

### Telunaapéewi Lahkéewiit

Wiingu-néew Eénda-Lunaapeewáhkiing - Welcome to the land of the Delaware's

### SAVE THE DATE - MARK YOUR CALENDARS:

June 09, 2023 - Les Timothy Annual Golf Tournament - Wardsville golf course.

June 17, 2023 – Eelŭnaapéewi Lahkéewiit Pride Parade – see flyer.

**June 21, 2023** – National Indigenous Peoples Day – Musical "Bear Grease" & Fireworks Display. More details to follow.

July 03 2023 - Canada's Wonderland Trip. More details to follow.

July 24-27 2023 - Camping Trip Niagara Falls. Watch for details.

August 11-13 2023 - Kalahari & Cedar Point Trip - Details to follow.

**August 31, 2023** – Trip to Tiger Stadium Detroit Tigers vs. NY Yankees – Tiger Stadium August 31, 2023 – registration—see flyer

September 01, 2023 - Fall Fair. More details to follow.

September 02 & 03 2023 - Annual Pow Wow More details to follow.

### LES TIMOTHY MEMORIAL GOLF TOURNAMENT

YOU COULD POSSIBLY WIN IN EXCESS OF \$1,000.00!

TICKETS ARE ONLY \$1.00 EACH AND AVAILABLE



### PLEASE SUPPORT OUR YOUTH

Proceeds to Eelănaapéewi Lahkéewiit Children's Fund





### 2023 Eelūnaapèewii Lahkèewiit (Delaware Nation) Election for One Chief & Seven Councillors

### **QUALIFYING NIGHT:**

Date:

Thursday May 18, 2023

Time:

7:00 p.m. – 9:00 p.m.

Place:

Eelūnaapèewii Lahkèewiit

(Delaware Nation) Community Centre

Candidates must attend Qualifying Night to Declare Candidacy.

### **ADVANCE POLL:**

Date:

Saturday May 27, 2023

Time:

11:00 a.m. - 3:00 p.m.

Place:

Eelūnaapèewii Lahkèewiit

(Delaware Nation) Community Centre

### **ELECTION DAY:**

Date:

Thursday June 1, 2023

Time:

9:00 a.m. - 7:00 p.m.

Place:

Eelūnaapèewii Lahkèewiit

(Delaware Nation) Community Centre

Only registered members of Eelūnaapèewii Lahkèewiit (Delaware Nation) who are eighteen (18) years of age or older are eligible to vote. Voters maybe be required to produce identification at the discretion of the Deputy Returning Officer.

Deputy Returning Officer (DRO) Jaime Ann Whiteye (<u>jawhiteye@hotmail.com</u>) 226-229-9717

Poll Clerk (PC) Amanda Logan (amanda.logan@delawarenation.on.ca) 226-229-2443

### 2023 Eelŭnaapéewi Lahkéewiit

### **Elections**

### For 1 Chief & 7 Councillors

### Results for Nomination meeting held on May 11, 2023

DRO officially opened Nomination meeting at 7:00 p.m.

### In Attendance:

Deputy Returning Officer:

Jaime Ann Whiteye

Poll Clerk:

Amanda Logan

Moravian Police Constable: Michael Hopkins

### In Attendance:

Pat Noah

**Talon Peters** 

Mikaya Peters

Karran Jacobs

Robert Daly

Howard Logan

Emma Logan

Megan Logan Gloria Stonefish

**Charles Stonefish** 

Vera Whiteye

Gregory Huff

Valerie Peters

Jason Meness

**Kevin Meness** 

Sherry Huff

Elissa Noah

Andrea Noah

Barb Vannieuwenhuyze

Vaughn Whiteye

Jody Noah

Kyra Joseph

Angela Noah

Aliyah Whiteye

**Brent Stonefish** 

E. Hannah Stonefish

**Dominies Lewis** 

Teresa Johnson

Patricia Hopkins

Katharine Hopkins

Diana Snake

Athelia Snake

Karen Stonefish

Joanna Noah

### **List of Nominations:**

Nomination #01:

Chief:

Justin Logan

Moved by:

Megan Logan

Seconded by: Emma Logan

Nomination #02:

Chief:

Councillors:

01. Lesley Snake

**Brent Stonefish** 02.

03. Carrie Greenbird

04. Michael Hopkins Sr

Moved by: Karran Jacobs Seconded by: Robert Daly

Nomination #03:

Chief:

Councillors:

01. **Sherry Huff** 

Moved by:

Pat Noah

Seconded by: Robert Daly

Nomination #04:

Chief:

Virgil Tobias

Councillors:

Moved by:

Jason Meness

Seconded by: Gregory Huff

Nomination #05:

Chief:

Councillors:

01. Megan Logan

Moved by:

Vaughn Whiteye

Seconded by: Vera Whiteye

Nomination #06:

Chief:

Councillors:

01. Kyla Lisa Stonefish

Kristin Jacobs 02.

Moved by:

**Brent Stonefish** 

Seconded by: E. Hannah Stonefish

Nomination #07:

Chief:

Lesley Snake

Councillor:

Andrea Noah 01.

02. Justin Logan

03. Kimberly Snake

Nancy Greenbird 04.

05. Carol Hopkins

Taylor Whiteye 06.

D. Joseph Whiteye Jr 07.

Moved by:

Patricia Hopkins

Seconded by: Teresa Johnson

Nomination #08:

Chief:

Johnny Lee Stonefish

Councillors:

Katreena Whiteye 01.

02. Jody Noah

03. Michele Hopkins

William Noah 04.

05. **Kyle Hopkins** 

Denise Stonefish 06.

07. Gary Noah Sr

Moved by:

**Dominies Lewis** 

Seconded by: Aliyah Whiteye

### Nomination #09:

Chief: Denise Stonefish
Councillors:

01. Gordon Peters

02. Justin Logan

03. Aliyah Whiteye

Moved by: Gloria Stonefish Seconded by: Charles Stonefish

### Nomination #10:

Chief:

Councillors:

01. Kyle Hopkins

02. Pat Noah

03. Aliyah Whiteye

04. Suzanne Jacobs

05. D. Joseph Whiteye Jr

06. Curtis Huff Sr

Francis Noah

Miranda Cryle-Huff

Seconded by: Angela Noah Moved by: Kyra Joseph

07.

### Nomination #11:

Chief: Justin Logan
Councillors:

01. Megan Logan
02. Carol Hopins
03. Brent Stonefish

Moved by: Howard Logan Seconded by: Vera Whiteye

### **Nomination #12:**

Chief:

Councillors:

01. Dominies Lewis02. Mackenzie Taylor03. Cheyenne Hopkins04. Elissa Noah

Moved by: Karen Stonefish Seconded by: Joanna Noah

### **NOMINEES FOR CHIEF:**

- 01. Justin Logan
- 02. Virgil Tobias
- 03. Lesley Snake
- 04. Johnny Lee Stonefish
- 05. Denise Stonefish
- 06. Francis Noah

### **NOMINEES FOR COUNCILLOR:**

Megan Logan Lesley Snake 06. 01. Kyla L. Stonefish 07. 02. **Brent Stonefish** Kristin Jacobs Carrie Greenbird 08. 03. Andrea Noah Michael Hopkins Sr 09. 04. 05. Sherry Huff 10. Justin Logan

- 11. Kimberly Snake
- 12. Nancy Greenbird
- 13. Carol Hopkins
- 14. Taylor Whiteye
- 15. D. Joseph Whiteye Jr
- 16. Katreena Whiteye
- 17. Jody Noah
- 18. Michele Hopkins
- 19. William Noah
- 20. Kyle Hopkins
- 21. Garry Noah Sr

- 22. Gordon Peters
- 23. Aliyah Whiteye
- 24. Patricia Noah
- 25. Suzanne Jacobs
- 26. Curtis Huff Sr
- 27. Miranda Cryle-Huff
- 28. Dominies Lewis
- 29. Mackenzie Taylor
- 30. Cheyenne Hopkins
- 31. Elissa Noah

If any Candidate wishes to withdraw their name from the Upcoming Election, prior to Qualifying Night on May 18, 2023, they are required to sign a Notice of Withdrawal Form, available from Deputy Returning Officer or Poll Clerk.

DRO – jawhiteye@hotmail.com or 226-229-9717

PC – Amanda.logan@delawarenation.on.ca or 226-229-2443

### Candidates <u>must</u> attend Qualifying Night in order to declare Candidacy.

Deputy Returning Officer closed Nominations Meeting at 9:00 p.m.



### Eelŭnaapéewi Lahkéewiit Job Posting Early Childhood Educator Job Description

**POSITION REPORTS TO:** The Early Childhood Educator shall be under the supervision of the Eelŭnaapéewi Lahkéewiit Early Learning Centre Director.

**Summary of Position**: The Early Childhood Educator will ensure the development and provision of a high quality, wholistic, culturally relevant and individual educational program. The Early childhood Educator will support and assist in all program service areas of the Eelŭnaapéewi Lahkéewiit Early Learning Centre

### Location:

Location:

Eelŭnaapéewi Lahkéewiit Early Learning Centre 14762 School House Line R. R. #3 Thamesville, Ontario NOP 2K0

Industry
Early Childhood
Education

Job Status: 35 hours per week

### **Salary Range:**

\$21-\$25.00 Based on qualifications and experience

**Closing Date:** 

MAY 19 2023 4:00pm

### **Program Delivery**

- -Plans, implements and coordinates classroom activities
- -Responsible for classroom management and instruction
- -To provide for the safety and well being of the children during both on and offsite activities promoting the six components of Head Start
- -Involves all staff in classroom operations by planning activities for individual children and groups according to the child's developmental level
- -creating and planning activities for individual children and groups according to the child's developmental level in accordance with "How Does learning Happen?"
- -Maintain regulated and required documentation, reporting and record keeping
- -Conduct monthly fire drills
- -To organize space, equipment and materials to allow child experiences
- -Complete daily playground inspections
- -Any other relevant duties as assigned by the Eelŭnaapéewi Lahkéewiit Early Learning Centre Director

### **Administrative**

- -Develop and monitor an annual work plan and calendar
- -Maintain active, accurate and confidential filing system
- -To ensure daily recording of names, ages and parent/caregivers name, and making note of any special needs; e.g. developmental assessments, allergies, dietary concerns or other relevant matters.
- -Designs learning activities utilizing the High Scope curriculum and assessment tool as well as other available resources.
- -Attend meetings and training as requested by the Early Learning Centre Director
- -Reports and documents parent concerns or critical incidents concerning the Early Learning Centre to the Early Learning Centre Director.
- -Is aware of and adheres to the current policies and procedures of the Early Learning Centre Program, as well as be familiar with the Child Care and Early Years Act.
- -Submit regular reports and maintain licensing requirements to the Director and complete any other reporting as required by funding and licensing sources.

### **QUALIFICATIONS**

- -Early Childhood Education Diploma from an accredited post-secondary institution
- -Registered member of the College of Early Childhood Educators and in good standing
- -Experience working with Aboriginal children and their parents
- -Knowledge of the Lunaapeew Language and Culture would be an asset
- -High Scope or Resource Teacher would be an asset.
- -Strong interpersonal skills, excellent planning skills, excellent oral and written communication skills
- -Must be computer literate
- -Knowledge of the Aboriginal Head Start Initiative and its components
- -Knowledge of "How Does Learning Happen?" Ontario's Pedagogy for the Early Years is preferable
- -Ability to work cooperatively in a team approach and maintain confidentiality
- -Must be willing to take training as needed
- -Must possess Ontario driver's license
- -Must provide copy of recent criminal reference check with vulnerable sector search
- -Medical Certificate and First Aid/CPR due upon employment
- Up to date immunization and records including COVID-19

### **TERMS OF POSITION**

Employment Term: Full-time, 35 hours per week, One year Contract.

Salary: Commensurate with qualifications and/or experience

Hours of Work: Daily from 8:30 am to 4:30 pm (flexible hours required)

### CLOSING DATE FOR APPLICATIONS

Interested candidates, please submit a Cover Letter, Resume, and 3 references (2 work related & 1 personal) to:

Cathy Stonefish: Interim Director of Operations Eelŭnaapéewi Lahkéewiit Administration Office 14760 School House Line, Thamesville, Ontario NOP 2K0

Marked: CONFIDENTIAL - Early Childhood Educator - Early Learning

By: May 19th, 2023 @ 4:00 p.m.

Pursuant to Section 16(1) of the Canadian Human Rights Act, Eelŭnaapéewi Lahkéewiit gives preference to First Nation applications.

While we sincerely appreciate all applications, only those candidates selected for interview will be contacted.

Please note the selected candidate will be required to submit a current CPIC/Vulnerable Sector Search and consent to a background reference check.

### **Regular Council Meeting**

(Open Meeting)

DATE: Tuesday June 20th, 2023

TIME: 6:00 p.m.

**PLACE: Delaware Nation Community Centre** 

### Open to Eelŭnaapéewi Lahkéewiit members.

### **RESIDENCY PERMITS - CPIC's:**

Upon applying for a residency permit and also at the time of your <u>renewal</u>, you *must* submit an updated CPIC, otherwise application will not be processed.

If you have any questions, please contact Cathy Stonefish Executive Assistant/Indian Registry Administrator 519-692-3936 or via email <a href="mailto:Cathy.Stonefish@delawarenation.on.ca">Cathy.Stonefish@delawarenation.on.ca</a>



All Eelŭnaapéewi Lahkéewiit buildings are closed.

May 22nd, 2023 for Victoria Day

Regular Business hours will resume Tuesday May 23rd, 2023 @ 8:30 a.m.

### NOTE:

First Nation cheque not presented to the bank for payment (outstanding cheque) within six (6) months of the date of issue are considered "sale dated." These payments shall be voided and payment stopped. Another cheque may be issued upon request of the payee. An adjusting journal entry will be made on the void cheque once the bank has received the stop payment

### REMINDER NOTICE TO VENDORS RECEIVING CIGARETTE QUOTA:

For those vendors who have not yet signed their agreements, please contact the office 519-692-3936 to make arrangements.

Thank you.

Cathy Stonefish.

News Items Due:

Monday May 29th, 2023—4:00pm Next Publication Distributed: Wednesday May 31st, 2023

### Eelŭnaapéewi Lahkéewiit (Delaware Nation) Special General Council

### **Agenda Items**

- 1. Financial Updates:
  - Businesses (Tim Horton's & Gas Station)
  - Language Program

### 2. Task Force:

 Chief's Salary, Council Honorarium & Benefits Policy

Date: Wednesday, May 24th, 2023

**Location: Community Centre** 

Supper will be provided at 5:30 p.m. and meeting to follow.

Open to Eelŭnaapéewi Lahkéewiit members.

### Eelŭnaapéewi Lahkéewiit

### SENIORS

Meeting

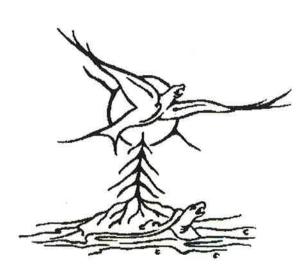
With COUNCIL

Thursday May 25, 2023

**COMMUNITY CENTRE** 

5:00 PM Dinner

6:00 PM Meeting







### 2023 Eelūnaapèewii Lahkèewiit FNMI Integrated Arts Program

Last Name:	First Name:			
Address:		City:		
Postal Code:				
Home Phone:	Cell Phone:			
Email Address:				
Current Grade (8, 9, or 10):				
Program Details  Location: Eelūnaapėewii Lahkėewiit, Ridgetown Districtor Date: July 4 to July 31  Hours: 9:00 a.m. – 3:00 p.m.  Students will earn a credit in NAC1O, Expressions of Figure Frogram will be experiential in focus with a land-based activities that support their transition to RDHS in Septemprovided bussing.  Student Expectations:  Be prepared to engage in outdoor activity in ward.  Wear clothing and footwear appropriate to the w.  Have sun protection such as a hat and sunblock.  Please contact teacher Matt Ostropolec Matt.Ostropolect for more information.	irst Nations, Molearning approants of the summer weal eather and that alks.	étis, and Inuit Cultures, Grade 9. The ach. In addition, students will engage in will be transported by school board ther.  is appropriate for a school environment.		
gave permission for my child to participate in this prog	ram.			
Parent/Guardian Name:				
Parent/Guardian Signature:		The state of the s		

Registration forms can be give given to Kristin Jacobs, <u>Kristin.Jacobs@lkdsb.net</u> at Naahii Ridge Public School or Deb Reitburger, <u>Deborah.Verhart@lkdsb.net</u>, at Ridgetown District High School.

Registration Deadline: June 30, 2023.

### **Attention CATERERS**

The **Delaware Nation Education Department** is seeking catering bids for the Kindergarten and Early Learning Centre Graduation ceremony at the Delaware Nation Community Center on Friday, June 23th, 2023. Please submit your bid for the following menu:

### **Lunch for 120 people**

- Roast beef
- Mashed Potatoes
- Gravy
- 2 Vegetables
- Buns/butter
- Spaghetti for kids
- Caesar Salad
- Garden Salad
- Water/juice boxes
- Coffee/tea

Cutlery and paper products to be included in bid.

Caterer is responsible for clean up.

Submit your sealed bid to:

Delaware Nation Education office by:

Thursday, June 8th, 2023 by 4:00

Marked: Graduation Luncheon - Education

### Lúnŭwak (men's) Group



### **UPDATE SCHEDULE**

1. WEDNESDAY, MAY 10 ♦ 2. WEDNESDAY, MAY 17

3. Monday, May 29 • 4. Monday, June 5

5. Monday, June 12 ♦ 6. Monday, June 19

7. Monday, June 26 ♦ 8. Wednesday, July 5

TIME: 5:30 PM-8:00 PM - SUPPER PROVIDED

LOCATION: WELNESS BUILDING - BEHIND COMMUNITY CENTRE

ALL LUNUWAK (MEN) AGES 16+ ARE WELCOME

FACILITATOR: BRENT STONEFISH

SPONSORED BY: EL CHILD & FAMILY SERVICES

FOR MORE INFO CALL BRENT @ 519-784-6620, ANUSHIIK.



### EELUNAAPEEWI LAHKEEWIIT SUMMER COMMUNITY

### VENDOR MARKET NOON - 5PM



Saturday | June -3, 2023 14811 School House Line, Moraviantown, On NOP 2K0



Authentic
Hand-crafted
One of A kind
pieces...AND
delicious homemade
foods

Supporting Indigenous Entrepreneurs





### Casting Gall

## "EelunaapeewiilLahkeewiit: Ambitions of Lunaapeew Youth" AShort Documentary

We are looking for youth between 7-29 years old to volunteer their time to answer some questions and discuss their background, hobbies, interests, and goals. This documentary will contain a few acting scenes, but are not required if you are uncomfortable acting on camera.

### To apply you can:

- 1) message Hannah Stonefish on Facebook messenger;
- 2) email emma@yaapee.ca; 3) fill out the form via the QR code; or
- 4) fill the paper form and drop it off in the mailbox at 14921 River Line between 12:00 pm-1:30 pm on May 26th, 27th, & 28th. If you applying online, applications are due by May 29th at 5:00 pm



\*Those under the age of 18, please have your parents sign the application on your behalf.\*



### Eelūnaapèewii Lahkèewiit: Ambitions of Lunaapeew Youth Casting Application

\*Please fill out all questions if applicable\*

First Name & Last Name*
Age*
Email
Phone Number
Signature*

### SENIORS CENTRE

"Dates To Remember - MAY"

Wednesdays

10:00am-2:00pm

May 17<sup>th</sup> – Chair w Shelley Elijah

May 24<sup>th</sup> – Breakfast meet @ Yecks Ridgetown 10am

May 31<sup>st</sup> – Diabetes Education with Gini Cook

DN Seniors Program – Health Department



### **Community BINGO - Winners**

Tuesday, May 9th, 2023

Game 1			
1 Line	Winner(s): Sandy Stonefish		-
2 Lines	Winner(s): _Marlene Warwick		===
Game 2			
1 Line	Winner(s): _Sandy Stonefish		=======================================
2 Lines	Winner(s): <u>Lucy Camselle</u>		-
Game 3 – SF	PECIAL		
Rotating Lett	er T Winner(s): Eunice Ryk	Candace Noah	
Game 4			
1 Line	Winner(s): Lola Tomczyk		_
2 Lines	Winner(s): Alyssa Stonfish		-
INTERMISS	SION – 10min.	94	
Game 5			
1 Line	Winner(s): _Andrea Noah	Angel Lascelles	
1 Line 2 Lines	Winner(s): Andrea Noah Winner(s): Renice Ryk	Angel Lascelles	4
	Winner(s): Renice Ryk	Angel Lascelles	-
2 Lines	Winner(s): Renice Ryk	Angel Lascelles	<u> </u>
2 Lines  Game 6 – SF	Winner(s): Renice Ryk PECIAL	Angel Lascelles	<u></u>
2 Lines  Game 6 – SF  Letter X	Winner(s): Renice Ryk  PECIAL  Winner(s): Lucy Camselle	Angel Lascelles	
2 Lines  Game 6 – SF  Letter X  Game 7	Winner(s): Renice Ryk  PECIAL  Winner(s): Lucy Camselle		
2 Lines  Game 6 – SF  Letter X  Game 7  1 Line	Winner(s): Renice Ryk  PECIAL  Winner(s): Lucy Camselle  Winner(s): Catherine Jacobs		
2 Lines  Game 6 – SF  Letter X  Game 7  1 Line  2 Lines	Winner(s): Renice Ryk  PECIAL  Winner(s): Lucy Camselle  Winner(s): Catherine Jacobs		
2 Lines  Game 6 – SF  Letter X  Game 7  1 Line 2 Lines  Game 8	Winner(s): Renice Ryk  PECIAL  Winner(s): Lucy Camselle  Winner(s): Catherine Jacobs  Winner(s): Sandy Stonefish		
2 Lines  Game 6 – SF  Letter X  Game 7  1 Line  2 Lines  Game 8  1 Line  2 Lines	Winner(s): Renice Ryk  PECIAL  Winner(s): Lucy Camselle  Winner(s): Catherine Jacobs  Winner(s): Sandy Stonefish  Winner(s): Will Warwick		
2 Lines  Game 6 – SF  Letter X  Game 7  1 Line  2 Lines  Game 8  1 Line  2 Lines	Winner(s): Renice Ryk  PECIAL  Winner(s): Lucy Camselle  Winner(s): Catherine Jacobs  Winner(s): Sandy Stonefish  Winner(s): Will Warwick  Winner(s): Lucy Camselle  ACKPOT ROUND		
2 Lines  Game 6 – SF  Letter X  Game 7  1 Line 2 Lines  Game 8  1 Line 2 Lines  Game 9 – JA	Winner(s): Renice Ryk  PECIAL  Winner(s): Lucy Camselle  Winner(s): Catherine Jacobs  Winner(s): Sandy Stonefish  Winner(s): Will Warwick  Winner(s): Lucy Camselle  ACKPOT ROUND  Winner(s): Alyssa Stonefish		

### **HEALING TEAS WORKSHOP**

DATE: Saturday May 27, 2023 \*10am - 12pm

**Location: 14737 Schoolhouse Line** 

\*To register: call (519)692-3969 for

Band Member/Residency Approved

Tea brewing and tasting workshop

Learn how to use healing teas to improve your health

- ❖ Get over 20 different teas to take home
- Sample a variety of delicious teas





Presenter Colleen Dyer

### JAMAICAN JERK CHICKEN COOKING CLASS

Date: May 27, 2023 12pm - 3pm Location: 14737 Schoolhouse Line \*To register: call (519) 692-3969

### What's Included in this Cooking Class

- Create a Jamaican Jerk Chicken dish
- Learn food preparation skills
- Hands on Cooking with the Chef
- Get your own bottle of Jerk Seasoning to take home!





Yummy, nutritious and fun!

The Menu

jerk chicken spicy or mild plantain, salad, mango and pineapple pop



Location: Delaware Nation Community Centre- 14811 Schoolhouse Line Bothwell

Register: In person or call (519)692-3969 to register for Band Members/Residency approved (Limited seating)

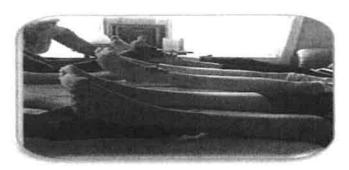
### REGISTER FOR FOOT (5) REFLEXOLOGY TREATMENTS

- Date & Time: Sunday May 28, 2023 10:00 am- 3:00 pm
- Location: Health Centre- 14737 Schoolhouse Line Thamesville
- · Register: In person or call (519)692-3969

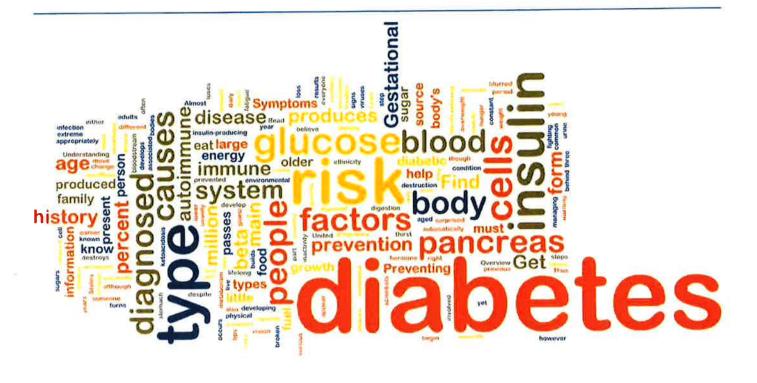


**Reflexology** is a holistic therapeutic treatment that improves circulation of blood, lymph (fluids) and Qi (energy). It *releases toxins, relieves tension, pain, brings the body into balance and provides preventative care*. By stimulating the nerve endings of the feet, which map to the entire body, it helps to restore the body to a state of healthy balance **Reflexology helps with the following** 

- ✓ Improves Circulation
- ✓ Relieves tension
- ✓ Eases pain
- ✓ Detoxifies
- ✓ Balances the body
- ✓ Relaxes the client



### DIABETES CLASS



Topic: Fitness & Lifestyle vs Medication For Weight Loss

Date: Monday May 29, 2023 Lunch Provided Time: 12:00 to 1:00pm

Four Counties Diabetic Nurse Educator and Registered Dietician

Wulamaliswiikaan Health Centre

### CONTAINER GARDENING WORKSHOP



- Learn to create a garden for small spaces
- Find out which are the best vegetables to grow in containers.
- Tips on how to grow food in non-traditional containers

### Wednesday May 31, 2023, 5-7 pm @ Eelunaapeewi Lahkeewiit Community Centre

Band/Residency Members may call the Health Centre to register before May 26, 2023 519-692-3969



### Youth

### MULTI-SPORTS

Series

Ages:

4-6YRS Band Members/ Residency only

**WEDNESDAY NIGHTS** @ DN Ball Diamonds 5pm-6pm

**SESSION 1** 

**SESSION 2** 

**SESSION 3** 

Floor Hockey

Soccer

T-Ball

**May 31** 

June 21

July 5

June 7

June 28

July 12

June 14

Light Supper & Refreshments provided

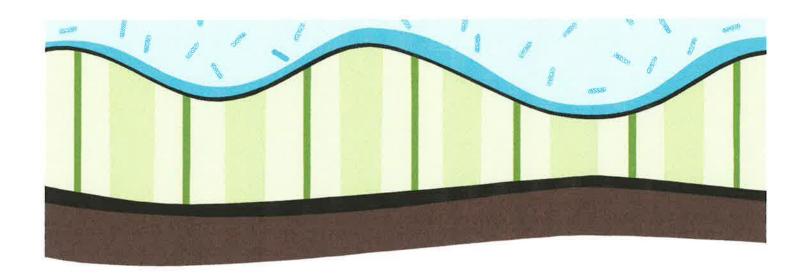
Call DN Health Centre to Sign up by 26th 2023



ATHAMA

Sponsored by DN Health Centre & Early Learning Centre

(MITH)



### Natural DIY Workshop **Series** #3: Laundry

In our society we use far too many chemicals that adversely affect our health and the health of our families.

With rising prices and regular cleaning products making us sick, we could benefit from learning to use a less expensive and more natural laundry alternative.

Come join us in creating some everyday laundry products the natural way!

June 7th 2023, 5-7 pm @ Community Centre

To register, call the **Health Centre 519-692-3969 Open to all Community/Residency Members** 



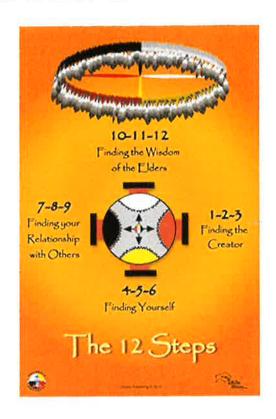
### WELLBRIETY MEDICINE WHEEL



### **&** 12 STEPS

FACILITATED BY BRENNAN IRELAND. CERTIFIED WELLBRIETY FACILITATOR

The Wellbriety Movement fosters a culturally relevant approach to sobriety & wellness that includes a life that is balanced emotionally, mentally, physically & spiritually.



### THURSDAY, JUNE 15<sup>TH</sup>, 2023

5:00pm-7:00pm

Location: Health Centre

Please R.S.V.P. by Friday, June 9<sup>th</sup>, 2023. Call the Health Centre (519) 692-3969

Any questions or concerns please call Kelley Noah.



### ADVANCE FOOT CARE CLINIC

TUESDAY, MAY 23RD, 9AM -4PM

### LOCATION: HEALTH CENTRE

PLEASE CALL **519-692-3969** 

INTERESTED PARTICIPANTS WILL BE CONTACTED WITH A TIME SLOT, SO PLEASE LEAVE A NAME & NUMBER WHERE YOU CAN BE REACHED.

- Open to all Band/Residency Members
- Professional footcare provided by B. Pitre, RPN, FCN



### Guest Speaker: Vivian

Focusing on the awareness of intergenerational trauma with her own personal healing journey.

When: Tuesday, May 23rd, 2023

*Supper* – 5:00pm-6:00pm

Presentation: 6:00pm-7:30pm

Everyone Welcome!





### PREPARING FOR AN EMERGENCY ROOM VISIT

When: Thursday, May 25<sup>th</sup> 2023

<u>Time:</u> **5:00pm – 7:00pm** 

Where:

Health Centre located at 14737 Schoolhouse Line

<u>Presented by:</u>
Tara Seney, B.A. Hon
Public Education Manager

To register, please call The Health Center at 519-692-3969



Société Alzheimer Society

Resources Include: **All About Me** \*\*\*\* **Who Knows Me Best My Medications** My Wishes **Advanced Care Planning** Ready-To-Go-Bag \*\*\*\* **Leaving Hospital** Plan **Tips for Care Partner Identification Kit** 



### ADULT SELF CARE PAINT NIGHT

**TUESDAY, MAY 30, 2023** 

5:00PM - 8:00PM

DELAWARE NATION COMMUNITY
CENTRE

\*\* DELAWARE NATION BAND MEMBERS\*\*

LIMITED SPACES AVAILABLE

\*\*\*PLEASE CALL 519-692-3969 TO PRE-REGISTER FOR THIS EVENT \*\*\*

\*\* SUPPER IS PROVIDED \*\*



### YOUNG MENS DRUMMING GROUP

**FRIDAY, JUNE 9 & JUNE 23, 2023** 

5:00PM-7:30PM

DELAWARE NATION
COMMUNITY CENTRE

**DELAWARE NATION BAND MEMBERS** 

LIMTED SPACES AVAILABLE

\*\*PLEASE CALL 519-692-3969 TO PRE-REGISTER FOR THIS EVENT\*\*

\*\*SUPPER IS PROVIDED\*\*

# Respond to an Overdose



# Call 911 Immediately

\*Remember: The law protects you from being arrested or charged if you are seeking emergency assistance. Don't stall, make the call!



## GIVE NA OXONE.

\*Naloxone is available for free at the CK Public Health, Clinic Services office.





# Stay with and assist.

\*It is important that you do not leave the persons side until paramedics arrive.



# Send person to hospital with paramedics

\*Receiving further treatment could mean the difference between life and death.

### STEPS TO RESPOND TO AN OPIOID OVERDOSE

STEP



SHOUT & SHAKE their name their shoulders



**CALL 9-1-1** 

If unresponsive.



### **GIVE NALOXONE:**

1 spray into nostril or inject 1 vial or ampoule into arm or leg.

STEP





PERFORM RESCUE BREATHING AND/OR CHEST COMPRESSIONS.

STEP



### IS IT WORKING?

If **no** improvement after 2-3 minutes, repeat steps 3 & 4. Stay with them.

### **POSITION**

**RECOVERY** If the person begins breathing on their own, or if you have to leave them alone, put them in the recovery position.

head should be tilted back slightly to open airway



hand supports head ........... knee stops body from rolling onto stomach

### SIGNS OF OPIOID OVERDOSE

- Person can't be woken up
- Breathing is slow or has stopped
- Snoring or gurgling sounds
- Fingernails and lips turn blue or purple
- Pupils are tiny or eyes are rolled back
- Body is limp

ontario.ca/OpioidOverdose



### Eelŭnaapéewi Lahkéewiit Health Centre

N-95 Masks, 3-ply masks, hand sanitizer (PPE) and Rapid tests are still available to Band Members at the Health Centre.

### Also our policies are available as well:

- Food Bank
- Cultural Fund
- Medical Transportation
- Fitness Centre

Call to inquire DN Health Centre (519) 692-3969



### WELLBRIETY

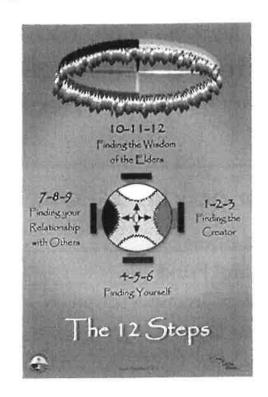
### MEDICINE WHEEL



### **&** 12 STEPS

FACILITATED BY BRENNAN IRELAND. CERTIFIED WELLBRIETY FACILITATOR

The Wellbriety Movement fosters a culturally relevant approach to sobriety & wellness that includes a life that is balanced emotionally, mentally, physically & spiritually.



### THURSDAY, JUNE 15<sup>TH</sup>, 2023

5:00pm-7:00pm

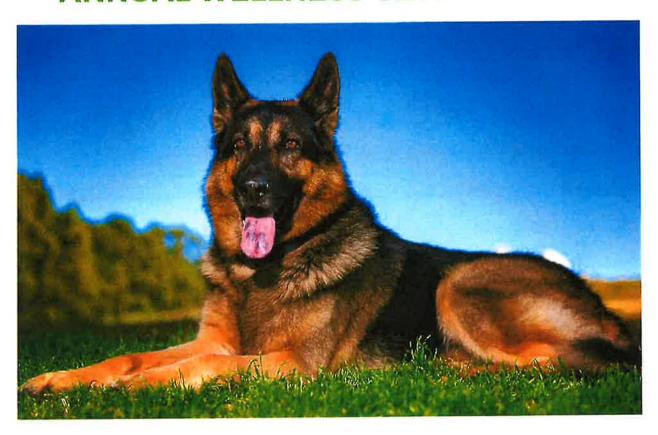
Location: Health Centre

Please R.S.V.P. by Friday, June 9<sup>th</sup>, 2023. Call the Health Centre (519) 692-3969

Any questions or concerns please call Kelley Noah.

### EELÜNAAPÉEWI LAHKÉEWIIT

### ANNUAL WELLNESS CLINIC POP-UP



### PRICING

\$45 for dog wellness (includes vet exam, vaccinations, dewormer, microchip and heartworm/tick test)
\$40 for cat wellness (includes vet exam, vaccinations, dewormer and microchip)

Flea/tick and heartworm medication available for purchase

JUNE 2, 2023 AT THE COMMUNITY CENTRE

Prepayment required at the Health Centre | Contact Norma Logan at 519-692-3969







### INFORMATION SESSION



### Visitors from the Erie St. Clair Regional Cancer Progam

- Louise Cervini Indigenous Patient Navigator
- Shannon White Indigenous Project Coordinator

Presenting about the regional cancer program and information about different cancer screening initiatives that are available to eligible people in Ontario.

June 6, 2023 5:00 pm to 6:30 pm Location: Wulamaliswiikaan Health Centre



### WARDSVILLE GOLF LEAGUE



### **STARTING THURSDAY, MAY 18, 2023**

**TEE TIMES START AT 3PM ON THURSDAYS** 

MUST BE A DELAWARE NATION BAND MEMBER &/OR PROOF OF RESIDENCY PERMIT

\*\*NON MEMBERS ARE AT OWN EXPENSE\*\*

\*\*THIS IS A COMMUNITY EVENT/FAMILY EVENT, PLEASE BE MINDFUL OF OTHERS\*\*

SPONSORED BY THE DELAWARE NATION HEALTH CENTRE

### EELUNAAPEEWI LAHKEEWIIT GOLF RULES 2023 WARDSVILLE GOLF CLUB 9 HOLES

- 1. PLEASE ARRIVE 15 MINUTES PRIOR TO TEE TIME.
- 2. MUST CALL 519-692-4921 TO CANCEL, IF YOU ARE UNABLE TO ATTEND YOUR BOOKED TIME OR NEXT WEEK WILL BE CANCELLED.
- 3. FOR A TEE TIME: TEXT: 519-495-3423 OR

CALL: 519-693-4921 OR

EMAIL: wgc.tee@gmail.com

- 4. CART RENTALS ARE AT OWN EXPENSE.
- 5. PLEASE CALL 519-692-3969 AND LEAVE A MESSAGE IF UNABLE TO ATTEND THE WEEKLY GOLF. UNEXCUSED ABSENCES OF 3X WILL BE REMOVED FROM THE GOLF PROGRAM.
- 6. THERE WILL BE A 8 SHOT MAXIMUM PER HOLE.
- 7. CHILDREN, SENIORS (65 OR OLDER), AND NEWBIES MAY START AT THE YELLOW TEE BOX.
- 8. WOMEN WILL START AT THE RED TEE BOX, IF YOU CHOOSE TOO.
- 9. MEN WILL START AT THE WHITE TEE BOX.

TEE TIMES CAN BE BOOKED FROM 3:00PM-6:30PM.

PLEASE BE RESPONSIBLE AS THIS IS A COMMUNITY/FAMILY
EVENT

PLEASE BE PATIENT AND KIND TO OTHER GOLFERS AS IT MAY
BE BUSIER THAN USUAL.



### Hours of Operation

8:30am – 4:30pm Monday to Friday



### Location

387 Princess Avenue London, Ontario N6B 2A7 Phone:519.434.2761 Fax: 519.675.1053

### Contact Info:

Elizabeth Dockstader Youth Initiative Coordinator edockstader@aiai.on.ca www.aiai.on.ca

Association of Iroquois and Allied Indians Join our AIAI Youth Council Scan with your mobile

### **VISION STATEMENT**

The youth council is committed to being a unified advocate/leader for the youth of the member Nations and build relationship with Elders, traditional teachers, and mentors. The youth council will honor and respect the differences and diversity among the member Nations. We will carry on the legacy of our ancestors in which we will pass onto future generations to come. We will live by our time of self governance for our people.

### MISSION STATEMENT



### BENEFITS OF JOINING A YOUTH COUNCIL

The benefits youth gain from participating in a youth council:

- Become leaders and gain leadership skills
- Build strong and lasting relationship
- Develop interpersonal communication skills
- Develop organizational skills and transferable skills



### **ROLES AND RESPONSIBILTIES**

- Youth council members agree to ensure















### WE NEED YOUTH COUNCIL LEADERS!

### **POSITION**

### YOUTH COUNCIL MEMBER

### REQUIREMENTS

- Ages 14-29
- Interest in political areas including but not limited to Health, Education,
   Social Services and Language & Cultural
- · Responsible and Respectful
- Regular attendance for meetings, conference calls and conferences
- Membership is limited to registered respected Nations Oneida Nations of the Thames, Caldwell First Nation, MBQ Tyendinaga, Hiawatha First Nation, Wahta Mohawks, Batchewana First Nations, Eelunaapeewi Lahkeewiit (Delware Nation)

### **HOW TO APPLY**

Youth council members will be appointed by their respective member Nation and provide a letter of support from the Chief and Council

### CONTACT



Elizabeth Dockstader Youth Initiative Coordinator Association of Iroquois and Allied Indians 519-434-2761 ext 247 edockstader@aiai.on.ca

## SAVE THE DATE

SEPTEMBER 30, 2023 LONDON, ON

## SURVIVOR GALA NIGHT A CELEBRATION

# Honouring Our Heroes

Caldwell, Moraviantown, Walpole Island, Aamjiwnaang, KSPFN, Chippewas of the Thames, Munsee-Delaware, Oneida Nation, Six Nations, Mississaugas of the Credit, Cape Croker & Saugeen We are looking to Identify all living Residential School Survivors from the following First Nations:

Deadline to Register is July 28th, 2023

Please contact Sara George @ sara,george@eolc.clcj.ca OR 226-377-3083