement.

Businesses located on the First Nation are encouraged to apply for the EE program, you could be eligible for money to help cover the costs of new employees.

\$\$\$ Give us a call!! \$\$\$

Transitional Support Fund

The Transitional Support Fund (TSF) provides assistance to social assistance recipients, low income families and Seniors in First Nation communities who require housing related support.



Eligibility Requirements

- *Person or family is threatened with loss of or have lost their shelter because of eviction, foreclosure, fire, flooding etc.*
- *Person or family is threatened with loss of or have lost required utilities and/or heating fuel.*
- *Person is living in housing that is determined to be unsafe or unhealthy and requires repairs or replacements as a result of conditions (mold, leaking roof, etc.) where the repair or replacement issues are not the responsibility of a landlord.*
- *Person has to move to secure employment, undertake education, escape domestic violence or address a disability.*

Eligible Expenses

- *Rent Deposits, fuel and hydro deposits.*
- *Utilities disconnection and reconnection in existing residence.*
- *Establishing new residence (last months rent, household items, moving costs etc.)*
- *Minor housing repairs and/or maintenance (mold removal, repair roofs, to repair or replace windows/doors, to repair or replace stairs)*
- *Arrears in housing (rent/ mortgage)*
- *Repair or replacement of necessary plumbing fixtures and systems.*
- *The cost of replacing necessities as a result of a catastrophic event (flood, fire etc)*
- *Arrears relating to utility costs and/or, (heating fuel, electricity sanitation/sewer and portable water purchase arrears)*
- *Other services, items or costs necessary to maintain the safety or well-being of a person in the household, where such supports cannot be provided for through other means.*

For more information or to apply please contact your local Ontario Works office

If you have any questions or need assistance with any of these items please contact your local OW office or Stepping Stones toll free at (844)692-5050

ORANGE T-SHIRT DAY!!!

T-shirt Registration

Pre-Order by: Friday, September 18th, 2020 by 4:00pm.

When ordering: Give names and sizes.



Pick up Day

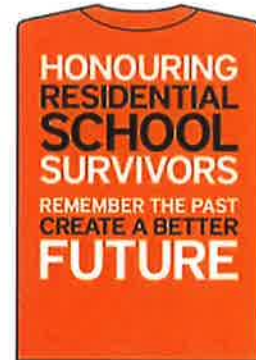
Monday, September 28th, 2020

Pick up Time

3:00pm-6:30pm

Location

Delaware Nation Health Centre



****Delaware Nation Band member or Residency Permits****

You must pre-order your t-shirt.

Call the Health Centre.

(519) 692-3969

If you have any questions, please call:

Kelley Noah: Healing & Wellness Coordinator



ORANGE T-SHIRT DAY!!!

Community Supper DRIVE-THRU

Date: Monday, September 30th, 2020

Time: 4:00pm-7:00pm

Where: Delaware Nation Community Centre

Please remember to social distance upon arrival and stay in your vehicle.



Don't forget to pre-order your orange shirt for this event.

Koolamalsi!



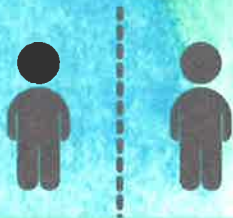
Kalyn Hopkins ndushiinzi. Nii noonjiiyayi Eelũnaapéewi Lahkéewiit. Nii ndamiimúnzi takwáx.
Nii há ndulũnaapéewi.

I hope that you are all staying safe and well during this time! I am the new Community Support Service Worker. I will be working out of the Delaware Nation Community Centre and providing the community with as much support possible. Unfortunately, under the circumstances the Community Centre is closed, however if you require any assistance or have any questions. Please do not hesitate to contact me!

How can you help slow the spread of the virus?



Stay Home - No Unnessecary Journeys or Social Contact



Practice Social Distancing when in Public



Wear a Protective Face Mask when in Public



Wash and Sanitize Hands Frequently

Stay safe and healthy!
Anushiik

Contact Kalyn Hopkins at
(519) 692-3541 or email communityc@xplornet.com



At Home Movie Night



Sign up by

Tuesday, September 8th, 2020 by 4:00pm

Pick up Date: Thursday, September 10th, 2020

Pick up Time: 2:00pm-5:00pm

Kabob's Kit



Sign up by

Thursday, September 10th, 2020 by 12:00pm

Pick up Date: Thursday, September 17th, 2020

Pick up Time: 2:00pm-5:00pm

Delaware Nation band members only.

You must make arrangements if you are unable to pick up your kit.

Call the Health Centre to sign-up. (519) 692-3969

Please remember to social distance upon arrival
and wear your mask.





FOOD BANK

Thursday, September 10, 2020

1:30PM - 4:00PM

Delaware Nation Community
Centre

*****JUST A REMINDER - FOODBANK
MUST BE PICKED UP ON THURSDAY,
UNLESS OTHER ARRANGEMENTS
HAVE BEEN MADE BY CALLING THE
DELAWARE NATION HEALTH
CENTRE AT 519-692-3969*****



GOLF INFORMATION LEAGUE

Please arrive 20 minutes prior to your
tee time

To book a tee time:

Text: 519-495-3432

Call: 519-693-4921

Email: wgc.tee@gmail.com

****Please hand in your scores weekly with the dates/
names if you would like them tracked****

****Just a reminder- If you did not register for the golf
league than the golf fees are at your own cost****

THIS IS A COMMUNITY/FAMILY EVENT

PLEASE BE RESPONSIBLE

Free Soup and Sandwich Day!!!!

When: Tuesday, September 15th, 2020

Where: Health Centre

Time: 11:30am-2:00pm (or until
supplies run out.

“PICK-UP ONLY”

Any questions please call (519) 692-3969



The **Eelūnaapéewi Lahkéewiit Health Centre** is looking for anyone interested in becoming a Medical Driver. Due to the increase of appointments and driver availability we are looking for another medical driver.



If interested please contact the Health Centre for more information.

(519) 692-3969





Foot Care With Tammy Hall



Date: Wednesday, September 16th, 2020

Time: 9:00am-?

Appointments will run every half hour outside the building.

Masks will be provided.

Call the Health Centre to book your appointment.

(519) 692-3969

Free Canned Goods available

and

1 pound packages of hamburger.

First come, First Serve.



Please call ahead (519) 692-3969.

Delaware Nation Health Centre



**Eelūnaapéewi Lahkéewiit
HEALTH CENTRE
Tel 519-692-3969**

PRENATAL/ POSTNATAL VOUCHERS

Available at the health centre for expecting mothers or mothers with infants up to 1 year of age that are breastfeeding and reside here in the community



**Eelūnaapéewi Lahkéewiit
HEALTH CENTRE
Tel 519-692-3969**

COVID TESTING

Available at the Health Centre. Please call 519-692-3969. For more information

SUMMER MEAL

*& Healthcare
Information Package*

For
Seniors
60+



Deliveries will
begin @11am
Wednesday,
September
23rd, 2020

If you are a senior 60+ you
MUST call the Health Centre and
leave your name and address in
order to receive a meal/package.

Please call and register by
Monday, September 21st, 2020

@ (519) 692-3969

THE ASSOCIATION OF IROQUOIS AND ALLIED INDIANS RECOGNIZES INTERNATIONAL OVERDOSE AWARENESS DAY



It's important that everyone is educated about an overdose, be it from drugs, alcohol or other substances. We hope that this resource sheet will provide helpful information.

- <https://www.ontario.ca/page/where-get-free-naloxone-kit>

Ontario's website allows people to search for places that offer naloxone training and distribution.

- Ontario Harm Reduction Network (OHRN): www.ohrn.org/

OHRN supports harm reduction efforts in Ontario by providing training

- Ontario Harm Reduction Distribution Program (OHRDP): www.ohrdp.ca/

The OHRDP provides harm reduction supplies through a licensed distributor, and educational materials to Harm Reduction Programs. Upon request, core harm reduction programs in Ontario have access to the following harm reduction equipment, free of charge, from OHRDP:



Safer Smoking Supplies

- Push sticks
- Screens (brass)
- Straight Stems (pyrex)
- Bowl Pipes (pyrex)
- Mouthpieces (vinyl)
- Foil



Safer Injecting Supplies

- Alcohol Swabs
- Acidifiers (Vitamin C)
- Tourniquets
- Filters
- Cookers
- Sterile Water

- Canadian AIDS Treatment Information Exchange (CATIE): www.catie.ca/en/home

CATIE is Canada's source for HIV and hepatitis C information, testing, care, treatment, and support.

Health Promotion Summer Students Update

I would like to **Thank** my Summer Students for all they did in the four weeks that they worked at the Health Centre.

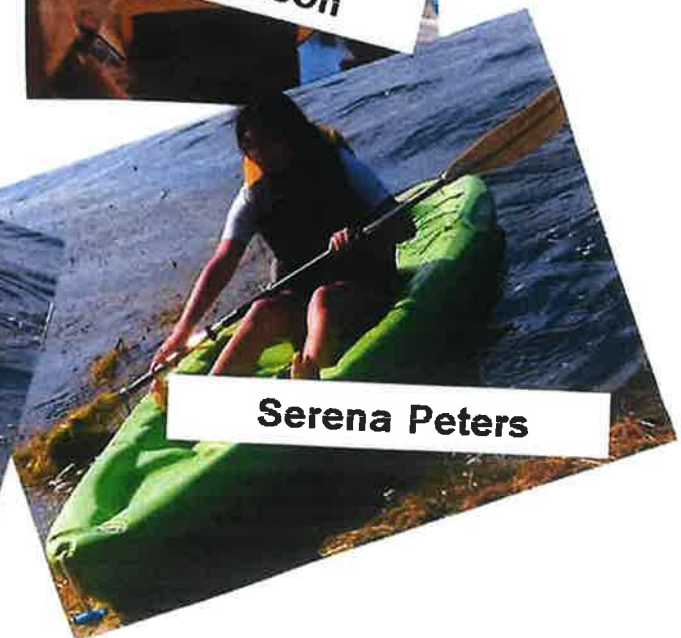
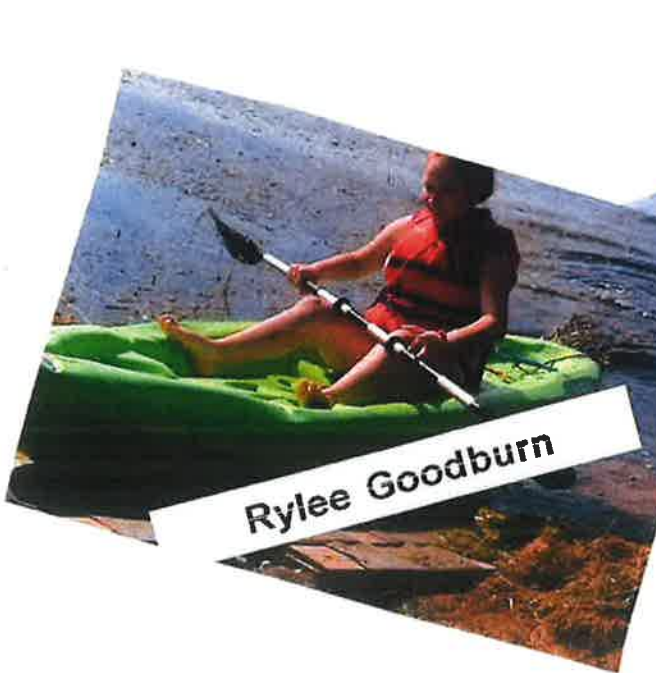
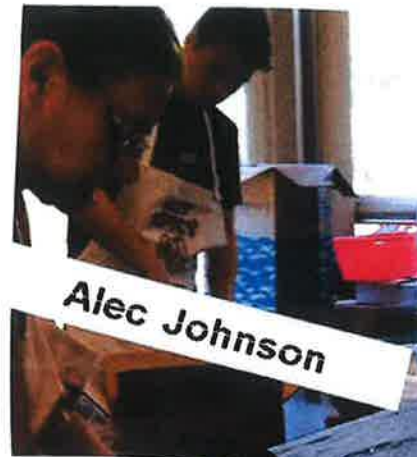
Here are the following tasks they completed while working here at the Health Centre:

- Landscaped at the Health Center.
- Health Promotions boards with the different Health issues
- Helped Home Care Coordinator with soup day.
- Assisted every Thursday with family kits.
- Bake Giveaway for the Community.
- Free painting giveaway.
- Made Positive affirmations for community buildings
- Scavenger Hunt.

And the endless stuff in between I asked you guys to do! I beyond grateful for you three this summer!

Anushiik

Norma Logan
Community Health Representative
519-692-3969





Fall Walking Program Update

We completed our first hand in!

11 Teams turned in Sheets! Here are your times!

1. **Make Walking Great Again** – 968 mins – 16.13 hours
2. **Mbumsi** – 1940 mins – 32.3 hours
3. **Young and the Breathless** – 285 mins – 4.7 hours
4. **The Masked Amigos** – 4900 mins – 81.6 hours
5. **WAP (Walking All Paces)** – 4362 mins – 72.7 hours
6. **Holey Walkamolies** – 2375 mins – 39.5 hours
7. **Walk Hard** – 2580 mins – 43 hours
8. **Sole Sisters** – 1142 mins – 19 hours
9. **Wawtamooxwehtiit** (the ones who walk slowly in a relaxed fashion) – 1783 mins – 29.7 hours
10. **Scrambled Legs** – 1423 mins – 36.7 hours
11. **Bucktown Eagles** – 1860 mins – 31 hours

We have started our Fall Walking Program again! We have new participants! I am glad for the new joiners! Keeping in mind we are walking while social distancing still! Happy trails and looking forward to your new times at the 4-week hand in! **September 14** is the next hand in! Incentives will only be handed out to the ones that turn their sheet in on time!

Walk and Stay Safe!

Norma Logan

CHR

P: 519-692-3969

NLogan@xplornet.com

Eelūnaapéewi Lahkéewiit Health Centre



HOW TO WEAR A MEDICAL MASK SAFELY

Do's →



Wash your hands before touching the mask



Inspect the mask for tears or holes



Find the top side, where the metal piece or stiff edge is



Ensure the colored-side faces outwards



Place the metal piece or stiff edge over your nose



Cover your mouth, nose, and chin



Adjust the mask to your face without leaving gaps on the sides



Avoid touching the mask



Remove the mask from behind the ears or head



Keep the mask away from you and surfaces while removing it



Discard the mask immediately after use, preferably into a closed bin



Wash your hands after discarding the mask

Remember that masks alone cannot protect you from COVID-19. Maintain at least 1 metre distance from others and wash your hands frequently and thoroughly, even while wearing a mask.

[who.int/epi-win](https://www.who.int/epi-win)



World Health Organization

Norma Logan

Eelünaapéewi Lahkéewiit

Community Health Representative

P: 519-692-3969

NLogan@explornet.com

HOW TO WEAR A MEDICAL MASK SAFELY

Don'ts →



Do not use a ripped or damp mask



Do not wear the mask only over mouth or nose



Do not wear a loose mask



Do not touch the front of the mask



Do not remove the mask to talk to someone or do other things that would require touching the mask



Do not leave your used mask within the reach of others



Do not re-use the mask

Remember that masks alone cannot protect you from COVID-19. Maintain at least 1 metre distance from others and wash your hands frequently and thoroughly, even while wearing a mask.

[who.int/epi-win](https://www.who.int/epi-win)



World Health Organization

Norma Logan

Eelünaapéewi Lahkéewiit

Community Health Representative

P: 519-692-3969

NLogan@explornet.com

PROPER HAND WASHING

Washing your hands frequently with soap and water is the best way to reduce the spread of germs.



1 Wet your hands with warm running water



2 Add soap and scrub for 15-20 seconds



3 Wash backs, thumbs, between fingers, and under nails



4 Rinse off soap under running water



5 Dry your hands with a clean towel



6 Turn off tap with a towel

When soap and water are not available, alcohol-based hand sanitizers can be used if hands are not visibly soiled.

NOVA SCOTIA

Norma Logan

Eelūnaapéewi Lahkéewiit

Community Health Representative

P: 519-692-3969

NLogan@xplornet.com

STOP THE SPREAD

Wash your hands thoroughly



Use soap and water



Rub soap all over
your hands and wrist
for at least 20 seconds



Rinse your hands
under running water



Dry hands with
paper towel or dryer

Cover your cough and sneeze



Cover your mouth and
nose with a tissue



Dispose of your
used tissue



If you don't have
a tissue, cough or
sneeze into your
upper sleeve or elbow,
NOT YOUR HANDS



Wash your hands
with soap and dry
thoroughly with a
disposable paper
towel or hand dryer

Norma Logan

Eelünaapéewi Lahkéewiit

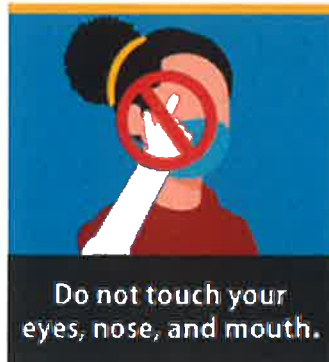
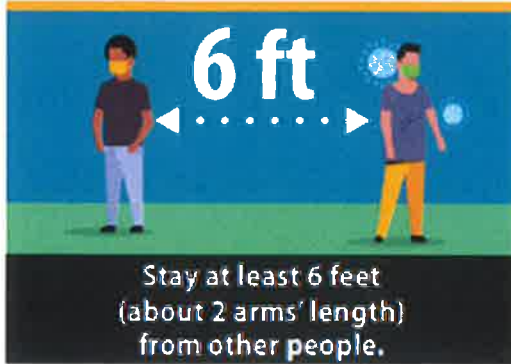
Community Health Representative

P: 519-692-3969

NLogan@xplornet.com

Stop the Spread of Germs

Help prevent the spread of respiratory diseases like COVID-19.



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

10F1146415J201-0194

Norma Logan

Eelünaapéewi Lahkéewiit

Community Health Representative

P: 519-692-3969

NLogan@xplor.net

WARM LINE

Mental Health Network of CK

CALL (519) 351-3140

Starting Date: August 3rd, 2020
Monday - Friday, 9:00 am - 4:00 pm

Are you feeling lonely, isolated, anxious, depressed or in need of a friendly ear? Do you need help problem solving or to find resources available in Chatham-Kent? Call a Warm Line peer support worker. We are here to help!



The Warm Line is a non-crisis telephone support service. The goals of the Warm Line are to provide pre-crisis telephone support; to help people in a situation before a crisis results.

If you are in crisis call 1-866-299-7447, 911, or go to your nearest Hospital.



United Way
Chatham-Kent



CHATHAM KENT
COMMUNITY
FOUNDATION



www.mhnck.com

We Are Here to Help

Free 2B Me!

Are you between the ages of 16 and 30?

Do you identify as LGBT2SQIA+ or are you an ally to this community?

Join our virtual Free 2B Me gatherings!

Hope House welcomes you to weekly Zoom meetings where you'll find friends, fun, support, and a safe, non judgmental space to be yourself and discuss the issues that matter most to **you!**

Join us every Thursday from 6:00–7:00pm

Expect many learning opportunities and exciting activities focused on LGBT2SQIA+ relevant topics, maintaining wellness, and having fun!

Email sam@mhnck.com for a link to the Zoom meeting room where this private group will be held, or if you just need to talk to someone who understands.

71 Raleigh St.
Chatham, ON.
N7M 2M9

www.mhnck.com



Follow Us Online!

Instagram: @hope_house_lgbtq



Questions?

Contact Sam at

519-351-3100

or sam@mhnck.com

NEED TO TALK?

Support is a
phone call away.

Call the
First Nations and Inuit
Hope for Wellness
Help Line

1-855-242-3310

Pub. 160359



Health
Canada

Santé
Canada

Canada

Medicine Wheel

12 step Journey

ZOOM MEETING



WHEN

TUESDAYS

AT 7:00PM

WHERE

ONLINE

VIA ZOOM

CONTACT:

AMANDA FRASER
FOR LOGIN ID AND PASSWORD
519-318-3914
AFRASER@ATLOHSA.COM

FORMAT

**SHARING &
DISCUSSING**

MEDICINE WHEEL ONLINE MEETING

MEETING ID: 631-480-2865

PASSWORD: 123

TIME: 7pm on Tuesdays

Option 1: Connect using the Zoom Website or App

<http://us02web.zoom.us/j/6314802865>

Option 2: Connect by dialing one of the following Canadian phone #'s:

+1 647 374 4685

+1 647 558-0588

For more information please contact Kelley Noah, Healing and Wellness Coordinator.
(519) 692-3969

Suicide prevention and support

Need help? Connect with our responders now

Call
1.833.456.4566
Available 24/7/365

Send a text to 45645
Available 4pm - Midnight ET
Standard text messaging rates apply

For text support [Terms & Conditions](#), click here.

Our CHAT support service is currently unavailable

French text support is currently unavailable

Thinking about suicide?

Asking for help can be hard. That's why we offer a safe place to talk - any time, in your own way. If you are having thoughts of suicide, you don't have to face them alone.

We are available if you need a safe and judgement free place to talk. Our responders are here to listen to you, support you, and keep you safe.

Talk To Someone (/thinking-about-suicide/)





Struggling with a loss from suicide?

Losing someone to suicide can be shocking and incredibly painful. The grief can be intense, complex, and long term. Working through grief is an extremely individual and unique process. Each person will experience it in their own way and at their own pace. If you have been bereaved by the suicide of a friend or loved one, we can help connect you with resources that will support you in making sense of what has happened, dealing with the grief and learning how to live with your loss.

[Get Support \(/struggling-with-loss/\)](/struggling-with-loss/)

Know someone thinking about suicide?

We can help you recognize the signs and provide support. Research shows that talking about suicide does not increase the likelihood that someone will kill themselves. In fact, connecting with someone who cares can make all the difference. Call us toll-free or text us. We can help you in your own efforts to provide support, and assist you in connecting with professionals when needed.

More About What You Can Do
(/someone-you-know-thinking-
about-suicide/)



EMPLOYMENT OPPORTUNITY

Retail Manager | London, ON

Posting Date: August 27, 2020

Posting ID: 003

Role and Responsibility: The AtlohSA Gifts, Retail Manager runs the day-to-day operations of AtlohSA Gifts. This would include, but is not limited to, retail sales (in-store and online fulfillment), transaction management, sales reporting and sales forecasting, cash management, merchandising, promotions, inventory management, procurement and loss prevention management.

Suitability:

- Demonstrated knowledge and understanding of the languages, traditional ways, history and cultures of the Indigenous population in the London region.
- Retail management experience (in-store and online), managing product inventory, procurement, fulfillment & returns (2-4yrs).
- Experience working with a POS system software (squareup.com an asset).
- Basic accounting and financing skills with the ability to manage sales reporting and analysis; running daily, weekly and month end performance reports, providing insights and recommendations based on results.
- Merchandising experience.
- Ability to organize external retail pop-ups, coordinating volunteer support, inventory, setup.
- Sales driven supporting the development of promotions and advertising campaigns, driving traffic to store and increasing in-store sales.
- Proficient use of various office-based software including Microsoft Office Suite including Word, Excel and Outlook. Experience with squareup.com POS system software is an asset.
- Self-starter, motivated to succeed while prioritizing and managing competing priorities.
- Results oriented with proven ability to identify and resolve challenges quickly.
- Friendly, warm and welcoming.
- Fully licensed driver asset.
- Secondary School Diploma.

AtlohSA Family Healing Services is a non-profit, charitable organization, dedicated to strengthening community through Indigenous-led programs and services that offer holistic healing and wellness.

Employment Term: Full-Time

Closing Date: September 7, 2020

Start Date: September 14, 2020

Remuneration: \$17/hr, 40 hrs/week

Please submit a cover letter and resume to:

AtlohSA Family Healing Services Inc.

2212 Elm Ave., Southwold, ON N0L 2G0

Tel. 519-438-0068 | Fax. 519-438-0070

jobs@atlohSA.com

Full job description available upon request.

We thank all those who apply however, only those selected for an interview will be contacted.



KETTLE & STONY POINT

Job Posting – Fulltime – Personal Support Worker

Summary:

The **Personal Support Worker (PSW)** provides services in the client's home or within the Assisted Living Facility (ALF). Services support the client's independence, safety and health needs.

Job Duties:

- The PSW may be responsible for providing personal care for the client including all or some of the following
 - Assistance with bathing (e.g. Tub bath, sponge bath, shower, lifts)
 - Transferring clients from one position or location to another using the proper body mechanics and transferring techniques
 - Assisting client with ambulation
 - Assisting with the use of a walker
 - Washing and grooming
 - Shaving the client
 - Assistance with toileting if necessary
- The PSW will be responsible for light house work
- The PSW will support the client's nutrition needs
- Assist with medication
- Documentation and confidentiality
- In the assisted living facility additional duties may include;
 - Assisting the client in the dining room as needed
 - Assistance with extracurricular activities
 - Ensuring that all areas of the facility are maintained in a clean and organized state
 - Meal preparation for all residents, following prescribed diets and menus including snacks
 - Clear and concise documentation in ALF charts
 - Ensure that the door and windows of the facility are locked nightly at 9:00PM and opened at 6:00AM
 - Knowledge of who to call in the event of emergency – training will be provided.
- Other Duties as assigned by the HCC Nurse or the Home & Community Care Manager

Attributes

- Strong commitment to health of the client
- Ability to work in a team atmosphere, as well as independently
- Ability to work with clients and community in a sensitive, caring and confidential manner
- Ability to take initiative and think creatively
- Ability to handle multiple responsibilities in a professional manner
- Driver license and dependable transportation
- Ability to work with seniors and disabled population

Education

- Diploma/Degree in Personnel Support Worker (PSW) or health care aid – Levels 1-3

Qualifications:

- Homemaking experience or other job-related experience
- Current CPR/ First Aid certification
- Safe food Handler's certification
- Medical document verifying that applicant's health status allows for HWS duties

Preferential Hiring Requirements:

- KSPFN encourages all qualified individuals to apply. However, preference will be given to qualified First Nations people in accordance with KSPFN' General Principles of the Human Resource Management Policy, section 16 of



KETTLE & STONY POINT

the Canadian Human Rights Act, sub-section 24(1)(a) of the Ontario Human Rights Code, and section 7 of the Employment Equity Act. First Nations candidates who wish to qualify for preferential consideration can self-identify themselves in their cover letter.

- Successful applicant must provide a current and up to date CPIC and vulnerable sector background check upon hiring.
- Successful applicant must provide a copy of their Diploma and other related certificates
- Applicants must consent to a full background check upon hiring.
- A full Job Description is available please call 519-786-2125 or Health Center 519-786-5647

PLEASE SUBMIT YOUR SEALED APPLICATION, COMPLETE WITH A DETAILED RESUME AND A MINIMUM OF THREE (3) WORK RELATED REFERENCES,

by: Tuesday September 8, 2020 by 12:00pm

TO: Chippewas of Kettle & Stony Point First Nation,

ATTN: Human Resource Dept

6247 Indian Lane, Kettle & Stony Point First Nation, ON N0N 1J1

Fax: 519-786-2108

Interviews will be scheduled shortly after the closing date.

ONLY THOSE APPLICANTS WHO MEET THE QUALIFICATION STANDARDS AND REQUIREMENTS WILL BE INTERVIEWED. AN UPDATED CPIC AND A REFERENCE CHECK WILL BE REQUIRED FOR THE SUCCESSFUL CANDIDATE PRIOR TO FINAL CONFIRMATION OF EMPLOYMENT



KETTLE & STONY POINT

Job Posting – Casual on Call – Home Support Worker / Personal Support Worker

Summary:

The Home Support Worker / Personal Support Worker (HSW/PSW) provides services in the client's home or within the Assisted Living Facility (ALF). Services support the client's independence, safety and health needs. There are three categories of HSW's, PSW's, HCA's and uncertified. HCA's and uncertified must upgrade to PSW certification.

Job Duties:

- The HSW/PSW may be responsible for providing personal care for the client including all or some of the following
 - Assistance with bathing (e.g. Tub bath, sponge bath, shower, lifts)
 - Transferring clients from one position or location to another using the proper body mechanics and transferring techniques
 - Assisting client with ambulation
 - Assisting with the use of a walker
 - Washing and grooming
 - Shaving the client
 - Assistance with toileting if necessary
- The HSW/PSW will be responsible for light house work
- The HSW will support the client's nutrition needs
- Assist with medication
- Documentation and confidentiality
- In the assisted living facility additional duties may include;
 - Assisting the client in the dining room as needed
 - Assistance with extracurricular activities
 - Ensuring that all areas of the facility are maintained in a clean and organized state
 - Meal preparation for all residents, following prescribed diets and menus including snacks
 - Clear and concise documentation in ALF charts
 - Ensure that the door and windows of the facility are locked nightly at 9:00PM and opened at 6:00AM
 - Knowledge of who to call in the event of emergency – training will be provided.
- Other Duties as assigned by the HCC Nurse or the Home & Community Care Manager

Attributes

- Strong commitment to health of the client
- Ability to work in a team atmosphere, as well as independently
- Ability to work with clients and community in a sensitive, caring and confidential manner
- Ability to take initiative and think creatively
- Ability to handle multiple responsibilities in a professional manner
- Driver license and dependable transportation
- Ability to work with seniors and disabled population

Education

- Grade 12 diploma
- Certification as a personnel support worker or health care aid – Levels 1-3
- Home Support Worker Certification from College is an Asset

Qualifications:

- Homemaking experience or other job-related experience
- Current CPR/ First Aid certification
- Safe food Handler's certification
- Medical document verifying that applicant's health status allows for HWS duties



KETTLE & STONY POINT

Preferential Hiring Requirements:

- KSPFN encourages all qualified individuals to apply. However, preference will be given to qualified First Nations people in accordance with KSPFN' General Principles of the Human Resource Management Policy, section 16 of the Canadian Human Rights Act, sub-section 24(1)(a) of the Ontario Human Rights Code, and section 7 of the Employment Equity Act. First Nations candidates who wish to qualify for preferential consideration can self-identify themselves in their cover letter.
- Successful applicant must provide a current and up to date CPIC and vulnerable sector background check upon hiring.
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HEAD OFFICE:
ONEIDA NATION OF THE THAMES



387 PRINCESS AVENUE
LONDON, ONTARIO
N6B 2A7

www.aiai.on.ca

PHONE (519) 434-2761
FAX (519)675-1053

TERM CONTRACT LIFELONG LEARNING POLICY COORDINATOR

The Association of Iroquois and Allied Indians is inviting applications for a Lifelong Learning Policy Coordinator. Under the supervision of the AIAI Education Manger, the Lifelong Learning Policy Coordinator is responsible for supporting the Association of Iroquois and Allied Indians and its member Nation Communities in the ongoing development and implementation of federal and provincial education initiatives.

The Lifelong Learning Policy Coordinator will work with an interdisciplinary team, external partners, such as: Member Nations, federal and provincial education files and shall be responsible for the following:

DUTIES/RESPONSIBILITIES

- Coordinate the collection and analysis of data and information as required;
- Attend relevant meetings and gatherings to further AIAI member Nation community priorities;
- Manage and oversee small projects, task teams within allocated budgets;
- Plan, organize and execute meetings and gatherings;
- Research and consolidate information and develop appropriate written communications; briefing notes, correspondence, etc.
- In collaboration with the AIAI Education Manger, liaise and strengthen relationships between member Nations, Provincial Territorial Organizations (PTOs), federal and provincial education systems;
- Collaborate and share information with AIAI member Nation Communities on key developments, priorities and initiatives;
- To serve as an AIAI representative on working groups in the development and implementation of the work plan priorities as identified in the provincial Bilateral Lifelong Learning and other federal initiatives.

REQUIREMENTS

- A Post-Secondary diploma/degree in the area of public administration and/or education or a related area of study;
- Three (3) years related work experience;
- Extensive knowledge of federal, provincial education and Indigenous education systems; programming and policies;

HEAD OFFICE:
ONEIDA NATION OF THE THAMES



387 PRINCESS AVENUE
LONDON, ONTARIO
N6B 2A7

www.aiai.on.ca

PHONE (519) 434-2761
FAX (519) 675-1053

- Must possess excellent oral, written and interpersonal communication skills with strong research and writing abilities;
- Working knowledge of Microsoft suite office programs;
- Must possess strong project management skills;
- Must be able to meet tight deadlines and execute flawlessly on projects in a fast-paced, often pressured environment and see a project through to completion;
- Must have the ability to work effectively in a team;
- The ability to develop and maintain strong professional relationships with internal and external stakeholders and work effectively with all sectors of AIAI is critical.
- Knowledge of Indigenous traditions, cultures, and values; understand the history and relationship between Indigenous Nations and the Crown;
- Indigenous ancestry is preferred;
- Possess a valid Ontario Drivers License;

WORK CONDITIONS

- Travel may be required
- Ability to attend and conduct presentations
- Manual dexterity required to use desktop computer and peripherals
- Overtime as required
- Lifting or moving up to 10lbs may be required

DURATION: September 2020 to February 2021 with possibility of extension

SALARY: \$ 46 170.00 to \$57 670.00 per year – dependent on qualifications and experience

APPLICATION DEADLINE: September 11th, 2020

Please submit a covering letter and resume with three (3) references to:

ATTENTION:
Geoff Stonefish
Association of Iroquois and Allied Indians
387 Princess Avenue
London, Ontario, N6B 2A7
Email: gstonefish@aiai.on.ca
Phone: (519) 434-2761
Fax: (519) 679-1053

The Association of Iroquois and Allied Indians would like to thank all those that apply, however, only those who are granted an interview will be contacted.