



# *Eelūnaapéewi Lahkéewiit*

*Wiingu-néewEénda-Lunaapeewáhkiing -Welcome to the land of the Delaware's*

All The Eelūnaapéewi Lahkéewiit Building will be closed on Monday October 2nd, 2023.  
In Lieu Of Truth & Reconciliation



Regular hours will resume on Tuesday October 3rd, 2023 @ 8:30 am

## **NOTICE:**

Beware, three blue totes went missing from our Community Centre and Senior Building. Please ensure that your totes are not left road side.



Autumn is a time for change,  
Red, Orange, gold, and brown,  
Leaves scatter across the town!  
Autumn is a time for change,  
Apple pickin" pumpkin patch,  
Choose your favorite from the Batch!  
Autumn is a time for change,  
Haunted house, harvest time,  
Let the spooky doorbells chimes!

E. Autumn



**News Items Due: Friday, September 29<sup>th</sup>, 2023**

**Next Publication Distributed: Wednesday October 4<sup>th</sup>,**

# Anúshiik

IN CONJUNCTION WITH NAAW WEEK  
ACTIVITIES THE EDUCATION  
DEPARTMENT PRESENTS

We just wanted to thank everyone that came out last night (Tuesday, September 19) to come and hear Mike Scott speak.

Mike is from Sturgeon Lake, Saskatchewan, but had lived in over 30 different places since he was 10, many while in foster care. He shared his life experiences through addiction, abuse, incarceration and the difficult loss of his mother. At the age of 23 Mike made the choice to fix his life and has been sober and clean for 11 years.



Some of us shed tears, laughed but I think we all walked away thinking a little better about things.

Thanks for the United Church for a delicious meal and for doing so on short notice. We appreciate the planning and hard work that went into putting the meal together.

Anúshiik to Kaylene for the opening prayer.

Education Department



# **Eelūnaapéewi Lahkéewiit (Delaware Nation)**

## **General Council Meeting:**

**DATE: SATURDAY, NOVEMBER 18, 2023**

**TIME: 9:00 a.m.**

**LOCATION: Community Centre**

If you have an Agenda item, please submit your written request to the Executive Assistant/Interim Director of Operations @Delaware Nation Administration office, by NOVEMBER 3rd, 2023.

***Open to Eelūnaapéewi Lahkéewiit members***

**Anushiik.**

**Eelūnaapéewi Lahkéewiit  
(Delaware Nation)**

**Gaming Revenue Meeting:**

**Identify Priorities**

**DATE: NOVEMBER 25, 2023**

**TIME: 9:00 a.m.**

**PLACE: Eelūnaapéewi Lahkéewiit  
Community Centre**

***Open to Eelūnaapéewi Lahkéewiit members***

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# Eelunaapéewi Lahkéewiit **GOOD FOOD Pilot Program**

*(Formally named Food Bank Program)*

**INTAKE DATE: FRI. SEPT. 29TH '23**

**TIME: 9AM - 5PM**

**LOCATION: CHILD & FAMILY SERVICES**

**DISTRIBUTION DATE: FRI. OCT. 13TH '23**

**TIME: 8AM - 1PM**

**LOCATION: CHILD & FAMILY SERVICES**

- \* Must be a registered Delaware Nation Member
- \* 1 application per month per household.
- \* Must have status card(s) in hand for the intake process for each member on the application.
- \* In person intake only, no faxing or emailing applications.
- \* Applications for intake must be completed on the above date/time.
- \* No late applications will be accepted.

*A Chief & Council initiative being sponsored by Child & Family Services.*



# Bundle Up

In store shopping only.

Mon. Oct. 2nd \*\* 11AM - 1PM  
@Columbia Sportswear London ON  
Bus transportation provided

Tues. Oct 3rd \*\*6PM - 9PM  
@Marks Work Warehouse Chatham  
Transportation not provided

Sat. Oct 7th \*\*8AM - 10AM  
@Sport Chek Chatham  
Transportation not provided

This program is for Delaware Nation members and or nominal roll for children/youth ages 0-19yrs old. (Born 2004-2023)

**REGISTRATION DATES/TIMES:**  
**SEPT 25TH - 28TH '23**  
**9AM - 5PM**  
**@CHILD & FAMILY SERVICES**

IF YOU HAVE ANY QUESTIONS PLEASE CALL EELUNAAPÉEWI  
LAHKÉEWIT CHILD & FAMILY SERVICES @519-692-9300

*Sponsored By:*

*Eelunaapéewi Lahkéewit  
Child & Family Services  
and Health Department*



Columbia  
Sportswear Company



Mark's Work  
Warehouse  
Clothes That Work.



SPORTCHEK



## **Eelūnaapéewi Lahkéewiit (Delaware Nation) JOB POSTING**

### **EMPLOYMENT & TRAINING COUNSELOR**

**OBJECTIVE:** To provide employment and counseling services to all employable Delaware Nation Band Members.

**Duties and Responsibilities** (shall include but not be limited to):

**Daily:**

- to set-up and organize the Delaware Nation Employment & Training Resource Centre
- to maintain accurate individual client data
- knowledgeable about labour market trends locally and nationally
- liaison with LDM's, H.R.D.C. and other Native Employment agencies
- assist with planning and establishing priorities as it relates to training and employment
- advise community members of available employment/training programs
- interview clients to obtain employment history, educational background, career goals and assess the needs and capabilities of individuals and make appropriate referrals
- assist employers in developing training plans and provide necessary liaison
- contact and network with employers to market clients to assist with referrals, interviewing and selection
- to provide monthly and annual reports on program and activities in progress to administrator
- assist in the implementation of employment workshops
- attend committee meetings when requested, to act as a resource person
- other related duties that may be assigned from time to time, under the direction of the Director of Operations

### **JOB SUMMARY**

**LOCATION:**

**Employment & Training Centre**  
14763 School House Line  
R. R. #3  
Thamesville, Ontario N0P 2K0

**JOB STATUS:**

Monday - Friday  
Term contract – ending August  
31, 2024, 35 hours per week with  
flexible hours

**SALARY:**

To Be Determined

**CLOSING DATE:**

September 22, 2023 by 4:00 pm

**Qualifications:**

- completion of secondary school and several years' experience in services related to counseling or in a helping profession may substitute formal education
- strong communication skills, both verbal and written
- must be customer focused
- exceptional interpersonal skills to deal with client issues
- sound judgement and listening skills to identify clients' needs
- proven ability to work independently but also in a team environment is critical to your success
- strong organizational skills required to juggle the priorities expected

**Terms of Position:**

Employment Term: 35 hours/week,  
Contract – term ending August 31, 2024  
Salary: Commensurate with qualifications and/or experience  
Hours of Work: Daily from 8:30 am to 4:30 pm (some flexible hours required)

**CLOSING DATE FOR APPLICATIONS:**

Interested candidates, please submit a **Cover Letter, Résumé and three (3) Letters of Reference**

- Two (2) work related and one (1) character

Eelūnaapéewi Lahkéewiit (Delaware Nation) Administration Office  
14760 School House Line,  
R. R. #3 Thamesville, Ontario  
N0P 2K0

Marked: CONFIDENTIAL – Employment & Training Counselor

Deadline: **September 22, 2023 at 4:00 p.m.**

*Pursuant to Section 16(1) of the Canadian Human Rights Act, Eelūnaapéewi Lahkéewiit gives preference to First Nation applications.*

*While we sincerely appreciate all applications, only those candidates selected for interview will be contacted.*

*Please note the selected candidate will be required to submit a current CPIC/Vulnerable Sector Search and consent to a background reference check.*



# EELŪNAAPÉEWI LAHKÉEWIIT JOB POSTING

## After Hours Worker Job Description



### Job Summary

**Location:**  
Eelūnaapéewi Lahkéewiit  
Child & Family Services  
22359 Austin Line  
R.R. #3  
Bothwell, Ontario  
NOP 2K0

### **Term:**

Full-time  
35 hour per week  
Flexible hours will be  
required

**Salary:**  
TBD

### **Closing Date:**

Sept. 22, 2023  
by 4 pm

### **SUMMARY OF DUTIES:**

To represent the Eelūnaapéewi Lahkéewiit in matters related to Child Protection as identified in Provincial, territorial, federal and other countries legislation.

The Representative will serve as primary contact afterhours for Child Welfare agencies to conduct their business both on and off reserve as required.

The Representative will ensure best interests of all are considered in accordance with Eelūnaapéewi Lahkéewiit culture, heritage and traditions.

### **SUPERVISION:**

For daily operations of the program, worker will be under the direct supervision of the Site Supervisor/ Child Advocate.

### **RESPONSIBILITIES (INCLUDED BUT NOT BE LIMITED TO):**

- Ensure child welfare agencies are accompanied and consultations are completed and adhered to regarding afterhours calls.
- Afterhour's worker will be required to answer calls after office closure and participate as necessary on the phone or via zoom.
- Complete case notes and forward to Band Representative for follow up the next day.
- Liaison with other services/ programs to arrange for needs of clients and to prepare Eelūnaapéewi Lahkéewiit based plans as required that will ensure the client's connection to community.
- Advocacy and promotion of Eelūnaapéewi Lahkéewiit family values and community services.
- Research and maintain up to date knowledge with Provincial, Federal and other countries legislation, case law, criminal, family court, privacy as well as other Nations Family Wellbeing laws.
- Record and maintain necessary stats and make recommendations for program improvements and accountability.
- Maintain accurate records including case notes and a filing system.
- Engage with families and community to build a positive working relationship
  - Recognize and understand the historical impact of colonization and the associated trauma on individuals, families, communities and Nations.
  - Engage in facilitation and promotion of Customary Care homes.
  - Establish and maintain an active working relationship with all Child & Family Service Agencies and other First Nation Band Representative/ Child Advocates.
- Participate in personal and professional activities including creating a plan for self-care and participate in staff training, meetings and community events.

**QUALIFICATIONS:**

- Post Secondary Diploma in Social work, Social Science or related field
- Minimum 2 years experience working in the Social Service Field
- Knowledge of Child Youth and Family Services Act and C-92, Federal legislation, as well as other related laws and acts associated with field.
- Knowledge of court proceeding involving Indigenous Children and Family Matters
- Knowledge of Customary Care
- Willing to work flexible hours and travel with minimal notice
- Proficiency in MS Office applications, various software and intranet
- Must provide valid license and own a vehicle, willingness to obtain necessary insurance and necessary liability.
- Excellent written and oral communication including public speaking.
- Crisis intervention, negotiation and ability to work in stressful situations
- Strong demonstration of negotiation skills and advocacy
- Knowledge of community services and cultural practice.
- Excellent written and oral communication including public speaking.
- Excellent interpersonal skills
- Successful candidate must submit Criminal Record - Vulnerable Sector Check.

**Terms of Position:**

**Employment Term:** Full-time, 35 hours per week, One year Contract.

**Salary:** Commensurate with qualifications and/or experience

**Hours of Work:** Daily from 8:30 am to 4:30 pm (flexible hours required)

**CLOSING DATE FOR APPLICATIONS:**

Interested candidates, please submit a **Cover Letter, Résumé and three (3) References:**

- Two (2) work related and one (1) character

Eelūnaapéewi Lahkéewiit (Delaware Nation) Administration Office  
14760 School House Line,  
R. R. #3 Thamesville, Ontario  
N0P 2K0

**Marked:** **CONFIDENTIAL – “After Hours Worker”**

**Deadline:** **September 22, 2023**

*Pursuant to Section 16(1) of the Canadian Human Rights Act, Eelūnaapéewi Lahkéewiit gives preference to First Nation applications.*

*While we sincerely appreciate all applications, only those candidates selected for interview will be contacted.*

*Please note the selected candidate will be required to submit a current CPIC/Vulnerable Sector Search and consent to a background reference check.*



### **Job Summary**

**Location:**  
Eelūnaapéewi Lahkéewiit  
Child Family Services  
22359 Austin Line  
R. R. #3  
Bothwell, Ontario  
N0P 1C0

**Industry**

**Job Status:**  
Full Time  
35 hours per week  
Flexible hours will be  
required

**Salary:**  
TBD

### **Closing Date:**

Sept 22, 2023  
4:00pm

## **Eelūnaapéewi Lahkéewiit Job Posting 'Band Representative' Job Description**

### **SUMMARY OF DUTIES:**

To represent the Eelūnaapéewi Lahkéewiit in matters related to Child Protection as identified in Provincial, Territorial, Federal and other countries legislation.

The Representative will serve as primary contact for Child Welfare agencies to conduct their business both on and off reserve as required. The Representative will ensure best interests of all are considered in accordance with Eelūnaapéewi Lahkéewiit culture, heritage and traditions.

### **SUPERVISION:**

For daily operations of the program, worker will be under the direct supervision of the Site Manager/ Child Advocate.

### **RESPONSIBILITIES (INCLUDED BUT NOT BE LIMITED TO):**

- Act as point of contact for agencies and individuals involved with Child Welfare agencies and determine **Eelūnaapéewi Lahkéewiit** position.
- Ensure child welfare agencies are accompanied and consultations are completed and adhered to regarding Intakes, Eligibility Coding, Investigations, Safety Assessments, Verification Conferences, Plans of Service, placements of Children, Plans of Care and attendance in Home and other places as required.
- Liaison with other services/ programs to arrange for needs of clients, and to prepare Eelūnaapéewi Lahkéewiit based plans as required that will ensure the clients connection to community.
- Develop Protocols, Service Agreements or Memorandum of Understanding as necessary with programs in community and outside organizations for delivery of service.  
Advocacy and promotion of Eelūnaapéewi Lahkéewiit family values and community services.
- Research and maintain up to date knowledge with Provincial, Federal and other countries legislation, case law, criminal law/family court, privacy as well as other Nations Family Wellbeing laws.
- Develop and provide community education on current practice and developments in the area, as needed to help make informed decisions and have understanding of process and supports available.
- Advocacy and promotion of Eelūnaapéewi Lahkéewiit family values and community services.
- To ensure Eelūnaapéewi Lahkéewiit is represented in Child Protection court matters, including completion of court materials and relevant correspondence is submitted and filed.
- Consultation with Legal council as needed and required.
- Complete required reports to leadership and funding sources, including preparing of documents needed to apply for new funding when available.
- Record and maintain necessary statistics and make recommendations for program improvements and accountability.
- Maintain accurate records including case notes and a filing system.

- Perform case management, coordination of services with other providers and work with other communities and Nations in best interests of community and families.
- Engage with families and community to build a positive working relationship
- Recognize and understand the historical impact of colonization and the associated trauma on individuals, families, communities and Nations.
- Engage in facilitation and promotion of Customary Care homes, including recruitment, retention and advocacy.
- Establish and maintain an active working relationship with all Child & Family Service Agencies and other First Nation Band Representative/Child Advocates.
- Participate in personal and professional activities including creating a plan for self-care and participating in staff training, meetings and community events.

**QUALIFICATIONS:**

- Post – Secondary Diploma in Social work, Social Science or related field
- Degree in Social field or years of experience would be considered an asset
- Minimum 2 years experience working in the Social Service Field
- Knowledge of Child Youth and Family Services Act and C-92, Federal legislation, as well as other related laws and acts associated with field.
- Knowledge of court proceeding involving Indigenous Children and Family Matters
- Knowledge of Customary Care
- Willing to work flexible hours and travel with minimal notice
- Proficiency in MS Office applications, various software and internet
- Must provide valid license and own a vehicle, willingness to obtain necessary insurance and necessary liability.
- Excellent written and oral communication including public speaking.
- Crisis intervention, negotiation and ability to work in stressful situations
- Strong demonstration of negotiation skills and advocacy
- Knowledge of community services and cultural practice.
- Excellent written and oral communication including public speaking.
- Excellent interpersonal skills
- Successful candidate must submit Criminal Record - Vulnerable Sector Check.

**Terms of Position:**

Employment Term: Full-time, 35 hours per week, One year Contract.

Salary: Commensurate with qualifications and/or experience

Hours of Work: Daily from 8:30 am to 4:30 pm (flexible hours required)

**CLOSING DATE FOR APPLICATIONS:**

Interested candidates, please submit a **Cover Letter, Résumé and three (3) References:**

- Two (2) work related and one (1) character

Eelūnaapéewi Lahkéewiit (Delaware Nation) Administration Office  
14760 School House Line,  
R. R. #3 Thamesville, Ontario N0P 2K0

**Marked: CONFIDENTIAL – “Band Representative”**

**Deadline: Sept. 22, 2023 @ 4:00 pm**

*Pursuant to Section 16(1) of the Canadian Human Rights Act, Eelūnaapéewi Lahkéewiit gives preference to First Nation applications.*

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*Please note the selected candidate will be required to submit a current CPIC/Vulnerable Sector Search and consent to a background reference check.*

## DELAWARE NATION JOB POSTING

### Secondary Student Success Worker

#### Education Department

The Delaware Nation Council is currently accepting applications for a Secondary Student Success Worker within the Education Department.

#### **SUPERVISION**

The Student Success Worker shall be under the supervision of the Delaware Nation Education Manager.

#### **SCOPE**

The Secondary Student Success Worker will advise and offer counselling service to secondary students. The Student Success Worker will have a consultation function for learners, teachers, principals, parents and their school and community personnel to meet the needs of the learning community and to facilitate the total learning process of the students. The Secondary Student Success worker will assist in ensuring that all learning for Delaware Nation students complies with all guidelines set forth by the Delaware Nation Council and the Delaware Nation Education Department with respect to culture, traditions and language.

#### **EMPLOYMENT CONDITIONS**

This will be contract position until June 30, 2024. Renewal will be dependent upon funding.

#### **DUTIES & RESPONSIBILITIES** (to include but not be limited to the following):

- Provide culturally relevant counselling to students regarding educational issues such as course and program selection, time tables and scheduling, school adjustment, attendance problems and study skills
- Provide culturally relevant counselling to students regarding career or vocational issues including career exploration and planning, résumé preparation, job interview skills and job search strategies and make available to them a wide range of educational and occupational information
- consult with teachers and parents or faculty and other professionals such as psychologists, speech therapists and social workers regarding various issues and concerns, and with administrators and community agencies regarding programs and referrals
- Develop and co-ordinate study skills groups or workshops in the high school on topics such as note-taking, test or examination anxiety and preparation strategies and time management skills



#### **Job Summary**

##### **Location:**

Delaware Nation  
Education Department  
14760 School House Line  
R. R. #3  
Thamesville, Ontario  
NOP 2K0

##### **Industry**

Education (Lifelong  
Learning)

##### **Job Status:**

Contract  
35 hours per week

##### **Salary:**

TBD

#### **Closing Date:**

**Until Filled**

- Co-ordinate or participate in student orientation for transition from Naahii Ridge Public School to Ridgetown District High School
- Foster a learning and welcoming environment at the Delaware Rooms within Ridgetown District High School and Chatham Kent Secondary School.
- Arrange visits to possible Postsecondary institutes for graduating students
- Act as a support resource for students regarding personal and social issues such as substance abuse, depression, sexuality, eating disorders, anxiety, self-esteem, family problems, relationship and interpersonal skills and anger management
- Act as a support resource in crisis situations such as dealing with the death of a friend or family member, suicidal tendencies and abuse situations
- Provide culturally relevant information and materials to teachers, school personnel and non-native students
- Work within the community to offer after school programs to assist students with literacy and numeracy.

#### **OTHER DUTIES:**

- May be required to assist with other programs, services or projects as time permits.

#### **QUALIFICATIONS:**

- Familiarity with the Delaware Nation community
- Minimum bachelor's degree in education, counselling, career development, Indigenous studies or social sciences **OR** a counselling and/or education-related diploma with 3-5 years' experience.
- Experience in First Nations Education (culture, history, systems)
- Experience with student assessment and student data analysis
- Knowledge of First Nation Languages would be an asset, and/or a willingness to be trained in the Lunaapeew language.
- Computer Literate- (Microsoft Office- Word, Excel, Outlook)
- Ability to manage multi- projects with identified deadlines.
- Ability to work with minimum supervision.
- Interpersonal skills for purposes of community communication and reporting.
- Current criminal reference check and Vulnerable Sector Search.
- Ability to sign and comply with an Oath of Confidentiality.

Interested candidates, please submit a **Cover Letter, Résumé, and the names of 3 work references to:**

Cathy Stonefish – A/Director of Operations  
 Delaware Nation Administration Office  
 14760 School House Line, R. R. #3 Thamesville, Ontario N0P 2K0

**Closing Date: Until Filled**

Thank You to All That Apply, however, only those selected for an interview will be contacted.

# Eelūnaapéewi Lahkéewiit Job Posting

## Early Childhood Educator

### Job Description



**POSITION REPORTS TO:** The Early Childhood Educator shall be under the supervision of the Eelūnaapéewi Lahkéewiit Early Learning Centre Director.

**Summary of Position:** The Early Childhood Educator will ensure the development and provision of a high quality, wholistic, culturally relevant and individual educational program. The Early childhood Educator will support and assist in all program service areas of the Eelūnaapéewi Lahkéewiit Early Learning Centre

**Location:**

**Location:**

Eelūnaapéewi Lahkéewiit  
Early Learning Centre  
14762 School House Line  
R. R. #3  
Thamesville, Ontario  
NOP 2K0

**Industry**

Early Childhood  
Education

**Job Status:**

**Full Time**

**35 hours per week**

**Salary:**

\$21-\$25.00

Based on qualifications  
and experience

**Program Delivery**

- Plans, implements and coordinates classroom activities
- Responsible for classroom management and instruction
- To provide for the safety and well being of the children during both on and off-site activities promoting the six components of Head Start
- Involves all staff in classroom operations by planning activities for individual children and groups according to the child's developmental level
- creating and planning activities for individual children and groups according to the child's developmental level in accordance with "How Does learning Happen?"
- Maintain regulated and required documentation, reporting and record keeping
- Conduct monthly fire drills
- To organize space, equipment and materials to allow child experiences
- Complete daily playground inspections
- Any other relevant duties as assigned by the Eelūnaapéewi Lahkéewiit Early Learning Centre Director

**Administrative**

- Develop and monitor an annual work plan and calendar
- Maintain active, accurate and confidential filing system
- To ensure daily recording of names, ages and parent/caregivers name, and making note of any special needs; e.g. developmental assessments, allergies, dietary concerns or other relevant matters.
- Designs learning activities utilizing the High Scope curriculum and assessment tool as well as other available resources.
- Attend meetings and training as requested by the Early Learning Centre Director
- Reports and documents parent concerns or critical incidents concerning the Early Learning Centre to the Early Learning Centre Director.
- Is aware of and adheres to the current policies and procedures of the Early Learning Centre Program, as well as be familiar with the Child Care and Early Years Act.
- Submit regular reports and maintain licensing requirements to the Director and complete any other reporting as required by funding and licensing sources.

**POSTED  
UNTIL POSITION IS  
FILLED**

## QUALIFICATIONS

- Early Childhood Education Diploma from an accredited post-secondary institution
- Registered member of the College of Early Childhood Educators and in good standing
- Experience working with Aboriginal children and their parents
- Knowledge of the Lunaapeew Language and Culture would be an asset
- High Scope or Resource Teacher would be an asset.
- Strong interpersonal skills, excellent planning skills, excellent oral and written communication skills
- Must be computer literate
- Knowledge of the Aboriginal Head Start Initiative and its components
- Knowledge of "How Does Learning Happen?" Ontario's Pedagogy for the Early Years is preferable
- Ability to work cooperatively in a team approach and maintain confidentiality
- Must be willing to take training as needed
- Must possess Ontario driver's license
- Must provide copy of recent criminal reference check with vulnerable sector search
- Medical Certificate and First Aid/CPR due upon employment
- Up to date immunization and records including COVID-19

## TERMS OF POSITION

Employment Term: Full-time, 35 hours per week, One year Contract.

Salary: Commensurate with qualifications and/or experience

Hours of Work: Daily from 8:30 am to 4:30 pm (flexible hours required)

## CLOSING DATE FOR APPLICATIONS

Interested candidates, please submit a **Cover Letter, Resume, and 3 references (2 work related & 1 personal)** to:

Cathy Stonefish: Interim Director of Operations  
Eelūnaapéewi Lahkéewiit Administration Office  
14760 School House Line,  
Thamesville, Ontario N0P 2K0

**Marked: CONFIDENTIAL – Early Childhood Educator - Early Learning**

**Posted Until Position is Filled**

*Pursuant to Section 16(1) of the Canadian Human Rights Act, Eelūnaapéewi Lahkéewiit gives preference to First Nation applications.*

*While we sincerely appreciate all applications, only those candidates selected for interview will be contacted.*

*Please note the selected candidate will be required to submit a current CPIC/Vulnerable Sector Search and consent to a background reference check.*



## EELUNAPEEWI LAHKEEWIIT-DELAWARE NATION

### JOB POSTING

## Director of Operations



### Job Summary

**Location:**  
Delaware Nation  
Administration Office  
14760 School House Line  
R. R. #3  
Thamesville, Ontario  
N0P 2K0

### **Job Status:**

One Year Contract  
(renewable based on  
evaluation)

### **Education Level:**

Preferred:

University degree in Business  
Administration

College Diploma in Public  
Administration or  
management related program

### **Starting Salary:**

\$100,000.00

Based upon  
experience & skills

### **Application Closing Date:**

**Job Posting Open until  
Position is Filled**

### **Overview**

The Director of Operation is a dedicated, highly organized and experienced individual who would not only work collaboratively with the Eelūnaapéewi Lahkéewiit (Delaware Nation) Council but would also welcome the challenge of playing a key role in ensuring the smooth and efficient administration of the day to day activities of the organization.

The Director of Operations that has been created to meet the changing needs of the Eelūnaapéewi Lahkéewiit (Delaware Nation) Council as it changes away from the administrative decision-making and transitions towards developing a strong governing council for the membership of the Eelūnaapéewi Lahkéewiit.

The Director of Operations will oversee all operations and is responsible for the management, administration and delivery of all the First Nation's programs and services are in order to ensure that the needs of the First Nation's Members are met in a reasonable, effective and efficient manner.

This position has the authority of setting directions and work plans within the overall administration and budgets. On matters related to new practices, policies, procedures and broad guidelines are given and approved by the Eelūnaapéewi Lahkéewiit Council as a whole.

### **Responsibilities**

The Director of Operations has been given full authority to manage day-to-day administrative affairs.

The Director of Operations reports to the elected Chief of the Eelūnaapéewi Lahkéewiit (Delaware Nation).

### **Director of Operations Executive Limitations**

With respect to operating with the Delaware Nation Administration, the Director of Operations shall not cause or allow any practice, operational circumstance, activity, or decision that is either irresponsible or in violation of professional ethics.

Assets may not be inadequately maintained, unnecessarily risked, or unprotected. Actual financial conditions and performance shall not incur jeopardy or compromise the Council's Results & Priorities

### **Knowledge, Skills and Abilities**

#### **Knowledge**

- Financial management and generally accepted accounting principles
- Human resources management
- Program management and delivery
- Program evaluations

**Skills**

- Team leadership and management skills
- Strategic planning skills
- Analytical and problem-solving skills
- Decision making skills
- Negotiation skills
- Effective communications skills

**QUALIFICATIONS:****Education**

- University degree in Business Administration preferred
- College diploma in Public Administration or management related program preferred
- College diploma in Human Resources, a definite asset

**Experience**

- Minimum of five (5) years of proven administration with leadership experience in the management of a First Nation/First Nations organization or First Nation agency

**Knowledge**

- Through knowledge and understanding of accounting principles and requirements as related to financial management
- Of government and financial policies as related to First Nation business activities

**Other**

- Valid driver's license and reliable insured vehicle
- Must be able to travel
- Must be flexible to attend evening and/or weekend meetings
- Must be willing to verify proof of recent criminal reference check

**CLOSING DATE FOR APPLICATIONS**

Candidates interested in this position are asked to submit:

- A cover letter
- A resume
- 3 letters of references- 2 work related and 1 character

Please address your application package to the attention of:

Chief  
Delaware Nation Administration Office  
14760 School House Line  
R.R. #3  
Thamesville, Ontario  
NOP 2KO

Marked: ***CONFIDENTIAL - Director of Operations***

**Deadline:** All applications will be received until position is filled

**\*NOTE: ONLY THOSE CANDIDATES SELECTED FOR AN INTERVIEW WILL BE CONTACTED\***

# Just in time for Fall!

IT'S AS  
EASY AS

- 1 GARBAGE GOES HERE!
- 2 GARBAGE GOES HERE!



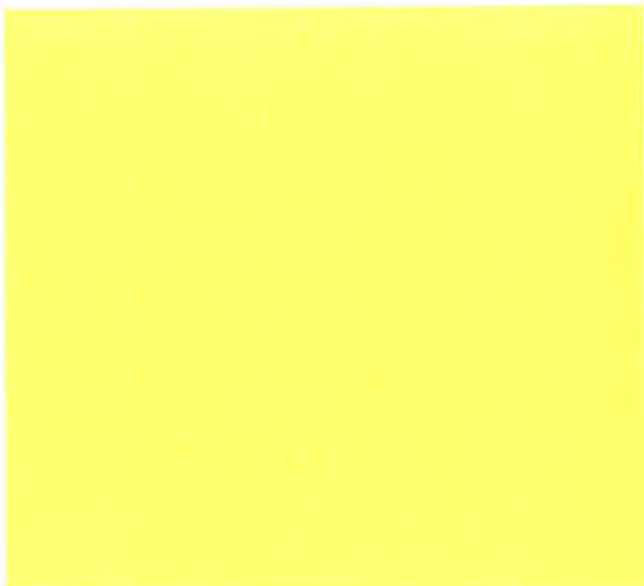
**Eelūnaapéewi Lahkéewiit  
Community Clean -Up  
Event From  
October 16-20th/2023  
9:00am-4:00pm**

Eelūnaapéewi Lahkéewiit Public Works Department is set to hold another clean -up event! The disposal area will be inside our road's departments compound.

PLEASE LEAVE ALL YOUR GARBAGE AND APPLIANCES ETC. AT THE END OF YOUR LANEWAY.

**NO PAPERWORK WILL BE REQUIRED.**

**ANUSHIIK, FOR YOUR PATIENCE AND UNDERSTANDING DURING THIS TIME.**



Delaware Nation  
Public Works Department

# Large Appliance Removal

NAME: \_\_\_\_\_

911#: \_\_\_\_\_

CONTACT#: \_\_\_\_\_

- Refrigerator (MUST HAVE NO ITEMS INSIDE)
- Stove
- Freezer (MUST HAVE NO ITEMS INSIDE)
- Dishwasher
- Air conditioner
- Dehumidifiers
- Washers
- Dryers
- BBQ
- Other – please specify \_\_\_\_\_

- Please ensure your appliances are outside your home for easy pick-up.
- Ensure dogs are tied up or contained, for workers safety.
- Pick up times are:
  - Between 9:00am-4:00pm

Please Donate  
Whenever Possible

If it isn't broke, or worn out, consider donating your unwanted items to local charities, including Goodwill, Value Village, Salvation Army and St. Vincent de Paul

BE THE HEART OF OUR COMMUNITIES

Looking for two volunteer

# Board Members



## MISSION

As First Nations people, the Creator has entrusted us with the sacred responsibility for protecting all our children based on our customs, culture, values, and beliefs. MCFS aspires to meet this responsibility and to enhance the social harmony in our communities by implementing best practices and shared responsibility to support and improve the equality of life for our families and for the next generation.

## our communities are:

- ✓ Aamjiwnaang First Nation
- ✓ Caldwell First Nation
- ✓ Eelunaapeewii Lahkeewit
- ✓ Munsee Delaware Nation
- ✓ Oneida Nation of the Thames
- ✓ Kettle & Stony Point First Nation

Interest Meeting:  
September 8, 2023

Closes:  
September 22, 2023

contact: Mike George  
Director of Corporate Services  
519-289-1117 ext 230  
mike.george@mnaasged.com



Mnaasged Child  
and  
Family Services

or visit [www.mnaasged.ca](http://www.mnaasged.ca)



SAVE  
THE  
DATE

## Indigenous Business Showcase

An event for local indigenous entrepreneurs  
to learn, share and network .



THURSDAY & FRIDAY,  
OCTOBER 12 & 13, 2023



FOUR POINTS BY  
SHERATON (LONDON, ON)

**FREE to attend**

**More information to follow:**

<https://www.facebook.com/TecumsehCDC/>

*Public Welcome*

*Round Dance*

Thursday, October 12, 2023

6:00 - 9:00 p.m.

Refreshments Served

**Tecumseh**  
Community Development Corporation





# MORAVIAN UNITED CHURCH

*Rev. Joan Golden, Pastor can be reached at 519-495-9383*

*Rev. Phil Schuyler, Volunteer Associate Minister can be reached at 519-245-5436*

***DUE TO RENOVATIONS ON THE CHURCH BUILDING  
THERE ARE NO SCHEDULED WORSHIP SERVICES  
OR ACTIVITIES***

***UNTIL THE RENOVATION IS COMPLETED***

***We hope to welcome everyone back soon!!***

*If there are pastoral needs or concerns, please call Rev. Joan @ 519-495-9383*

May we all be united in prayer through  
the Spirit of Love, Hope and Peace





ADVANCE FOOT CARE CLINIC

**MONDAY, OCTOBER 2<sup>ND</sup>**

**2023**

**9AM -4PM**

**LOCATION: HEALTH CENTRE**

PLEASE CALL **519-692-3969**

INTERESTED PARTICIPANTS WILL BE CONTACTED WITH A TIME SLOT,  
SO PLEASE LEAVE A NAME & NUMBER WHERE YOU CAN BE REACHED.

- **Open to all Band/Residency Members**
- **Professional footcare provided by B. Pitre, RPN, FCN**





The graphic features a dark blue background with a large, stylized blue splash of water at the top and bottom. In the center, a white rectangular sign with a red and white dotted border contains the text 'MOVIES SERIES At CINEPLEX CHATHAM'. To the left of the sign, two brown movie tickets are shown, one partially overlapping the other. The top ticket has 'CINEMA FREE PASS' and three stars. The bottom ticket has 'CINEMA FREE PASS', three stars, and the number '190712' on the right edge.

# MOVIES SERIES

At  
**CINEPLEX CHATHAM**

**SIGN UP IN PERSON AT HEALTH CENTRE**

**WHEN: FRIDAY SEPTEMBER 22, 2023**

**TIME: 2:00 PM TIL 5:00 PM**

**NO TRANSPORTATION PROVIDED**

**ONE DAY SIGN UP ONLY!**

**Non Delaware Nation Members - Non Refundable \$10.00 per movie**

---

**PAW PATROL:  
THE MIGHTY MOVIE**  
SUNDAY OCTOBER 1 @ 10 am

**KILLERS OF THE FLOWER  
MOON**  
SUNDAY OCTOBER 22 @ 10 am

---

**MARVELS**  
SUNDAY NOVEMBER 12 @ 10 am

**WISH**  
SUNDAY NOVEMBER 26 @ 10 am

---

**Any questions or comments call: Norma Logan  
519-692-3969**



# **AROMATHERAPY MASSAGES**

**WITH  
JOANNE**

**TUESDAY, SEPTEMBER 26, 2023**

**WEDNESDAY SEPTEMBER 27, 2023**

**9:00AM-4:00PM**

**DELAWARE NATION HEALTH CENTRE**

**\*\*\*6 APPOINTMENTS AVAILABLE\*\*\***

**PLEASE CALL 519-692-3969 TO RESERVE  
YOUR SPOT**



# **HARM REDUCTION OUTREACH**

**TUESDAY, SEPTEMBER 26, 2023**

**4:00PM-6:30PM**

**DELAWARE NATION HEALTH  
CENTRE**

**OUTREACH: INFORMATION ABOUT  
HARM REDUCTION SUPPLIES-DROP IN  
BOOTH**

**\*\*NALOXONE KITS AVAILABLE\*\***

**PLEASE CALL THE DELAWARE NATION HEALTH  
CENTRE AT 519-692-3969 FOR MORE  
INFORMATION**

# Seniors Dates To Remember

Wednesdays

10:00am-2:00pm

September 22<sup>nd</sup> – Diabetes Education (Gini Cook)

September 27<sup>th</sup> – Lunch and shopping (London)

October 3<sup>rd</sup>- 50's 60's show Chatham & dinner

October 4<sup>th</sup> – No program

October 11<sup>th</sup> – Reflexology (Tracey Whiteye)



HEALTH  
CENTRE





Simple diet changes have a powerful effect on brain health

The Brain Health Food Guide is for adults who want to retain cognitive function and brain health as they age. The guide is based on studies of adults 50 years of age and older who changed their diet and found these benefits:

- After four months of eating well, they performed as if they were nine years younger on tests of reading and writing speed<sup>1</sup>
- After four years of eating well, they did not experience any memory loss<sup>2</sup>

Dietary patterns similar to the Brain Health Food Guide are associated with:

- 36 percent lower risk of developing Alzheimer's disease<sup>3</sup>
- 27 percent lower risk of developing mild cognitive impairment or pre-dementia<sup>3</sup>

With a nutritious variety of vegetables, fruit, whole grains, beans, fish, nuts and low-fat dairy products, the Brain Health Food Guide offers the same eating plan that's recommended to prevent or treat heart disease, diabetes, high cholesterol, high blood pressure and other conditions.

Consult with your health care provider to help you adapt these recommendations to meet your specific needs.



Eating for brain health is all about . . .

- Embracing balance, moderation and variety (see back for guide)
- Focusing on an overall pattern of healthy eating, not one specific "superfood" for brain health
- Making sure you eat until you are comfortably full and not stuffed
- Enjoying lots of vegetables and fruit
- Eating raw leafy vegetables daily, including lettuce, kale and spinach
- Eating fish, beans, and nuts several times a week
- Including healthy fats in the diet, from olive oil, nuts and fish
- Limiting red and processed meat
- Selecting low-fat dairy products, such as milk and yogurt
- Choosing whole grains over refined grains e.g. white bread

#### Resources

**Recipes & Healthy Eating**  
Dietitians of Canada  
[www.cooksinspiration.com](http://www.cooksinspiration.com)

Heart & Stroke Foundation  
[www.heartandstrokes.com](http://www.heartandstrokes.com)

Canadian Diabetes Association  
[www.diabetes.ca/diabetes-and-you/recipes](http://www.diabetes.ca/diabetes-and-you/recipes)

EatRight Ontario  
[www.eatrightontario.ca](http://www.eatrightontario.ca)

HealthLink BC  
[www.healthlinkbc.ca/healthyeating](http://www.healthlinkbc.ca/healthyeating)

**Preventing Dementia**  
Alzheimer Society of Canada  
[www.alzheimer.ca/en/Living-well/dementia/BrainBooster](http://www.alzheimer.ca/en/Living-well/dementia/BrainBooster)



- **Choose colour.** Include colourful fruits and vegetables at each meal
- **Grill, steam and bake** foods instead of deep frying
- **Stock your kitchen** with a variety of dried or canned beans, frozen or canned fish, frozen vegetables and fruits
- **Add beans or legumes** to soups, stews and stir-fries
- **Snack smart.** Reach for nuts, fresh fruit, cut up vegetables and low fat yogurt
- **Keep hydrated.** Drink water or unsweetened beverages

Developed by: Dr. Matthew Parrott in collaboration with members of the Canadian Consortium on Neurodegeneration in Aging: Team 6: Nutrition, Exercise and Lifestyle

#### Team 6 Member Organizations:

Baycrest Health Sciences, Concordia University, Institut Universitaire de Geriatrie de Montreal, Centre de recherche du Centre hospitalier de l'Université de Montreal, McGill University, Rotman Research Institute, Ryerson University, Sunnybrook Health Sciences Centre, Toronto Rehab/UHN Cardiovascular Rehabilitation Program, Université de Montreal, Université de Sherbrooke, University Health Network, University of British Columbia, University of Ottawa, University of Toronto, Waterloo University

#### Supporting Evidence:

1. Smith PJ, Blumenthal JA, Babyak MA, et al. Effects of the dietary approaches to stop hypertension diet, exercise, and caloric restriction on neurocognition in overweight adults with high blood pressure. *Hypertension*. 2010;55:1331-1338.
2. Valls-Pedret C, Sala-Vila A, Serra-Mir, et al. Mediterranean diet and age-related cognitive decline: a randomized trial. *JAMA Internal Medicine*. 2015;175(7):1094-1103.
3. Singh B, Parasolk AK, Mielke MM, et al. Association of Mediterranean diet with mild cognitive impairment and Alzheimer's disease: a systematic review and meta-analysis. *J Alzheimers Dis*. 2014;39:271-282.



Which Foods Help the Brain?



**BRAIN HEALTH**  
FOOD GUIDE 

An Evidence-Based Approach to Healthy Eating for the Aging Brain



Foods to Include	Servings	Serving Size
<b>Vegetables Total</b>	5 or more times a day	
Of this, be sure to include:		
<b>Raw Leafy Greens</b> (e.g. lettuce, spinach, mixed greens, kale, cabbage)	1 time a day	1/2 cup
<b>Cruciferous Vegetables</b> (e.g. broccoli, cauliflower, Brussels sprouts, kale, cabbage, bok choy)	3 times a week	except 1 cup for Raw Leafy Greens
<b>Fruit Total</b>	4 or more times a day	1 medium fruit or 1/2 cup
Of this, be sure to include:		
<b>Berries</b> (fresh or frozen)	3 times a week	
<b>Unsalted Nuts or All-natural Nut Butters Total</b> (e.g. almond butter, peanut butter)	1 time a day	1/4 cup nuts or 2 tbsp nut butter
Of this, be sure to include:		
<b>Walnuts</b>	4 or more times a week	
<b>Beans or Legumes</b> (e.g. chickpeas, kidney beans, lentils, navy beans)	2 or more times a week	1/2 cup
<b>Fish or Seafood Total</b> (not battered or fried)	3 times a week	3-4 oz
Of this, be sure to include:		
<b>Fatty fish</b> (e.g. salmon, trout, sardines)	1 or more times a week	

- Choose whole grains (e.g. oats, brown rice, brown pasta, 100% whole wheat or whole grain breads, quinoa, bulgur, barley, whole grain pasta) instead of refined grains (e.g. white rice, white pasta, white bread)
- Use low-fat milk (skim or 1%), yogurt (0-2%), and cheese (about 22%)
- Use extra-virgin olive oil as your main culinary oil for cooking, salad dressings, and added to bread and foods

Foods to Limit	Servings	Serving Size
<b>Any Meat and Poultry Total</b> No more than 1 meal per day should include meat or poultry	1 or less per day	
Of this, be sure to limit:		
<b>Red and processed meats</b> (e.g. beef, pork, lamb, liver, sausages, hot dogs, jerky, cold cuts, pepperoni)	less than 1 per week	3-4 oz
<b>Butter, cream, or high fat dairy spreads</b> (e.g. sour cream, cream cheese)	less than 1 per week	1 tsp butter or 1 tbsp cream
<b>White breads</b> (e.g. bread, rolls, bagels, pita, tortilla)	1 or less per week	1 slice bread or 1/2 bagel
<b>Pre-packaged foods and meals</b> (e.g. canned soup, instant noodles, frozen appetizers, and entrees)		
<b>Potato chips, fries, pretzels, or other salty snacks or fried food</b>	3 or less servings per week	in total for all these foods
<b>Store-bought dairy desserts</b> (e.g. ice cream, frozen yogurt, pudding, custard)		
<b>Baked goods</b> (especially store bought) (e.g. cookies, muffins, scones, croissants, donuts, cakes, pies)		Serving sizes according to the Nutrition Facts table on the food label
<b>Candy and chocolate</b>		
<b>Pop, sweetened fruit juice or any other sugary drink</b>		



*BEFORE ATTENDING EVENTS SUCH AS THE WESTERN FAIR AND OTHER HEAVILY POPULATED AREAS PLEASE BE ADVISED AND CONSIDER THE FOLLOWING:*

Will this event be held outdoors or indoors?

Will other people be wearing masks?

Will the people around me be uncomfortable if I don't wear a mask?

How many people will be there?

Are there people at risk of more severe diseases or outcomes from COVID-19 in my surroundings?

**CONSIDER:**

- WEARING A WELL-FITTED RESPIRATOR OR MASK IN PUBLIC INDOOR SETTINGS USING CAUTION IN CLOSED AND CROWDED PLACES
- ATTENDING UNCROWDED OUTDOOR EVENTS
- STAYING UP TO DATE WITH COVID-19 VACCINATIONS AND GETTING YOUR BOOSTERS

REMEMBER IF YOU'RE SICK OR HAVE ANY COVID -19 SYMTOMS, YOU SHOULD STAY HOME AND NOT ATTEND



WULAMALISWIIKAAN  
Eelūnaapéewi Lahkéewiit Health Centre

# DO YOUR PART TO STOP THE SPREAD OF COVID 19



**CLEAN AND DISINFECT  
FREQUENTLY TOUCHED  
OBJECTS & SURFACES**



**COVER YOUR MOUTH AND  
NOSE WITH A TISSUE OR  
SLEEVE WHEN YOUR  
SNEEZING OR COUGHING**



**WASH HANDS WELL WITH  
SOAP AND WATER  
FREQUENTLY**

**USE ALCOHOL BASED HAND SANITIZER WITH 60%  
ALCOHOL**

# "Bee" Smart About Sting Safety

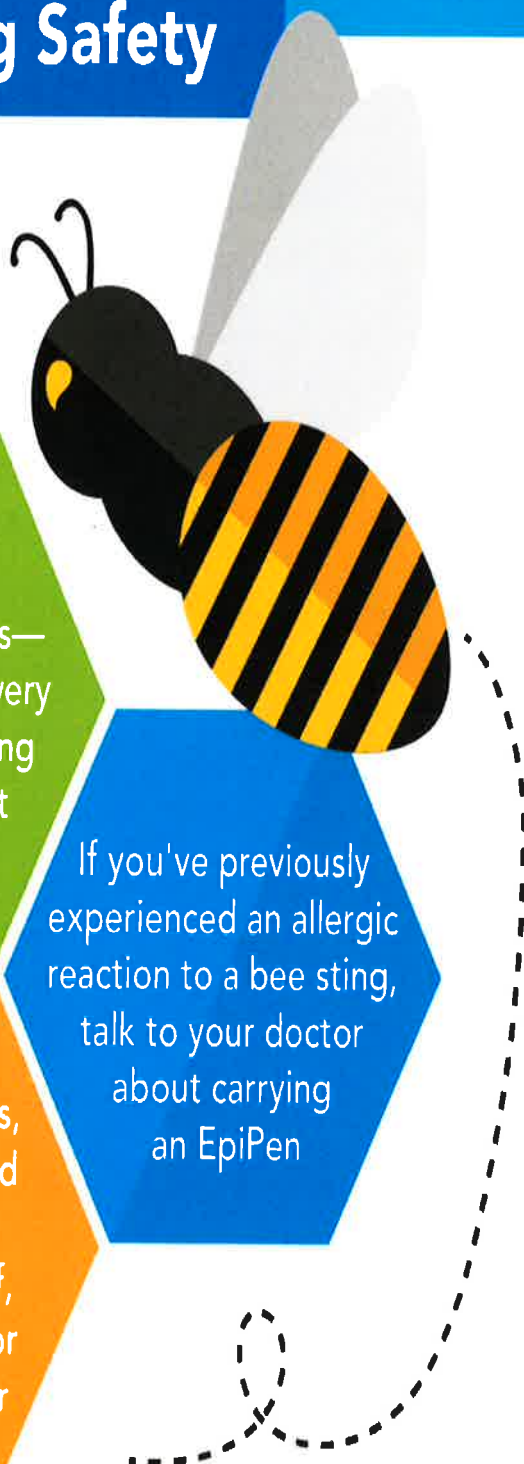
Guard your face  
and neck, the most  
common places  
for stings

Don't attract bees—  
avoid wearing flowery  
perfumes or leaving  
sugary food out

Scrape off a bee  
stinger with a dull  
object—don't use  
tweezers

If a swarm attacks,  
retreat to a closed  
area rather than  
swatting bees off,  
"playing dead," or  
diving into water

If you've previously  
experienced an allergic  
reaction to a bee sting,  
talk to your doctor  
about carrying  
an EpiPen





# September is Healthy Aging Month!

*Tips for maintaining or improving your  
health and well-being as you age:*



**Exercise regularly**



**Eat well-balanced  
meals**



**Get enough  
sleep**



**Get regular check-ups and  
yearly physicals**



**Stay socially engaged with  
family, friends, & your  
community!**



# DIABETES COOKING CLASS

AT COMMUNITY CENTER

Oct 3 . 2023 @ 9:30AM

Call Health Centre by Sept 29, 2023

\*First 10 people\*

Delaware Nation/Residency

Any questions call Norma Logan CHR

Health Centre

519-692-3969

# Soci t  Alzheimer Society

CHATHAM - KENT



## First Link Learning Series®

### First Steps

For Family Members & Friends of  
Individuals with Dementia

**Location:** 14737 School House Line,  
Thamesville, ON N0P 2K0

**12:00pm-2:00pm**

July 20 <sup>th</sup> 2023	What is Dementia
Aug. 22 <sup>nd</sup> 2023	Adapting to Brain Changes
Sept. 29 <sup>th</sup> 2023	Planning Ahead
Oct. 26 <sup>th</sup> 2023	Building a Circle of Support

### To Register Contact:

Home Care Coordinator  
(Delaware Nation) Health Centre  
Phone: 519-692-3969  
Cell: 519-358-3316  
Email: [homecare@xplor.net.ca](mailto:homecare@xplor.net)

### **Third session: What is Dementia (Sept. 29<sup>th</sup> 2023)**



**Luncheon & Education Session**





# Breast Screening



# Breast Screening



## Screening

Most women between the ages of 50 to 74 can have a mammogram every 2 years.



Most women can make their own appointment without a referral to the Ontario Breast Screening Program (OBSP) in their area.

First Nations women require a requisition when Non-Insured Health Benefits (NIHB) travel is to be arranged.

Women between ages 30 to 69, who are deemed high risk through genetic testing or have close family members with breast cancer, can get a mammogram and breast MRI once a year through a High Risk OBSP site.

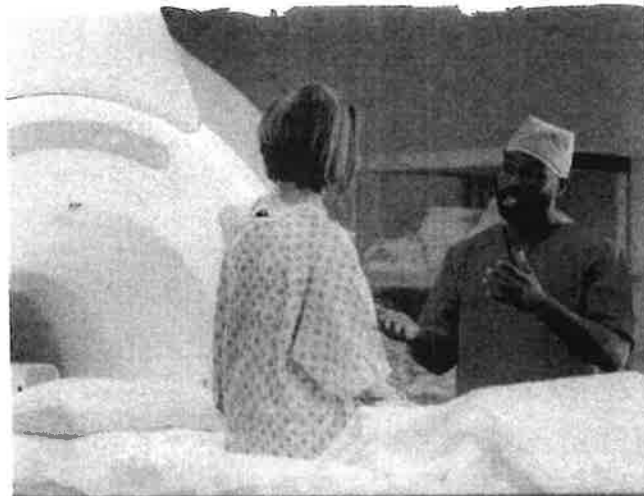
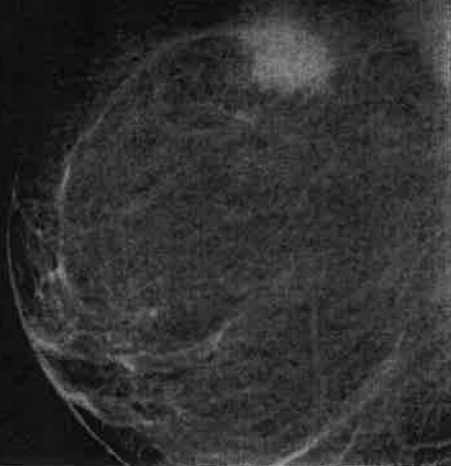


# Breast Screening Tests



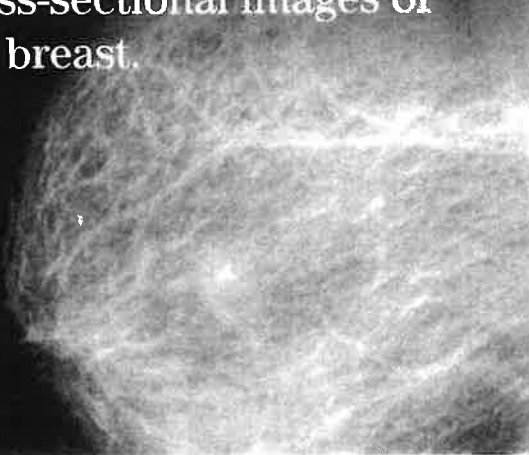
## Mammogram

X-rays of the breast.



## MRI

Uses radio waves and a magnetic field to create cross-sectional images of the breast.



## Ultrasound

Uses sound waves to create images of the breast.



# Breast Screening Tests



## Types of Tests

There are different tests to help find breast cancer. The appropriate test depends on your risk level.

---

**Mammogram:** A test that uses X-rays to create images of the breast. Screening mammography can find breast cancers when they are small, less likely to have spread and more likely to be treated successfully.

---

**Breast Magnetic Resonance Imaging (MRI):** A test that uses radio waves and a magnetic field to create cross-sectional images of the breast. Most of the time, women getting breast MRI scans need to be injected with a dye to make the images clearer.

---

**Breast Ultrasound:** A test that uses sound waves to create images of the breast. This is often used to assess an abnormality on mammography or MRI or if a woman has a symptom related to her breasts.

---

# Size of Breast Lumps

The Thing-A-Ma-Boob shows  
average size lump found by:

- Regular mammograms
- First mammogram
- Physical exam by  
healthcare professional
- Checking your breasts



# Finding Breast Lumps

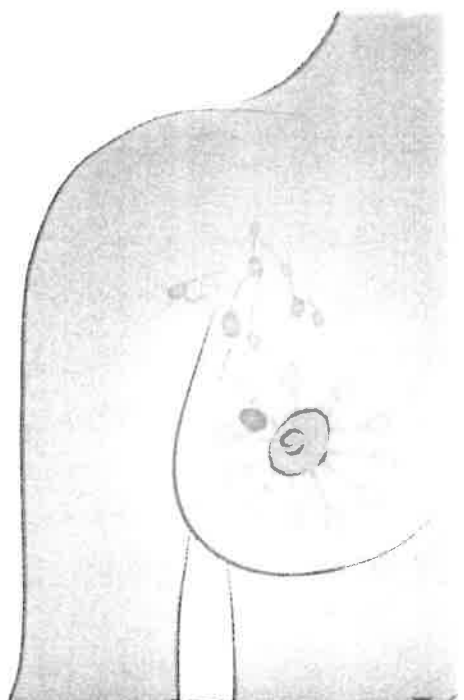


Mammograms can find lumps you can't feel.

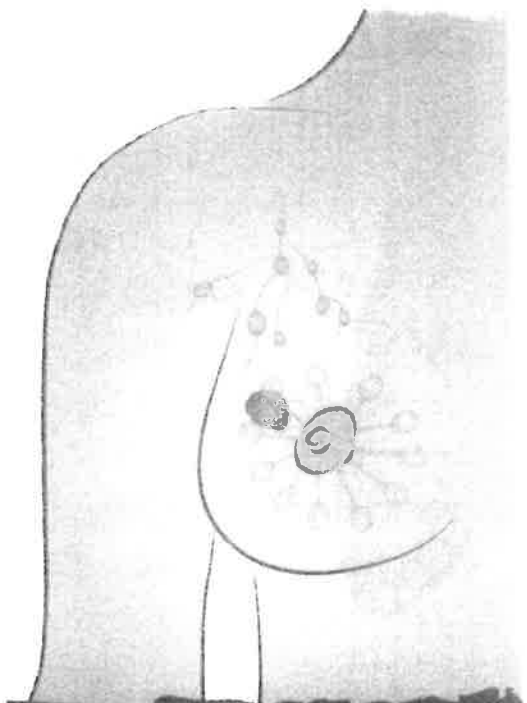
When women find lumps, they are usually found a lot bigger than the lump size that can be found with a mammogram.

Screening mammograms can find breast cancers when they are small, less likely to have spread and more likely to be treated successfully.

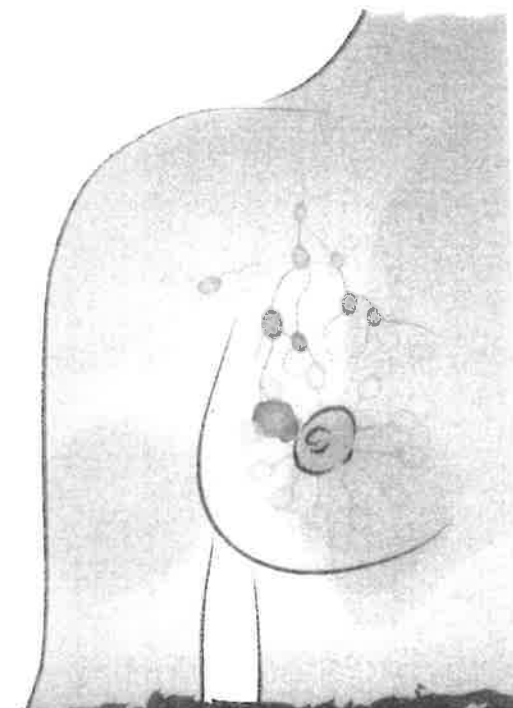
# Stages of Breast Cancer



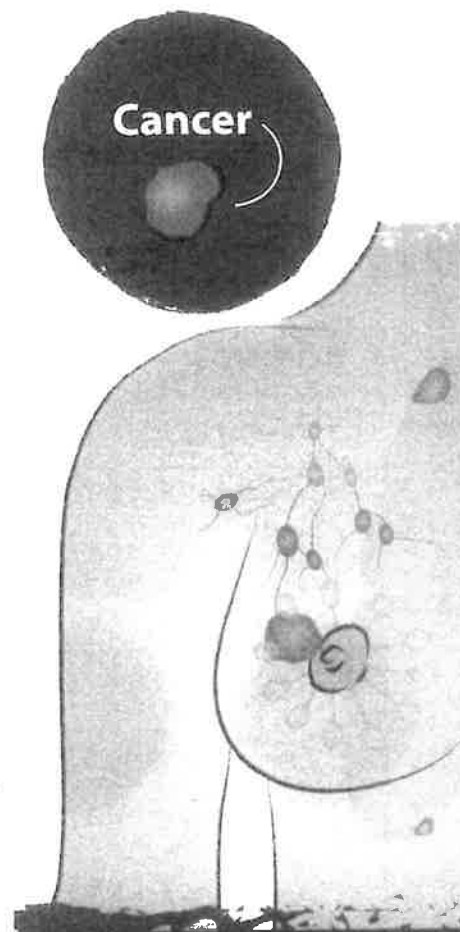
Stage 1



Stage 2

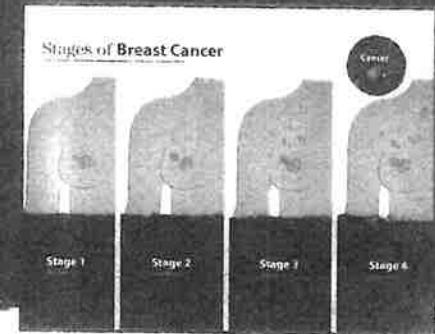


Stage 3



Stage 4

# Breast Cancer



\*Review the Stages of Breast Cancer poster

This is what breast cancer looks like.

Regular breast cancer screening is important because it can find cancer early when it may be smaller and easier to treat.

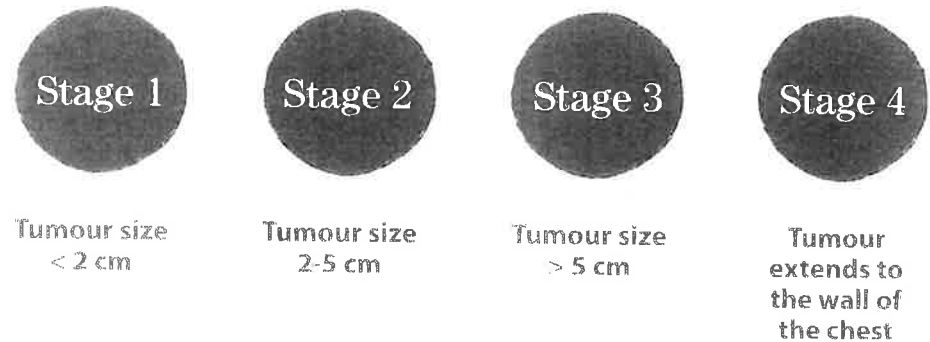
When First Nations, Inuit and Métis (FNIM) women are diagnosed with breast cancer, it will likely be at an advanced stage due to late detection, which means it may have spread to other parts of the body.

Risk factors for breast cancer are:

- being a woman,
- getting older,
- family history,
- having previous breast cancer,
- having dense breasts  
*(A breast is considered "dense" when it has a lot of glandular tissue (dense glands for protein and milk and supportive tissue))*

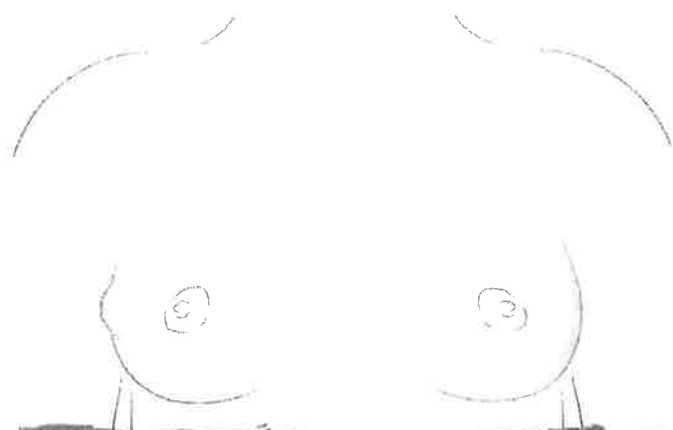
## Stages

There are 4 stages of breast cancer.



Stage 4 cancer is the most advanced form of cancer and is often the most difficult to treat.

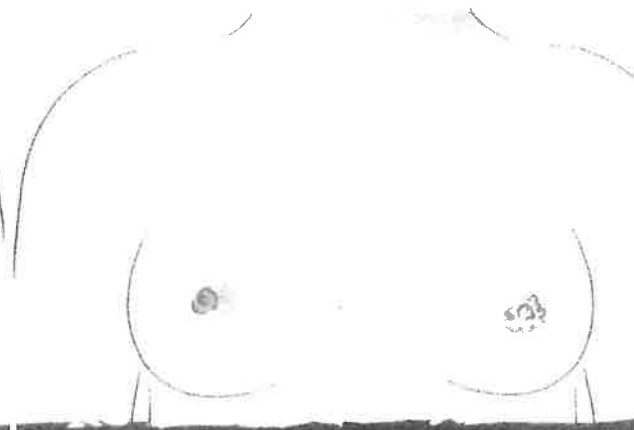
# Be Breast Aware



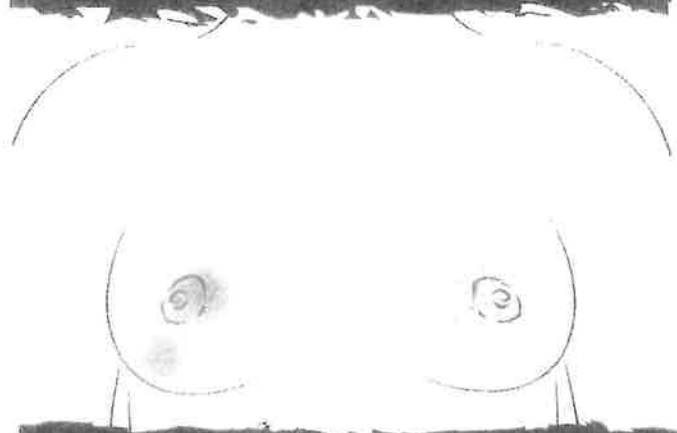
Lumping, thickening,  
or hardening of breast



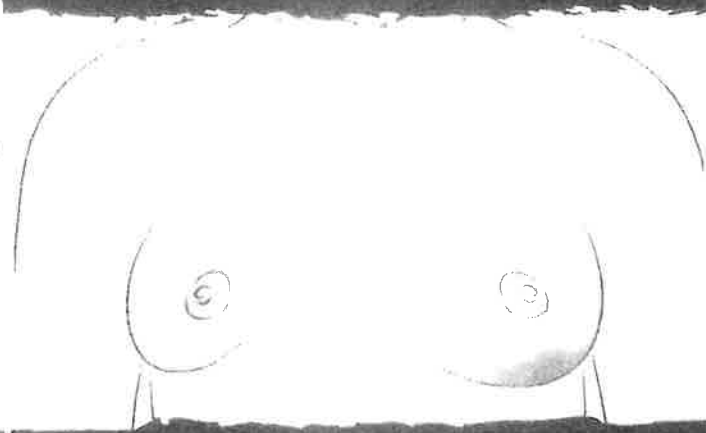
Dimpling or  
puckering of breast



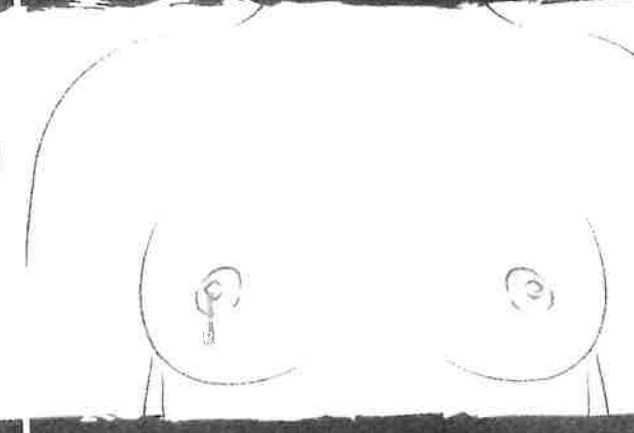
Change in size or  
shape of nipple



Appearance of rashes  
or redness

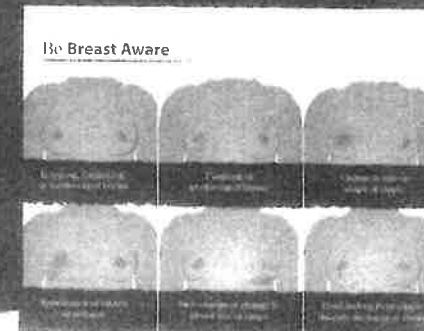


Skin change or change in  
breast size or shape



Fluid leaking from nipple  
(bloody discharge or clear)

# Breast Cancer Awareness



## Look for Changes

Know how your breasts normally look and feel so that you are more likely to notice any unusual changes.

---



\* Review the Be Breast Aware slide for symptoms of breast cancer.

## Symptoms

Lumps or thickening in the breast

---

Fluid leaking from the nipple

---

Redness

---

Dimpling or puckering

---

Skin change or change in breast size or shape

---

Nipple change

---

See your healthcare provider right away if you have these symptoms



**For those who may be in need of  
support:**

**National IRS Crisis Line: 1-866-925-4419**

**The Indian Residential School Survivors Society**

**toll free line: 1-888-301-6426**

**Crisis Service Canada: 1-833-456-4566 or text 45645**

**FN & Inuit Hope for Wellness Help Line:**

**1-855-242-3310**

**Native Youth Crisis Hotline: 1-877-209-1266**

**Kids Help Phone: 1-800-668-6868**

**or text 686868**



Indian Residential Schools  
**Day Scholars**

Day Scholars, you have until

**October 4, 2023**

to submit a claim

**Are YOU a Day Scholar  
eligible for compensation?**

Did you attend a Federal Indian Residential School during the day only and did not sleep there overnight? If so, you may be eligible for this settlement.



### **Survivor Class:**

#### **\$10,000 Day Scholar Compensation Payment.**

Each Day Scholar who attended a Federal Indian Residential School during the day only (but did not sleep there overnight) is eligible to apply for a \$10,000 Day Scholar Compensation Payment. In cases where the Day Scholar passed away on or after May 30, 2005, the deceased Day Scholar's estate Executor/Administrator/Trustee/Liquidator or if there is none, the highest priority heir may apply for the Day Scholar Compensation Payment.

#### **The deadline to submit a claim is October 4, 2023.**

1. It's important to understand the eligibility criteria before submitting a claim. There is a Claims Assessment Tool to help determine eligibility by answering a few simple questions. Individuals who are not sure if they are eligible

can visit [www.justicefordayscholars.com](http://www.justicefordayscholars.com)

and take the assessment reduces the chances of leaving out vital information, which could delay processing.

2. You can apply by submitting a claim online at [www.dayscholarsclaims.com](http://www.dayscholarsclaims.com). This is the quickest and most efficient way to submit a claim – it's automatically submitted and reduces the chances of leaving out vital information, which could delay processing.
3. If you choose to fill in a paper claim form, copies can be downloaded directly from [www.dayscholarsclaims.com](http://www.dayscholarsclaims.com) or;
4. Contact the Claims Administrator (Deloitte) at [dayscholarsclaims@deloitte.ca](mailto:dayscholarsclaims@deloitte.ca) or **1-877-877-5786** to request a paper claim form be mailed to you.

---

**Survivor Class and Descendant Class:** The settlement provides a \$50 million Day Scholars Revitalization Fund to support healing, wellness, education, language, culture, and commemoration for the benefit of Day Scholar Survivors and their Descendants. The Fund will be administered by the independent Day Scholars Revitalization Society. The process for applying for funding from the Day Scholars Revitalization Fund has not yet been set and will be available from the Day Scholars Revitalization Society once established.