



Eelūnaapéewi Lahkéewiit

Wiingu-néewEénda-Lunaapeewáhkiing -Welcome to the land of the Delaware's

Regular Council Meeting

(Open Meeting)

DATE: Tuesday March 21st 2023

TIME: 6:00 p.m.

PLACE: Delaware Nation Community Centre

Open to Eelūnaapéewi Lahkéewiit members.

Thank You

I would like to say thank you to Chief & Council & everyone for the donation and general support during my recent moment of crisis. Big thanks to all the ladies at the dinner, extra thanks, Joanna, Arnette, Kim at Nearly New, Ridgetown and Jason at Foodland Ridgetown.

Paul Noah

****News Items Due: Monday March 6th, 2023 by 4:00pm**

Next Publication Distributed: Wednesday March 8th, 2023





Eelūnaapéewi Lahkéewiit

DELAWARE NATION COUNCIL

14760 School House Line
R.R. #3 THAMESVILLE, ON
, Phone: (519) 692-3936
www.delawarenation.on.ca

NOTICE: ICE STORM WARNING

The **Public Works Department** WILL BE CLEARING THE ROADWAYS ON WEDNESDAY EVENING AND THURSDAY MORNING, SO PLEASE BE ADVISED TO STAY OFF THE ROADS UNTIL THEY ARE CLEARED FROM POSSIBLE TREES, LIMBS, AND DOWN POWERLINES.

EMERGENCY PREPAREDNESS LIST:

- CHARGE CELL PHONES
- FLASHLIGHTS AND EXTRA BATTERIES
- BATTERY OPERATED LIGHTS OR OTHER SOURCES OF LIGHTING (CANDLES ETC.)
- BATTERY OPERATED RADIO
- WATER AND SNACK FOOD
- CAN FOODS IF COOKING STOVE NOT AVAILABLE

ICE AND SNOW BUILDUP AND HYDRO OUTAGES ARE ALSO POSSIBLE DURING THIS STORM. EMERGENCY NUMBERS ARE ON THE NOTICE BELOW, IF ASSISTANCE IS NEEDED CALL.

★ The Community Centre will be open for community members if the hydro is out for an extended time.

PLEASE STAY SAFE!!

Anushiik,
Brian Snake Sr.- Manager
E-mail: Public.Works@delawarenation.on.ca
Cell: 226-626-4603
Hydro outage # 1(800)434-1235
PUBLIC WORKS DEPARTMENT

Eelūnaapéewi Lahkéewiit **(Delaware Nation)**

Gaming Revenue Meeting:

DATE: Saturday, April 01, 2023

TIME: 9:00 a.m.

PLACE: Community Centre

Open to Eelūnaapéewi Lahkéewiit members

Eelūnaapéewi Lahkéewiit **(Delaware Nation)**

General Council Meeting:

DATE: SATURDAY, APRIL 15, 2023

TIME: 9:00 a.m.

LOCATION: Community Centre

If you have an Agenda item, please submit your written request to the Executive Assistant/Interim Director of Operations @Delaware Nation Administration office, by MARCH 24th, 2023.

Open to Eelūnaapéewi Lahkéewiit members

Anushiik.

Eelūnaapéewi Lahkéewiit

(Delaware Nation)

SPECIAL NOTICE

Outstanding Water Accounts

Upon review of our water accounts, it is noted that we have some Eelūnaapéewi Lahkéewiit water accounts that are in arrears.

Please contact the Eelūnaapéewi Lahkéewiit Finance Department to make payment - 519-692-3936.

Failure to resolve these accounts will result in the disconnection of your water service.

Water payments assist in the ongoing water service and water delivery to the homes and businesses of the Eelūnaapéewi Lahkéewiit Community.

Anushiik for your Co-operation



YOUTH MEETINGS

2023

*With Eelūnaapéewi Lahkéewiit
Council*

WHEN

March 05, 2pm-5pm

April 16, 2pm-5pm

May 28, TBD



WHAT

Ice-breaking activities!

Food!

**Tell your Council what
youth need!**

WHERE

**Eelūnaapéewi Lahkéewiit
Community Centre**



Eelūnaapéewi Lahkéewiit

(Delaware Nation)

JOB POSTING

Cultural Coordinator

Job Summary

Location:
Eelūnaapéewi Lahkéewiit
Cultural Dept

Industry

Job Status:
Full Time
35 hours per week
asap

Salary:
TBD

Closing Date:

**February 28, 2023
4:00 p.m.**

OBJECTIVE: Oversee the sharing of Lunaapeew stories, history, way of life, culture and traditions through researching, gathering, displaying, cataloguing and sharing our historic path. Open and deliver the Fairfield Cultural building to the public, preparing and sharing Eelūnaapéewi Lahkéewiit history.

DUTIES & RESPONSIBILITIES

- Prepare and display historic artifacts for cataloguing, digitization restoration
- Design and provide multi-media content including presentations to keep the public engaged
- Provide educational tours and interactive hands-on learning, programming, educational activities, guides and presentations
- Locate, catalogue and preserve all current research/historical documents and artifacts, preparing for display;
- Collaborate with community members and members from other Lunaapeewi Nations on artifacts, guided tours, archived documents
- Partner/collaborate with surrounding First Nations, school boards, post-secondary institutions, municipalities and towns developing and strengthening current relationships and establishing new working relationships with historical organizations/groups;
- Collaborate with post-secondary institutions, historical organizations/groups in the USA to preserve and share the story of the Lunaapeewi, from our traditional territories to our new home in Fairfield, Moraviantown/ Eelūnaapéewi Lahkéewiit.
- Design and develop a rich, unique, historical program using guided tours of Eelūnaapéewi Lahkéewiit territory;
- Develop and deliver story telling workshops, speaking engagements of Lunaapeewi history, migratory path to visitors;
- Collaborate with community partners to research, prepare and promote community historical events or programs related to heritage, the arts, lectures, workshops, camps, concerts, and performances traditions and culture.
- Produce and issue informational materials such as brochures, newsletters or pamphlets to visitors
- Design, develop and oversee a unique historic/tourism program to deliver a highly sought after Indigenous history program
- Work with Eelūnaapéewi Lahkéewiit staff to gather sponsorships, grants and funding sources for program continuance
- Assist with interviewing, training and coaching volunteers/staff
- Schedule and oversee building services, maintenance, and janitorial activities for cultural center and/or events

Cultural Coordinator

QUALIFICATIONS

- Bachelor's degree in public or arts administration, Art history, Recreation or Social Science, or related field; and/or 3 years employment history working, teaching, restoring artifacts, or in tourism of Indigenous culture;
- Experience working in a curatorial, retail or gallery setting;
- Knowledge of Eelūnaapéewi Lahkéewiit history would be an asset
- Knowledgeable in or willing to take training; in archiving, digitizing artifacts, cataloguing
- Proven work experience in public relations, public programming, marketing, fundraising and budgeting.
- Proven work experience handling and overseeing research, preparing and promoting community events or programs related to heritage, the arts, lectures, classes, camps, concerts, and performances.
- Experience in proposal and grant writing, budgeting, work plan preparation
- Computer literate with a working knowledge of Microsoft software (Word, PowerPoint, Outlook, Excel, Teams) Adobe Pro, Zoom, or other on-line meeting platforms
- Knowledgeable with using office equipment, telephone, copier, fax, binding machine, printers,
- Willing to travel and possess a valid Class G Ontario license, and own transportation
- Willing to work differing hours, afternoons, evenings and some weekends
- Physical demands will include walking, sitting, and standing, bending, crouching, kneeling, twisting and able to lift up to 50lbs periodically.
- Possession of current First aid/CPR certificate would be an asset

CLOSING DATE FOR APPLICATIONS:

Interested candidates please submit a **Cover Letter, Résumé, and 3 current references (2 work related and 1 character)** in a sealed envelope to:

Eelūnaapéewi Lahkéewiit (Delaware Nation) Administration Office
14760 School House Line, R. R. #3
Thamesville, Ontario
N0P 2K0

Marked: Confidential "Cultural Coordinator"

Closing Date: February 28 2023 4pm

Eelūnaapéewi Lahkéewiit (Delaware Nation) Band Members are encouraged to apply.

Pursuant to Section 16(1) of the Canadian Human Rights Act, Eelūnaapéewi Lahkéewiit gives preference to First Nation applications.

While we sincerely appreciate all applications, only those candidates selected for interview will be contacted.

Please note the selected candidate will be required to submit a current CPIC/Vulnerable Sector Search and consent to a background reference check.



Job Summary

Location:
Eelūnaapéewi Lahkéewiit
Child Family Services
22359 Austin Line
R. R. #3
Bothwell, Ontario
N0P 1C0

Industry

Job Status:
Full Time
35 hours per week
Flexible hours will be
required

Salary:
TBD

Closing Date:

**February 28th, 2023
4:00pm**

Eelūnaapéewi Lahkéewiit Job Posting

'Band Representative'

Job Description

SUMMARY OF DUTIES:

To represent the Eelūnaapéewi Lahkéewiit in matters related to Child Protection as identified in Provincial, Territorial, Federal and other countries legislation.

The Representative will serve as primary contact for Child Welfare agencies to conduct their business both on and off reserve as required.

The Representative will ensure best interests of all are considered in accordance with Eelūnaapéewi Lahkéewiit culture, heritage and traditions.

SUPERVISION:

For daily operations of the program, worker will be under the direct supervision of the Site Manager/ Child Advocate.

RESPONSIBILITIES (INCLUDED BUT NOT BE LIMITED TO):

- Act as point of contact for agencies and individuals involved with Child Welfare agencies and determine **Eelūnaapéewi Lahkéewiit** position.
- Ensure child welfare agencies are accompanied and consultations are completed and adhered to regarding Intakes, Eligibility Coding, Investigations, Safety Assessments, Verification Conferences, Plans of Service, placements of Children, Plans of Care and attendance in Home and other places as required.
- Liaison with other services/ programs to arrange for needs of clients, and to prepare Eelūnaapéewi Lahkéewiit based plans as required that will ensure the clients connection to community.
- Develop Protocols, Service Agreements or Memorandum of Understanding as necessary with programs in community and outside organizations for delivery of service.
- Advocacy and promotion of Eelūnaapéewi Lahkéewiit family values and community services.
- Research and maintain up to date knowledge with Provincial, Federal and other countries legislation, case law, criminal law/family court, privacy as well as other Nations Family Wellbeing laws.

- Develop and provide community education on current practice and developments in the area, as needed to help make informed decisions and have understanding of process and supports available.
- Advocacy and promotion of Eelūnaapéewi Lahkéewiit family values and community services.
- To ensure Eelūnaapéewi Lahkéewiit is represented in Child Protection court matters, including completion of court materials and relevant correspondence is submitted and filed.
- Consultation with Legal council as needed and required.
- Complete required reports to leadership and funding sources, including preparing of documents needed to apply for new funding when available.
- Record and maintain necessary statistics and make recommendations for program improvements and accountability.
- Maintain accurate records including case notes and a filing system.
- Perform case management, coordination of services with other providers and work with other communities and Nations in best interests of community and families.
- Engage with families and community to build a positive working relationship
- Recognize and understand the historical impact of colonization and the associated trauma on individuals, families, communities and Nations.
- Engage in facilitation and promotion of Customary Care homes, including recruitment, retention and advocacy.
- Establish and maintain an active working relationship with all Child & Family Service Agencies and other First Nation Band Representative/Child Advocates.
- Participate in personal and professional activities including creating a plan for self-care and participating in staff training, meetings and community events.

QUALIFICATIONS:

- Post – Secondary Diploma in Social work, Social Science or related field
- Degree in Social field or years of experience would be considered an asset
- Minimum 2 years experience working in the Social Service Field
- Knowledge of Child Youth and Family Services Act and C-92, Federal legislation, as well as other related laws and acts associated with field.
- Knowledge of court proceeding involving Indigenous Children and Family Matters
- Knowledge of Customary Care
- Willing to work flexible hours and travel with minimal notice
- Proficiency in MS Office applications, various software and internet
- Must provide valid license and own a vehicle, willingness to obtain necessary insurance and necessary liability.
- Excellent written and oral communication including public speaking.
- Crisis intervention, negotiation and ability to work in stressful situations

- Strong demonstration of negotiation skills and advocacy
- Knowledge of community services and cultural practice.
- Excellent written and oral communication including public speaking.
- Excellent interpersonal skills
- Successful candidate must submit Criminal Record - Vulnerable Sector Check.

Terms of Position:

Employment Term: Full-time, 35 hours per week, One year Contract.

Salary: Commensurate with qualifications and/or experience

Hours of Work: Daily from 8:30 am to 4:30 pm (flexible hours required)

CLOSING DATE FOR APPLICATIONS:

Interested candidates, please submit a **Cover Letter, Résumé and three (3) References:**

- Two (2) work related and one (1) character

Eelūnaapéewi Lahkéewiit (Delaware Nation) Administration Office
14760 School House Line,
R. R. #3 Thamesville, Ontario
N0P 2K0

Marked: CONFIDENTIAL – “Band Representative”

Deadline: February 28th, 2023 @ 4:00 pm

Pursuant to Section 16(1) of the Canadian Human Rights Act, Eelūnaapéewi Lahkéewiit gives preference to First Nation applications.

While we sincerely appreciate all applications, only those candidates selected for interview will be contacted.

Please note the selected candidate will be required to submit a current CPIC/Vulnerable Sector Search and consent to a background reference check.



Job Summary

Location:
Eelūnaapéewi Lahkéewiit
Child Family Services
22359 Austin Line
R. R. #3
Bothwell, Ontario
N0P 1C0

Industry

Job Status:
Full Time
35 hours per week
Flexible hours will be
required

Salary:
TBD

Closing Date:

**February 28th, 2023
4:00pm**

Eelūnaapéewi Lahkéewiit Job Posting

'Customary Care Worker'

Job Description

SUMMARY OF DUTIES:

Customary Care worker provides direct services to caregivers/guardians of children involved in Child Protection Matters.

Customary Caregiver is responsible to ensure the caregivers/guardians have information needed to make informed decisions regarding interactions with Services

Customary Care workers are responsible for ensuring that the children's' needs are met

Customary Care Works will provide or refer caregivers/guardians to relevant community services

Customary Caregivers will ensure children remain connected to the community in accordance with our customs, traditions and heritage.

SUPERVISION:

For daily operations of the program, worker will be under the direct supervision of the Site Manager/ Child Advocate.

RESPONSIBILITIES (INCLUDED BUT NOT BE LIMITED TO):

- Engage in facilitation and promotion of Customary Care homes, safe homes, respite homes, kinship homes and Foster homes including recruitment, retention and advocacy
- Ensure child welfare agencies are accompanied and consultations are completed and adhered to regarding placements of children, Plans of Care and attendance in home and other places as required.
- Assist caregivers/ guardians in strengthening their skills in area of need, make referrals and attend appointments as needed.
- Liaison with other services/ programs to arrange for needs of clients and to prepare Eelūnaapéewi Lahkéewiit based plans as required that will ensure the clients connection to community.
- Advocacy and promotion of Eelūnaapéewi Lahkéewiit family values and community services.
- Research and maintain up to date knowledge with provincial, federal and other countries legislation, case law, criminal, family court, privacy as well as other Nations Family Wellbeing laws.

- Develop and provide community Education on current practice and developments in area, as needed to help make informed decisions and have understanding of process and supports available.
- Complete required reports to leadership and funding sources, including preparing of documents needed to apply for new funding when available.
- Record and maintain necessary stats and make recommendations for program improvements and accountability.
- Maintain accurate records including case notes and a filing system.
- Perform case management, coordination of services with other providers and work with other communities and Nations in best interests of community and families.
- Engage with families and community to build a positive working relationship
- Attend when necessary to supervise access between children and extended family to support connection.
- Recognize and understand the historical impact of colonization and the associated trauma on individuals, families, communities and Nations.
- Establish and maintain an active working relationship with all Child & Family Service Agencies and other First Nation Band Representative/ Child Advocates.
- Participate in Personal and Professional activities including creating a plan for self-care and participate staff training, meetings and community events.

QUALIFICATIONS:

- Post – Secondary Diploma in Social work, Social Science or related field
- Minimum 2 years experience working in the Social Service Field
- Knowledge of Child Youth and Family Services Act and C-92, Federal legislation, as well as other related laws and acts associated with field.
- Knowledge of court proceeding involving Indigenous Children and Family Matters
- Knowledge of Customary Care
- Willing to work flexible hours and travel with minimal notice
- Proficiency in MS Office applications, various software and internet
- Must provide valid license and own a vehicle, willingness to obtain necessary insurance and necessary liability.
- Excellent written and oral communication including public speaking.
- Crisis intervention, negotiation and ability to work in stressful situations
- Strong demonstration of negotiation skills and advocacy
- Knowledge of community services and cultural practice.
- Excellent written and oral communication including public speaking.
- Excellent interpersonal skills
- Successful candidate must submit Criminal Record - Vulnerable Sector Check.

Terms of Position:

Employment Term: Full-time, 35 hours per week, One year Contract.

Salary: Commensurate with qualifications and/or experience

Hours of Work: Daily from 8:30 am to 4:30 pm (flexible hours required)

CLOSING DATE FOR APPLICATIONS:

Interested candidates, please submit a **Cover Letter, Résumé and three (3) References:**

- Two (2) work related and one (1) character

Eelūnaapéewi Lahkéewiit (Delaware Nation) Administration Office
14760 School House Line,
R. R. #3 Thamesville, Ontario
N0P 2K0

Marked: CONFIDENTIAL - "Customary Care Worker"

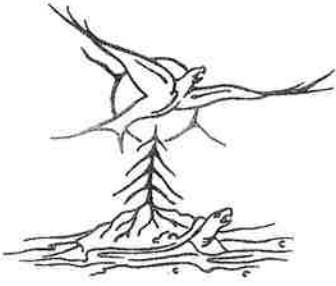
Deadline: February 28th, 2023 @ 4:00 pm

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While we sincerely appreciate all applications, only those candidates selected for interview will be contacted.

Please note the selected candidate will be required to submit a current CPIC/Vulnerable Sector Search and consent to a background reference check.

DELAWARE NATION COUNCIL



Moravian of the Thames

Eelūnaapéewi Lahkéewiit

Phone: (519) 692-3936
Fax: (519) 692-5522
www.delawarenation.on.ca

14760 School House Line, R.R. #3
THAMESVILLE, ON
N0P 2K0

Attention:

CIGARETTE QUOTA APPLICATIONS ARE NOW AVAILABLE

The Eelūnaapéewi Lahkéewiit (Delaware Nation) Council are now providing all businesses an opportunity to a share of the 2023 Cigarette Quota.

CRITERIA:

- **Must be a Eelūnaapéewi Lahkéewiit Member**
- **Business must be located on-reserve**
- **Must be CP holder on which business is located**
- **Must not be in arrears with the Delaware Nation**
- **One Quota per Established Business**

\$ 3.00 per carton surcharge is required for Community betterment.
Full Payment due July 21st, 2023.

Application Deadline

Please complete the attached Application Request Form and submit to the Delaware Nation Administration Office by:

4:00 p.m, MARCH 03, 2023.

Attention: Interim Director of Operations

Anushiik.

Eelūnaapéewi Lahkéewiit

(Delaware Nation)



APPLICATION REQUEST FORM FOR CIGARETTE QUOTA

Applicant's Name: _____

Applicant's Registry Number: _____

Address: _____

Telephone: _____

Name of Business: _____

Type of Business: _____

Business Address: _____

Business Telephone: _____

Date Business Established: _____

Administration Use Only

Received: Date: _____

Time: _____

Received by: _____



Eelunaapeewi Lahkeewiit Delaware Nation Police would like to invite Delaware Nation band members to use this 2023 Annual Car Pass to any Ontario Provincial Parks. Valid from January 01 2023 and till December 31, 2023 where an Ontario Provincial Park is open for day visits; this pass will permit one motor vehicle access to the Provincial Park for the day. Must be a Delaware Nation band member. All band members must attend the Police detachment to sign out the pass for the day and then return to the detachment at the end of the day. Provincial Parks are open 8am till 10pm each operating day. A sign out sheet will be set up and use will be limited for one day at a time. This will allow as many families as possible to take advantage of the Park Pass.

Some of the activities available at Rondeau Provincial Park are;

Swimming, biking, bird watching, trails, hiking.

If you have any questions or want to use this pass please stop at the detachment or talk with an on duty officer.

Donated by Rondeau Provincial Park Superintendent for use by Eelunaapeewi Lahkeewiit Delaware Nation Band members.



MORAVIAN UNITED CHURCH

Rev. Joan Golden, Pastor can be reached at 519-495-9383

Rev. Phil Schuyler, Volunteer Associate Minister can be reached at 519-245-5436

Our prayers to the Creator are for healing and eradication of Covid 19
and the variants that are appearing.

We pray for all those who continue their work to keep communities safe,
for those who are doing further research and constant monitoring
and all who continue to offer reassurance and comfort

Sunday, February 26th @ 9:30 Worship Service – First Sunday of Lent

Monday, February 27th 10:00 a.m. – 3:00 p.m. Drop-in time for conversation, coffee, tea, snacks and lunch at 12:00 noon. A quilt is set up if you wish to quilt or bring a craft that you are working on. Everyone is welcome.

Sunday, March 5th @ 9:30 Worship Service

Monday, March 6th 10:00 a.m. – 3:00 p.m. Drop-in time for conversation, coffee, tea, snacks and lunch at 12:00 noon. A quilt is set up if you wish to quilt or bring a craft that you are working on. Everyone is welcome.

Sunday, 12th @ 9:30 Worship Service

Monday, March 13th No Drop-in today -- See you at Little NHL!!



Please give Rev. Joan a call or text @ 519-495-9383 if you would be interested coming later in the day or evening to quilt on a Monday or during the day on a Saturday. I realize that quilting during the day not be possible for everyone, we can arrange a time that will work for your schedule.

Please consider this an open invitation to come and experience quilting or to bring questions about quilting. **Everyone is welcome**

Eelünaapéewi Lahkéewiit Early
Learning Centre

**INFANT
MESSAGE W/
JENNIFER KENNEDY
RMT**

Where: ELC Family Room

When: Monday, February 27th,
2023

Time: 12:00 - 1:30 p.m.

**COME ENJOY SOME LUNCH &
PLAY LANGUAGE BINGO FOR
PRIZES!**

INCENTIVES WILL BE GIVEN

Please contact Shawnee if you are interested in
attending at 519-692-3623 or by text at
519-350-0477

Eelūnaapéewi Lahkéewijit Early Learning Centre & Health
Department present:

Leather Glove Making w/ Leslie Stonefish

March 4th & 5th, 2022
9:00 a.m. - 4:00 p.m.
@ DNELC Family Room

Lunch will be provided

We will be taking the first 15 names, this is a two day workshop and you will need to be present for both days.

If you would like more information or to sign up please contact Shawnee Noah at
519-692-3623 or text 519-350-0477



Craft & Bake Sale



Various vendors with Authentic Crafts and Baked goods are invited to set up!

When: MARCH 4th, 2023

**Where: Delaware Nation Community Centre
14811 School House Line Bothwell, ON**

Time: 9:30am-2:30pm

IN THE KITCHEN

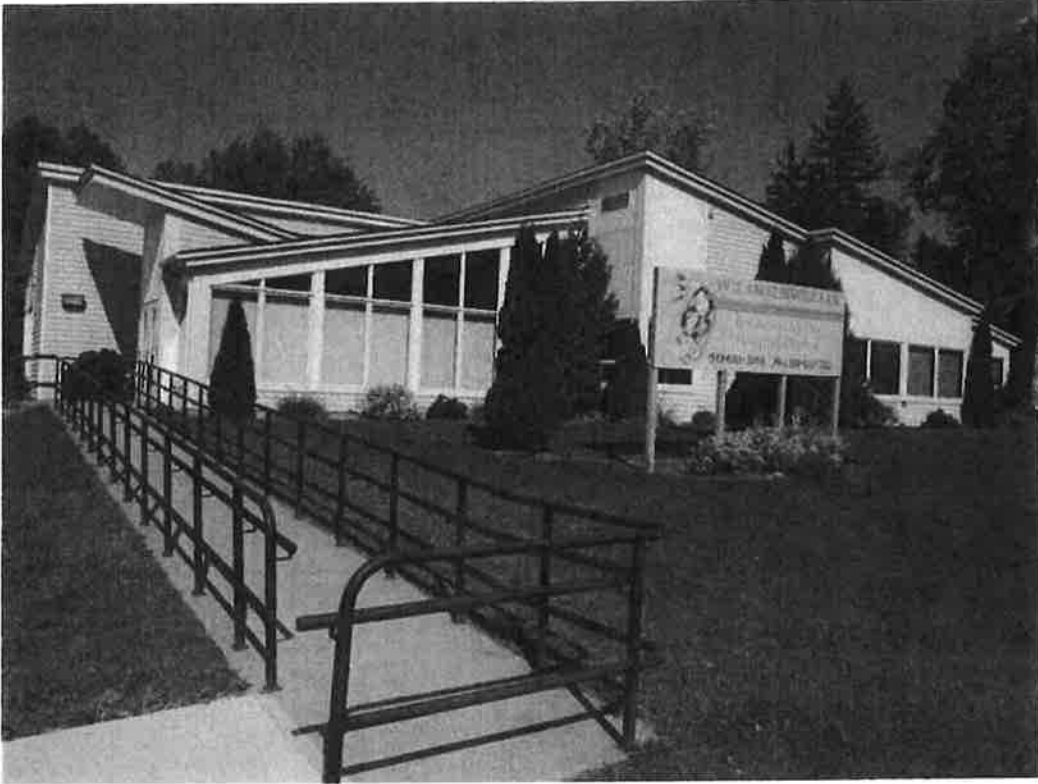
MENU

- ◇ *KAREN'S FAMOUS INDIAN TACOS*
- ◇ *SCONE DOGS*
- ◇ *CORN SOUP*
- ◇ *BEVERAGES*

**Vendors Contact Miranda Cryle-Huff to book your table!
@ 548-996-7635 or Email crylehuff@outlook.com**

EVERYONE WELCOME!!

Wellness Checks



If you are interested in receiving a wellness check telephone call please call the health centre at 519-692-3969 to leave your name and telephone number.

Eelūnaapéewi-Lahkéwiit
YOUTH

HOCKEY

ICE TIME

OPEN TO DN BAND
MEMBERS/ RESIDENCY
OR REGISTERED TO A DN
LITTLE NHL HOCKEY
TEAM

U18 AND UNDER FULL
EQUIPMENT MANDATORY

ANY ON ICE HELPERS
HELMET REQUIRED



SUNDAY
FEBRUARY
5, 12, 19, 26
2PM-4PM
MARCH 5
3:30-4:40PM

LITTLE NHL TEAM
MANGERS LOOKING TO
USE ICE FOR A PRACTICE
OR EXHIBITION GAME
EMAIL LORNE SMITH AT
communityc@xplornet.com

@BOTHWELL ARENA

SPONSORED BY DN HEALTH CENTRE



HOCKEY
EQUIPMENT
GIVEAWAY

**LARGE SELECTION OF
DONATED ITEMS**

**@ DELAWARE NATION
COMMUNITY CENTRE**

**THURSDAY FEBRUARY 23, 2023
4-6pm**

SPONSORED BY DN HEALTH CENTRE



Fruit & Vegetable MARKET

Friday, February 24th, 2023

Time: 10:00am-1:00pm
or sold out

Location: DN Health
Centre

**Any questions please call
(519) 692-3969**

Sponsored by the Health Department

Free Soup and Sandwich Day!!!!



When: Thursday, March 2nd, 2023

Where: DN Health Centre

Time: 11:30am-2:00pm (or until supplies run out.)

“PICK-UP ONLY”

Any questions please call (519) 692-3969

SENIORS CENTRE

“Dates To Remember”

Wednesdays

10:00am-2:00pm



Feb. 8th – Hungrymans Breakfast – Chatham – Meet @10am.

Feb. 15th – Chair Massage w Shelley Elijah

Feb. 22nd – Potluck & Games

March 1st – Lunch & Bowling - TBD

March 8th – Corn Husk Doll making

March 15th – NO PROGRAM

March 22nd – Chair Massage w Shelley Elijah

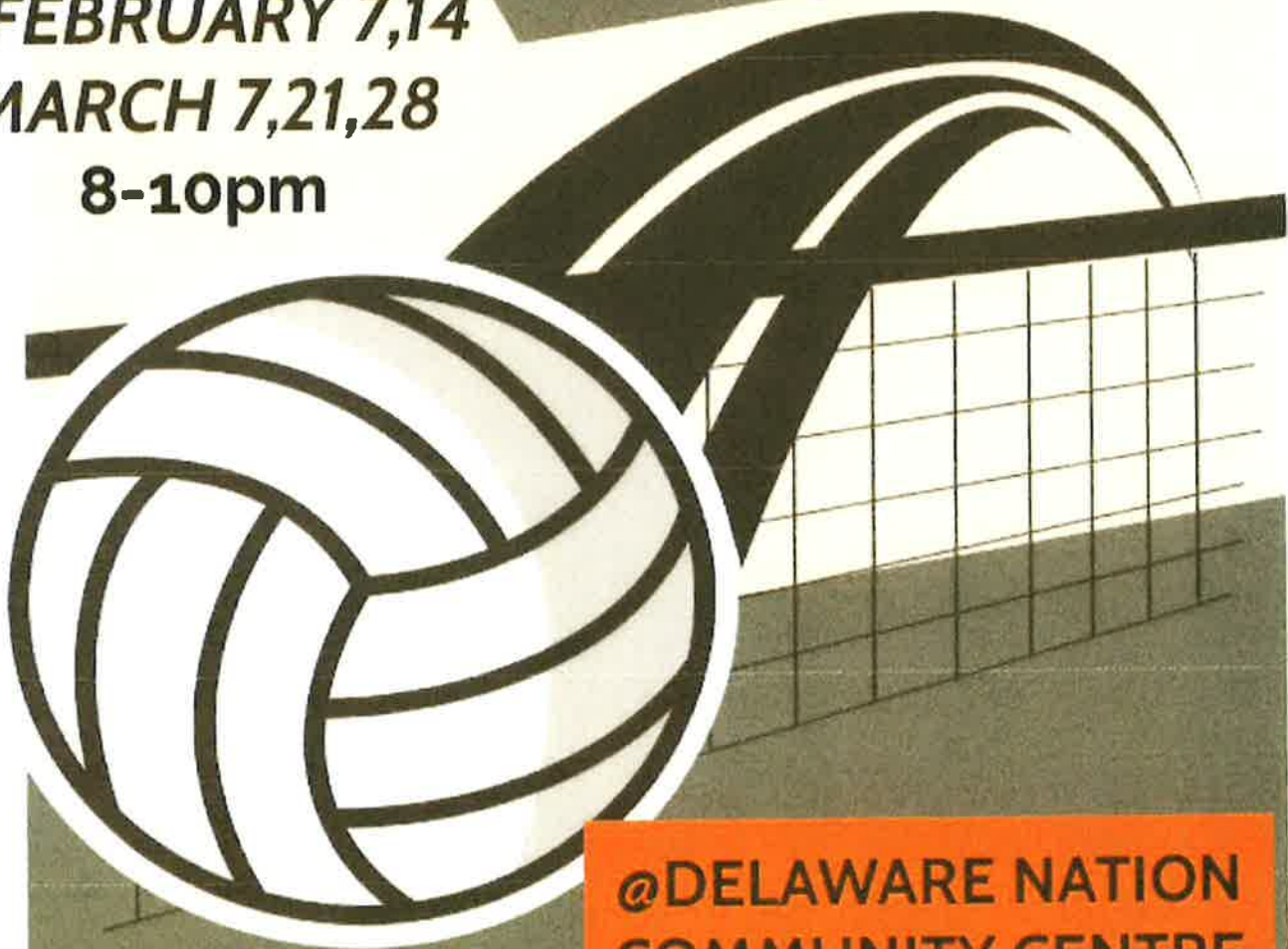
DN Seniors Program – Health Department

DELAWARE NATION

VOLLEYBALL

TUESDAY NIGHT'S

FEBRUARY 7,14
MARCH 7,21,28
8-10pm



@DELAWARE NATION
COMMUNITY CENTRE

COMMUNITY CENTRE OPEN GYM

Youth Ages 12-16yrs.

Tuesday February 14th, 2023 (4:30pm-6:30pm)

Tuesday, March 7th, 2023

Tuesday, March 21st, 2023

Tuesday, March 28th, 2023

Time: 5:30PM-7:30PM

*****PLEASE BRING YOUR INDOOR SHOES*****





Fleece Tie Blanket Workshop

March 3rd, 2023
5:00pm to 8:00pm

@ Community Centre
Space for 30
participants

Supper Provided

Registration starts Feb
23rd and ends Mar 2nd

Call Health Centre to
Register
@ 519-692-3969

Delaware Nation Band
Members/Residency



Macrame Feather Wall Hanging

March 9th, 2023
5:00pm to 8:00pm

@ Community Centre
Space for 15
participants

Supper Provided

Registration starts Feb
23rd and ends Mar 8th

Call Health Centre to
Register
@ 519-692-3969

Delaware Nation Band
Members/Residency

HEARING

Ridgetown Hearing Health
Care will be at Health Centre
on March 6/2022



Wulamaliswiikaan Health Centre
14737 Schoolhouse Line Thamesvile, Ontario
N0P 2K0

Ridgetown Hearing
Health Care will be
at Health Centre on
March 6, 2022 From
9:00 am to 1:00 pm.
For an appointment
call 519-692-3969





COMMUNITY FOOT CARE CLINIC

WULAMALISWIIKAAN HEALTH CENTRE

WEDNESDAY MARCH 8TH,

9AM -4PM

PLEASE PHONE **519-692-3969** FOR A TIME SLOT

Open to all Community Members/

Residency Permit holders.

Footcare provided by Advanced Foot Care Nurse and
Wellness Centre Inc.



FOOD BANK

** Wednesday March 8, 2023 **

9:30PM - 12:30PM

**DELAWARE NATION HEALTH
CENTRE**

****IF YOU ARE UNABLE TO PICK UP ON
THIS DATE, PLEASE CALL
519-692-3969 TO MAKE OTHER
ARRANGEMENTS****

*****PLEASE REMEMBER TO BRING
YOUR GROCERY BAGS*****



HARM REDUCTION OUTREACH

TUESDAY, MARCH 28, 2023

3:00PM-6:00PM

**DELAWARE NATION HEALTH
CENTRE**

**OUTREACH: INFORMATION ABOUT
HARM REDUCTION SUPPLIES-DROP IN
BOOTH**

****NALOXONE KITS AVAILABLE****

**PLEASE CALL THE DELAWARE NATION HEALTH
CENTRE AT 519-692-3969 FOR MORE
INFORMATION**

55+

**WELCOME
SPRING**

KITS

**PICK-UP
MARCH 17TH,
2023**

1-4 PM

@

Health Centre

Please call to register for
your kit **between**

**Thursday, Feb. 23rd and
Thursday, March 9th to
qualify.**

- Spring Into Wellness with these hand selected items designed to help you recuperate from the long winter months.

- Available to Community/Residency Members who are 55 years or older by March 17th, 2023

- One kit per person



Sponsored by Wulamaliswiikaan Health Centre

2023



COMMUNITY DRIVE-THRU MEAL

Monday, March 20th, 2023

Time: 4:00pm-6:00pm (or sold out)

Where: DN Community Centre



Sponsored by the DN Health Centre



TRADITIONAL HEALING SESSIONS



With Elva Jamieson

Where: Delaware Nation Health Centre

When:

Day 1: Thursday, March 30th, 2023

Day 2: Friday, March 31st, 2023

1-hour appointments.

Time: 9:00am-4:00pm. (Lunch 12-1)

Please call the Health Centre to reserve your spot.
Registration starts Thursday, February 23rd, 2023.
(519) 692-3969





Wulamaliswiikaan

Home Care Program

Seeking Casual Call-In Homemakers

Applicants must meet or be willing to pursue the following requirements:

- PSW Certificate
- Current First Aid/CPR Certificate
- Current CPIC
- Physically able to perform Homemaker duties
- Must be 18 +

**Please submit resume and supporting documents to the Eelunaapeewi Lahkeewit
Health Centre Attention Home Care Coordinator.
Call 519-692-3969 for more information.**



Canadian Mental
Health Association
Mental health for all

Association canadienne
pour la sante mentale
La sante menta/e pour taus



Indigenous Services Team

Mental Health Services and Programs at Delaware Nation

About the Approach to Care

The Indigenous Services Team works toward meeting community members where they are to make supports more accessible. Some community services are culture-based specifically for Indigenous peoples, while others are mainstream services offered to all communities. We recognize that wellness in Indigenous cultures is about being in balance and harmony and focusing on strengths rather than weaknesses. It is about being connected to family, community and nature. Our Indigenous Service Team aims to deliver whole body healing based on these principles.

Types of Services and Programs

We offer the following services in Delaware Nation.

- Clinical Case Management
- Crisis Services
- Court Support
- Psychotherapy - Cognitive Behavioural Therapy

How to Access Care

Individuals and service providers are able to access or receive more information about services by calling or texting our team Monday to Friday from 8:30 to 5:00.

All services are free and offered to 18+ individuals in the community.



Erin Shaw, RPN
Clinical Case Manager
519-365-4274



Brady Williams, RSW
Integrated Services
226-229-0211

www.lambtonkent.cmha.ca | 519-436-6100



**Southwest Ontario
Aboriginal Health
Access Centre**

**YOUR DENTAL CARE, YOUR WAY IN LONDON
& CHIPPEWAS OF THE THAMES FIRST NATION**

Professional Zoom Whitening now available for a bright, white smile!

LONDON | Phone: 519-914-0533

230 Victoria Street, Suite #117, London, ON

CHIPPEWAS OF THE THAMES FIRST NATION

Phone: 519-289-5441 | 77 Anishinaabeg Drive, Muncey, ON

dental@soahac.on.ca



Women's Group

A Peer Support Group For Women Living With A Mental Illness

**A safe space to gain support
and a sense of empowerment**

Topics Include:

- Accepting Yourself
- Understanding Symptoms
- Resources for Women
- Relapse Prevention
- Mental Health Recovery
- Stigma
- Self-Esteem
- Goal Setting
- Relationships
- Communication

When: Every Tuesday from 1pm to 2pm

Location: Mental Health Network of C-K
(Hope House)
71 Raleigh Street, Chatham

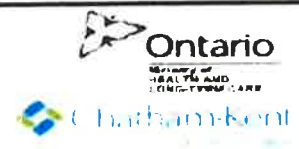
For more information please contact Jenny at
jenny@mhnc.com or call (519) 351-3100



Mental Health Network of Chatham-Kent
71 Raleigh Street, Chatham, ON, N7M 2M9



(519) 351-3100
www.mhnc.com



Any questions or concerns please contact
Kelley Noah
Healing & Wellness Worker
(519) 692-3969

MEN'S GROUP

A Peer Support Group For Men Living With A Mental Illness

When: Every Tuesday from 1pm to 2pm

Location: Mental Health Network of C-K (Hope House)

71 Raleigh Street, Chatham, ON

A safe space for discussion, support and understanding around topics such as: self-identity, goal setting, communication, self-esteem, stigma, mental illnesses and relapse prevention.

For more information please contact Jeff at jeff@mhnck.com or call (519) 351-3100



Mental Health Network of Chatham-Kent
71 Raleigh Street, Chatham, ON, N7M 2M9

(519) 351-3100

www.mhnck.com



Ontario

Ministry of
Health Services
& Long-Term Care



Any questions or concerns please contact
Kelley Noah
Healing & Wellness Worker
(519) 692-3969



Chatham-Kent Victim Services

519-436-6630

INFO@CKVICTIMSERVICES.COM

WHO TO CALL FOR HELP

- Emergency: 911
- Police Non-Emergency: 519-436-6600
- Canadian Mental Health Association:
 - Regular Line: 519-436-6100
 - Crisis Line: 1-866-299-7447
- CK Sexual Assault Centre:
 - Regular Line: 519-354-8908
 - Crisis Line: 519-354-8688
- Family Service Kent: 519-354-6221
- CK Homeless Response Line: 519-354-6628
- Mental Health Network of CK: 519 351-3100
- ACCESS Open Minds: 519-437-6329
- Employment and Social Services: 519-351-8573
- KIDS Help Phone: 1-800-668-6868
- KIDS Help Text Line: Text CONNECT to 686868

What You Need to Know About Elder Abuse

What is Elder Abuse?

Elder abuse, or the abuse of older adults, is often defined as any act or omission that harms a senior or jeopardizes his or her health or welfare. The World Health Organization defines abuse of older adults as "a single or repeated act, or lack of appropriate action, occurring in any relationship where there is an expectation of trust that causes harm or distress to an older person."

Elder abuse can take place in the home, in a residential setting, or in the community.

It is estimated that between four and ten per cent of Ontario's seniors experience some type of abuse.

**Elder abuse is never acceptable.
Elder abuse is often a crime.**

What are the Types of Abuse?

There are many types of elder abuse. Persons may experience more than one type of abuse at the same time.

Physical Abuse

Any act of violence or rough treatment causing injury or physical discomfort. This may include the inappropriate and/or unwarranted use of physical or chemical restraints (i.e. medications). Examples include: pushing, hitting, rough handling, scalding.

Psychological Abuse

This is sometimes called emotional abuse. Psychological abuse includes any act or treatment that may diminish the sense of identity, dignity, and self-worth of the older adult, including

confinement, isolation, verbal assault, humiliation, intimidation, and infantilization (treating an older adult as if he or she is a young child). Examples include: threatening the older adult, insulting the older adult, excluding the older adult from decision-making when the person is capable.

Sexual Abuse

Any sexual behaviour directed toward an older adult without that person's full knowledge and consent. Examples include: sexual assault, sexual harassment, fondling, sexual comments or jokes.

Financial Abuse

This is sometimes called material abuse. Financial abuse is the misuse of an older adult's funds and assets without that person's knowledge and/or full consent; or, in the case of an older adult who is not mentally capable, not in that person's best interests. It can also involve the misuse of a Continuing Power of Attorney for Property. Examples include: use of an older adult's money for purposes other than what was intended by the older adult, cashing pension or other cheques without authorization.

Neglect

Intentional withholding of basic necessities or care (active neglect) or not providing basic necessities or care because of a lack of experience, information or ability (passive neglect). Examples include: denying the older person food/water, denying visits from family or friends.

Other

There are various other types of abuse that are being recognized, such as medication abuse and spiritual abuse. All types of abuse or neglect hurt the older person.

Elder Abuse is Often a Crime

Many types of abuse or neglect are crimes under the *Criminal Code of Canada*. These include assault, sexual assault, criminal intimidation and harassment, theft, fraud, and failing to provide a dependent person with the necessities of life.

Who are the Victims?

Elder abuse can happen to any older adult. In fact, contrary to commonly held beliefs, most victims of elder abuse are mentally competent and do not require constant care.

Elder abuse usually occurs in situations where the victim of the abuse is dependent on the abuser in some way.

Who are the Abusers?

Elder abuse can be caused by family members, friends, paid care providers, landlords, staff or any individual in a position of trust and authority. Most elder abuse is caused by a family member of the victim.

What are the Signs and Symptoms of Elder Abuse?

Victims of elder abuse may show signs of:

- Depression, fear, anxiety, passivity
- Social withdrawal
- Unexplained physical injury
- Lack of food, clothing and other necessities
- Changes in hygiene and nutrition (e.g. signs of malnutrition)
- Failure to meet financial obligations
- Unusual banking withdrawals

What are the Effects of Elder Abuse?

Health Effects

Abuse and neglect are a major source of stress and can have long-term effects on the health and well-being of older adults.

Living with abuse or neglect can significantly increase the person's chances of becoming ill or may make other health problems worse, and increases the risk of early death.

As a result of abuse or neglect, older adults often experience worry, depression or anxiety. An older adult may also feel shame, guilt or embarrassment that someone in the family or someone close has harmed them.

Some abused older adults may start to eat less, use more medications or drink more alcohol to help cope with the emotional and physical hurt. They may have difficulty sleeping or sleep too much. Some abused or neglected adults may lose interest in life or become withdrawn. Some may have suicidal thoughts.

Financial Effects

Financial abuse may result in the loss of a home, personal assets or money, and can leave seniors without money for food, medications or transportation. When abusers steal or control older adults' money or other property, older adults may have fewer resources to take care of their own health, housing and activities.

Social Effects

The effects of abuse and neglect can also carry from generation to generation. For example, grandchildren who witness such abuse may come to view negative behaviours toward older adults as acceptable and perpetuate disrespect. Abuse and neglect of older adults is not a private matter. It affects individuals, families, communities and society at large.

What Should I Do if I Am Being Abused?

If you are being abused, you should know:

- You do not deserve to be abused.
- You are not to blame for the abuse.
- You have a right to live without fear.
- You have the right to a safe, healthy environment and healthy relationships.
- Abuse often gets worse over time.
- You have the right to control your own life and make your own decisions.
- You are not alone. Others have experienced abuse and many have found ways to deal with these situations.

You may or may not want to leave the situation, or take action, but it is important to know your options, and that help is available.

Steps you can take to seek help:

- Tell someone you trust what is happening to you.
- If someone is hurting or threatening you, or if it is not safe for you where you are, call the police.
- Talk with people to learn more about resources available in your community. Find out your options to take care of your personal needs and financial security.
- Make a safety plan in case you have to leave quickly.

What Should I Do if I Know Someone Being Abused?

Sometimes people know or suspect that a friend, family member, neighbour or acquaintance is being mistreated or abused and they are not sure what to do. They worry about getting involved, not saying the right thing or wrongly identifying the situation.

If you know or suspect someone is being abused, make the effort to reach out to the person and talk to them. Ask things like:

- How are you doing?
- Are you having any trouble at home? Can I help you?
- Is there someone I can put you in touch with who may be able to help you?
- How would you like to be assisted?

THE SINGLE LARGEST FACTOR THAT CONTRIBUTES TO THE DEVELOPMENT AND/OR MAINTENANCE OF AN ABUSIVE RELATIONSHIP IS ISOLATION. TALKING TO A PERSON IS ONE OF THE FIRST STEPS TO BREAKING DOWN THIS ISOLATION. IF A PERSON DOES TELL YOU THAT THEY ARE BEING ABUSED, YOU SHOULD:

- **Believe the person.** Do not question what they are telling you. You may be the very first person who has ever been entrusted with this information. It may be hard to understand what is going on, especially if the perpetrator is a nice person to you or someone you know.
- **Do not judge the person.** Listen to what they are saying to you. Do not express pity or tell them what to do. Tell them you care about them and offer them a level of support that you feel comfortable providing and know that you can provide on an ongoing basis. Do not promise them things you know you cannot do or do not feel comfortable doing.
- **Educate yourself on resources available to older persons who are being abused.** You can do this by calling your local community information centre, community care access centre, community support agency, talking to your own doctor, your lawyer or searching on the internet for Ontario resources and/or information.
- **Do not deny what is going on.** If you choose to deny what is going on or not to listen to a person, this will serve to isolate the person who is being abused even further.
- **Understand that making efforts to change an abusive relationship is extremely difficult.** A person who is being abused can be very afraid and not certain what to do. It can take a very long time for people to decide to make a change in their lives, to reach out for help or to even talk about their situation.
- **Encourage the person to seek help and assistance.** Offer to help them find the right place to turn to if this is something you are prepared and able to do.
- **Do not confront the perpetrator yourself.** This could put you and/or the person who is being abused in trouble.

Remember, if you or someone you know has been abused or is experiencing abuse, you are not alone - help is available.

Provincial Contact List

In an emergency, contact 911 or your local police, ambulance or fire service.

Ontario Provincial Police
1-888-310-1122 (toll-free)
TTY 1-888-310-1133
www.opp.ca

Crime Stoppers
1-800-222-TIPS (8477)
www.ontariocrimestoppers.ca

Elder Abuse Ontario
416-916-6728
www.elderabuseontario.com

Ministry of the Attorney General's
Victim Support Line
1-888-579-2888 (toll-free)
or in Toronto 416-314-2447
www.ontario.ca/victimservices

Seniors Safety Line
1-866-299-1011 (toll-free)
www.elderabuseontario.com

Long-Term Care ACTION Line
1-866-434-0144 (toll-free)
TTY: 1-800-387-5559
www.health.gov.on.ca/en/public/contact/ccac/ltc_actionline.aspx

Retirement Homes Regulatory Authority
1-855-ASK-RHRA (1-855-275-7472)
www.rhra.ca

Office of the Public Guardian and Trustee
1-800-366-0335 (toll-free)
www.attorneygeneral.jus.gov.on.ca/english/family/pgt

Advocacy Centre for the Elderly
416-598-2656
www.advocacycentreelderly.org

Ontario Association of Community Care
Access Centres
416-750-1720
www.oaccac.com

Assaulted Women's Help Line
1-866-863-0511 (toll-free)
TTY 1-866-863-7868 (toll-free)
www.awhl.org

Fem'aide
1-877-336-2433
(toll-free, available in French only)
www.femaide.ca

Seniors' INFOline
1-888-910-1999 (toll-free)
or in Toronto 416-314-7511
TTY 1-800-387-5559
www.ontario.ca/seniors

Find Out More

For more information on elder abuse and access to publications, please visit:

Ontario Seniors' Secretariat – www.ontario.ca/seniors

Elder Abuse Ontario – www.elderabuseontario.com

National Clearinghouse on Family Violence – www.phac-aspc.gc.ca/ncfv-cnivf

This Information Sheet has been developed by the Government of Ontario as part of Ontario's Strategy to Combat Elder Abuse. Lisa Manuel, Family Service Association of Toronto and Judit Wahl, Advocacy Centre for the Elderly are acknowledged for their contributions to this Information Sheet.

Disponible en français