

Eelunaapéewi Lahkéewiit

Wiingu-néewEénda-Lunaapeewáhkiing -Welcome to the land of the Delaware's

#### **NOTICE of Upcoming Meetings:**

#### **OPEN Council Meeting**

- TIME: 6:00 p.m.
- PLACE: Delaware Nation Community Centre

Open to Eelŭnaapéewi Lahkéewiit Members.

#### **OPEN Council Meeting**

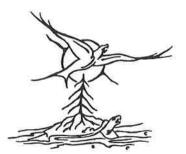
DATE:	Wednesday, February 19th, 2025
TIME:	6:00 p.m.
PLACE:	<b>Delaware Nation Community Centre</b>

Open to Eelŭnaapéewi Lahkéewiit Members.



<u>News Items Due:</u> Monday, February 3<sup>rd</sup>, 2025 by 4:00 PM <u>Next Publication Distributed:</u> Wednesday February 5<sup>th</sup>, 2025

Website www.delawarenation.on.ca



#### DELAWARE NATION COUNCIL

Moravian of the Thames Band

Phone: (519) 692-3936 Fax: (519) 692-5522 R.R. #3 THAMESVILLE, ON NOP 2K0

#### NOTICE

The Eelŭnaapéewi Lahkéewiit Delaware Nation Council gives notice to the public in general that they will not tolerate harassments or threats towards Eelŭnaapéewi Lahkéewiit (Delaware Nation) employees. All aggressive acts will be reported to the Police.

> Eelŭnaapéewi Lahkéewiit (Delaware Nation) Council

> > Adopted November 23 2017



#### <u>Eelŭnaapéewi Lahkéewiit</u> Chief and Council



#### **Revised Inspection Report**

#### **Accepting Bids for Renovations & Repairs**



ACCEPTING BIDS INFO AVAILABLE @ ADMINISTRATION OFFICE



INSPECTOR ON SITE 1PM HENDERSON PROPERTY



BIDS CLOSE 4PM DUE @ ADMINISTRATION OFFICE

Please submit Original Bids to : Mike Deleary, Director of Operations @ Administration Office

Please note: If you have already submitted a bid, you can leave that as is, OR you can resubmit with updated information.

## Drive Thru Lunch \*FREE\*

Date: Sunday, January 26th Time: 12:00pm-2:00pm Where: Moravian United Church



### Menu: corn soup, fry bread, dessert and a drink *125 Meals Available*

#### Everyone welcome!

Provided by Moravian United Church and Chatham-Kent Community Foundation

#### **ATTENTION CATERERS**

#### The Eelŭnaapéewi Lahkéewiit Council is seeking catering bids for the following:

EVENT:Retirement Dinner @5:00 p.m.LOCATION:Community CentreDATE:Tuesday, February 25, 2025NUMBER OF PEOPLE:150

#### MENU:

Turkey Mashed Potatoes Gravy Mixed Vegetables Rolls/butter Pasta with meat sauce Veggie Tray Dessert Water, pop

Caterer is responsible for clean-up.

Submit your sealed bid to: Administration office 14760 School house line Thamesville, ON NOP 2K0

MARKED: "Catering Bid – February 25, 2025"

DEADLINE DATE TO SUBMIT BID: 4:00 PM – Friday, February 07, 2025

## Please join us RETIREMENT Celebration

## In Honor Of FN/C Bernard Wieschorster Celebrating 35.5+ yrs with E.L.Police



Tuesday, February 25, 2025 @ 5pm Supper Community Centre

Everyone Welcome

## Post Secondary Application Deadlines:

### Fall (September – December) – May 1 Winter (January – April) – October 1 Spring/Summer (May – August) – March 1

New applications can be found and submitted online at:

www.delawarenation.on.ca

Should you have any question or comments please contact the office at 1-833-592-3949 or 519-350-5140

Eelŭnaapéewi Lahkéewiit 14753 School House Line Thamesville, ON NOP 2K0 P: 1-833-592-3949 F: 519-692-5951 <u>Post.secondary@delwarenation.on.ca</u> Education.manager@delawarenation.on.ca



## Lambton Kent District School Board

Want to be a High School Graduate?

#### Employment & Training Centre

Wednesdays

1:00 pm - 4:00 pm

We can help you earn Secondary School Credits (O.S.S.D.)

Free e-learning courses

- Free Self-study courses
- Computer Skills
- Upgrade your skills

#### What You Need:

- ✓ Photo identification
- ✓ Proof of current address
- ✓ Incentives available

#### 519-354-6100 x 5

#### Skills upgrading is available in our FREE Upgrading program

Apprenticeship Post Secondary Employment Independence

Individualized assistance

**Elevate your Education Experience!** 

## Canada





# Standard First Aid CPR/AED Level C

## **BE PREPARED TO SAVE A LIFE!**

**Standard First Aid** is designed for those who require a more in-depth understanding of first aid including: legal implications of first aid treatment, spinal injuries, heat or cold injuries, bone and joint injuries, chest injuries, and medical emergencies. Certificate is valid for 3 years. WSIB Approved.

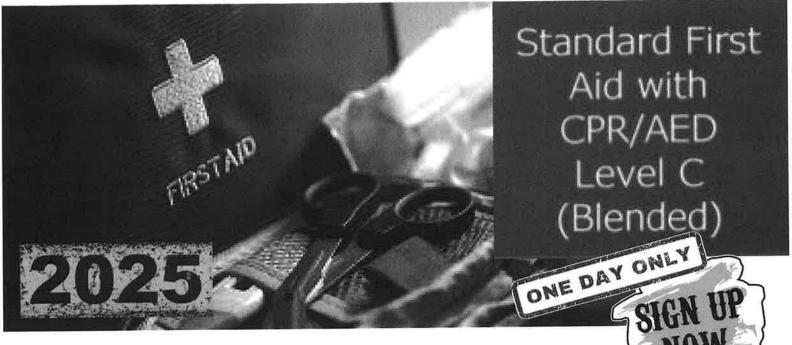
Date and Time: February 24 & February 25, 2025, 9am-4pm (Lunch included)

Location: Delaware Nation Community Centre - 14811 School House Line, Bothwell, ON

**To Register:** Contact Jon Snake Employment & Training Counsellor at Delaware Nation Training Centre Email - Training.Centre@delawarenation.on.ca Phone - 519-692-4175

FIRSTAID

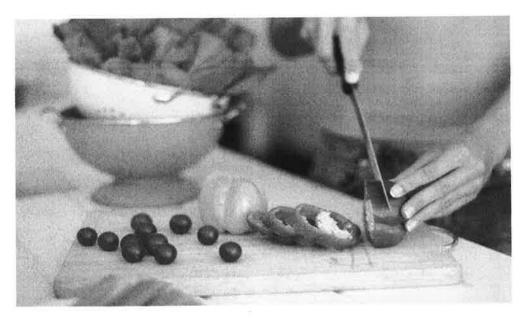




### **BE PREPARED TO SAVE A LIFE!**

Standard First Aid provides comprehensive more in-depth training covering all aspects of first aid and CPR 'C' & AED. Blended Learning reduces time in a class, plus you can learn at your own pace. Certification is valid for 3 years. WSIB Approved. \$160

Kettl	e Point	St. Th	nomas	TO REGISTER PICK A DATE,
Jan 12	4pm-10pm	Jan 12	9am-3pm	
Jan 20	4pm-10pm	Jan 20	9am-3pm	TIME & LOCATION
Jan 27	9am-3pm	Jan 27	4pm-10pm	Call/Text 519-318-5025
Feb 3	9am-3pm	Feb 3	4pm-10pm	docksedge@hotmail.com
Feb 23	4pm-10pm	Feb 23	9am-3pm	accine greene and a second sec
March 2	4pm-10pm	March 2	9am-3pm	
March 24	9am-3pm	March 24	4pm-10pm	***Contact to set up a class for your workplace
April 7	4pm-10pm	April 7	9am-3pm	
April 27	4pm-10pm	April 27	9am-3pm	church, facility, organization, school, friends &
May 4	9am-3pm	May 4	4pm-10pm	family or business
May 26	4pm-10pm	May 26	9am-3pm	***If you require HCP/BLS, inquire & we can ad
June 2	9am-3pm	June 2	4pm-10pm	this class on for a fee
June 22	4pm-10pm	June 22	9am-3pm	
July 7	4pm-10pm	July 7	9am-3pm	BACHCEBGE TI C
July 28	9am-3pm	July 28	4pm-10pm	DOCKSEDGE — Tina Sim
Aug 24	4pm-10pm	Aug 24	9am-3pm	
Aug 25	9am-3pm	Aug 25	4pm-10pm	Lifeguarding & Swim Instructor Courses
Sept 22	4pm-10pm	Sept 22	9am-3pm	First Ald Courses
Sept 29	9am-3pm	Sept 29	4pm-10pm	Call to set up a class for your
Oct 6	9am-3pm	Oct 6	4pm-10pm	workplace/church/facility/
Oct 26	4pm-10pm	Oct 26	9am-3pm	organization/school
Nov 3	9am-3pm	Nov 3	4pm-10pm	Call/Text 519-318-5025
Nov 23	4pm-10pm	Nov 23	9am-3pm	
Dec 1	9am-3pm	Dec 1	4pm-10pm	Docksedge@hotmail.com



## Safe Food Handling Certification

Where: Delaware Nation Employment & Training Boardroom

When: Thursday February 6th 2025

Time: 9am – 3pm (Lunch provided)

Please sign up by Friday January 31st at 4:00pm so that I can

get a clear number of participants attending. Thank You!

Employment & Training Centre Hours are 8:30am – 4:30pm

Closed 12pm – 1pm For any questions feel free to call

Jon Snake at (519)692-4175 or email:

Training.Centre@delawarenation.on.ca



# Coffee & **Creative Talks**

Join us for discussions on Lunáapeew language immersion. We will be talking about immersion around the "WH" questions: who, what, when, where, & why.

@Weelihtáakwahk 6:00 pm - 8:00 pm 4-sessions 22430 Littlejohn Road, Bothwell, ON **New Dates** January 13/25 January 27/25 bring an open February 10/25 mind and your Join us for February 24/25 ideas coffee, tea & cookies

For more information contact Brent Stonefish 519-784-6620 or brent.stonefish@delawarenation.on.ca



# January BREAKFAST CAFE

Thursday, Jan. 23 & 30

Turtle & Wolf Bus will pick any youth up at the community centre between 8:10am-8:20am for school



Lunches for JK- Gr6 may be picked up morning of Breakfast Cafe. Limited amount of lunches available. First Come first served.

\*\*Vehicles please be mindful of children getting on bus\*\*

Gr7  $\varepsilon$  Gr8 youth may stop by the Community Centre the afternoon before (22nd  $\varepsilon$  29th) to pick up a gift card from 2:30pm-4pm.

The Education Office will continue their monthly lunch gift card distribution for LKDSB  $\varepsilon$  SCCDSB registered High School students

Any questions please feel free to contact Eelunaapéewi Lahkéewiit Child & Family Services @519-692-9300



#### Location: Eelunaapéewi Lahkéewiit Child & Family Services

\* All people listed on application must reside at the residence
\* Must be a registered Delaware Nation Member
\* 1 application per month per household.
\* Must have status card(s) in hand for the first initial intake only.
\* In person intake only, no faxing or emailing applications.
\* You must come into the office each month to register for program
\* All gift cards must be picked up on the date and between the time advertised Any unpicked up cards will be given to another family in need.\*

\*\*\*\* Absolutely No Late applications will be accepted\*\*\*\*

In partnership with Ontario Works, Community Gaming Revenue Initiative and Eelanaapéewi Lahkéewiit Child & Family Services. Any questions please call 519-692-9300



NO LATE APPLICATIONS ACCEPTED. NATION MEMBER OR NOMINAL ROLL MUST BE REDISTERED DELAVARE one cara ket per household.



# D & FAMILY SERV **MAD-MAG** ð

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A SAMILY SITUATION

Sponsored by: Eelunaapéewi Lahkéewiit Child & Family Services & Ontario Works

## Concho Belt Making

## Saturday February 22, 2025 9:00AM-4:00PM

Continental breakfast & lunch provided

10 Participants Registration: Please call Child & Family Services @519-692-9300 to register

## Jordan's Principle LUNCH & LEARN Early Learning Centre

### Please register with Shawnee at (519) 692-3623 or at the ELC Building



Friday January 24, 2025



Time

12:00 p.m. - 1:00 p.m.

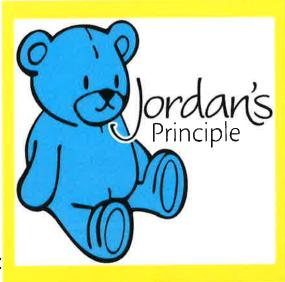


Eelūnaapèewii Lahkèewiit Early Learning Centre

Jordan's Principle Presentation including:

- History
- Application Process
- Eligibility
- Questions

Toni Lauzon, Jordan's Principle Manager Email: Toni.Lauzon@delawarenation.on.ca Cell: (519) 502-9548 Amanda Logan, Jordan's Principle Navigator Email: ALogan.Navigator@delawarenation.on.ca Cell: (519) 360-8857 Jaime Ann Whiteye, Jordan's Principle Navigator Email: JaimeAnn.Whiteye@delawarenation.on.ca Cell: (519) 437-0675





clothing, footwear, coats & miscellaneous items



## Friday February 14, 2025 12-1:30pm @Old vacant grocery store beside Child & Family Services





Sponsored By: Eelunaapeewi Lahkeewiit Child & Family Servicess





THURSDAY FEB 6 THURSDAY FEB 13 THURSDAY FEB 20

Turtle & Wolf Bus will pick any youth up at the community centre between 8:10am-8:20am for school



Lunches for JK- Gr6 may be picked up morning of Breakfast Cafe. Limited amount of lunches available. First Come first served.

\*\*Vehicles please be mindful of children getting on bus\*\*

Gr7 & Gr8 youth may stop by the Community Centre the afternoon before (5th, 12th, 19th) to pick up a gift card from 2:30pm-4pm.

The Education Office will continue their monthly lunch gift card distribution for LKDSB & SCCDSB registered High School students

Any questions please feel free to contact Eelunaapéewi Lahkéewiit Child & Family Services @519-692-9300



**Community Development Corporation** 

## UPCOMING EVENT

FEB WORKSHOPS Feb. 20 & 21 at 9:30 a.m.

MAR DUE DILIGENCE WORKSHOP Mar. 27 & 28 at 9:00 a.m.



LIKE US ON FACEBOOK https://www.facebook.com/TecumsehCDC/



## FEB 21, 2025 HANDS-ON WORKSHOP

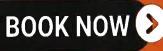
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Community Development Corporation

IN LONDON. INCLUDES BREAKFAST, SNACKS & LUNCH

Boost Your Visibility and Sales with Authentic Videos! Bring Your Laptops and Cell Phones! Produce Engaging Videos for Social Media, Websites, or Emails.

> Utilize How-To Checklists for REELS, and Livestreams!



Mary McGahey 519-332-5151 or mam@tcdc.on.ca



## TAKE YOUR WEBSITE, SEO & GOOGLE LISTING TO THE NEXT LEVEL!

Feb 20, 2025 HANDS-ON WORKSHOP London. O Breakfast, Snacks & Lunch Included



**Open To Wix Clients.** 

- Bring laptops.
- Learn how to update Wix websites.
- Access a video library for postworkshop updates.
- Acquire skills to enhance website SEO for improved visibility on Google.

Additionally, understand the significance of updating Google listings and the effective methods to do so.

BOOK NOW 🕟

Mary McGahey 519-332-5151 or mam@tcdc.on.ca

## Soup & Sandwich Day

## When: January 31, 2025 & February 19, 2025

## Where: DN Health Centre Board Room

## Time: 12:00pm -until gone



**Sponsored by DN Health Centre** 

Eellunaapeewi Lahkeewiit: Health Centre

**DUI** 

Dog Man Feb 2 @ 10 gm Captain America: Brave New World

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Snow White March 30 @ 10 am

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A Minecraft Movie April 6 @ 10 am Thunderbolts May 11 @ 10 am

Feb 16 @ 10 am

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ADMIT

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Mission Impossible May 25 @ 10 am

Lilo and Stitch June 1 @ 10 am Ballerina June 8 @ 10 am How to Train your Dragon June 15 @ 10 am

Non Band Members \$10 per movie Sign up Jan 3oth @ Health Centre Time: 2:00 p.m. til 5:00 p.m. No Transportation Provided One Day Sign up ONLY!

Any questions or comments cantact: Norma Loga 519-692-3969

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## SOAHAC, NEWBURY

Southwest Ontario Aboriginal Health Access Centre, Newbury now accepting NEW PATIENTS

## Intake forms available at SOAHAC in Newbury or DN Health Centre

SOAHAC, NEWBURY Contact: Phone #: 226-494-1858 Toll Free: 1-877-454-0753

DN Health Centre 519-692-3969



February 6, 2025 February 20, 2025

## Doors open at 5:00pm. Bingo starts @5:30 sharp!

Light Meal Provided

Limit 4 strips

AT DN COMMUNITY CENTRE

Made with PosterMyWall.com

## Friday February 14, 2025

Meal

START FROM 4-6PM OR TILL GONE

@ DELAWARE NATION COMMUNITY CENTRE

SPONSORED BY DELAWARE NATION HEALTH CENTRE



**POW WOW ZUMBA** 

WITH

#### LISA

TUESDAY, JANUARY 7, 2025 TUESDAY, JANUARY 14, 2025 TUESDAY, JANUARY 21, 2025 TUESDAY, JANUARY 28, 2025 5:00PM-6:00PM DELAWARE NATION HEALTH CENTRE \*\*LIMITED SPOTS AVAILABLE\*\* PLEASE CALL 519-692-3969 TO RESERVE YOUR SPOT

## HARM REDUCTION OUTREACH

MONDAY, FEBRUARY 10, 2025

4:00PM - 6:30PM

DELAWARE NATION HEALTH CENTRE

OUTREACH: INFORMATION ABOUT HARM REDUCTION SUPPLIES-DROP IN BOOTH, NARCAN KITS AVAILABLE

PLEASE CALL THE DELAWARE NATION HEALTH AT 519-692-3969 FOR MORE INFORMATION



Mitening

Teeth whitening is the process of lightening the colour of the human teeth from heavy stains. By removing stains and discolouration we can minimize risk of cavities and other dental problems

Sessions Available February 10th 9am-4pm Limited Spots Contact Delaware Nation Health Centre to Book

✤ KEEP YOUR TEETH AND ENAMEL HEALTHY

- 🔂 ELIMINATE NATURAL AND CHEMICAL DISCOLOURATION
- 🕂 IMMEDIATE SAFE RESULTS

Sublime Smiles

-----

- **\*\* PRODUCTS FROM THE DENTIST**
- \*\* BOOST SELF-ESTEEM AND CONFIDENCE

Use the power of massage and reflexology to soothe heal energize and excite.

Foot Massages

## Jennifer Kennedy R.M.T



Feb 5th and 6th, 2025

Call Health Centre to book Call: 519-692-3969

Made with PosterMyWall com



## **CHATHAM-KENT**

## **JANUARY 2025**

## MobileCare

— Community Health Outreach —

A team of healthcare providers travelling across Chatham-Kent in a clinic on wheels to provide care in your community.

No appointments are necessary. Free services include:

- Mental Health First Response
- Primary Care
- Community Referrals

In the event of a service disruption, we will post an update on social media @mobilecareck.

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1-866-299-7447 www.mobilecareclinic.ca @mobilecareCK

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MobileCa

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	30	31	1 1//	2	3
		New Years Eve Pleas Services Ur New Yea	New Years Day	Westover Treatment Centre 2 Victoria Road South, Thamesville 9:30am - 3:00pm	
	6	7	8	9 Nurse Services Unavailable	10
	Walpole Island Arena 770 Tecumseh Rd. 9:30am - 2:30pm	Walpole Island Arena 770 Tecumseh Rd. 9:30am - 3:00pm		Blenheim Memorial Arena 199 King St. 9:30am - 3:00pm	
	13	14	15	16	17
	Walpole Island Arena 770 Tecumseh Rd. 9:30am - 2:30pm	Wallaceburg Community Living 1100 Dufferin Ave. 9:30am - 3:00pm	<b>Dresden Arena</b> 1212 North St. 9:30am - 3:00pm	Chatham Victoria Park Place 215 Murray St. 9:30am - 11:30pm W.I.S.H. Centre 177 King St. E., Chatham 1:00pm - 3:00pm	
	20	21	22	23	24
	Walpole Island Arena 770 Tecumseh Rd. 9:30am - 2:30pm	Walpole Island Arena 770 Tecumseh Rd. 9:30am - 3:00pm		Delaware Community Centre 14811 School House Ln. 9:30am - 3:00pm	
	27	28	29	30	31
The second secon	Walpole Island Arena 770 Tecumseh Rd. 9:30am - 2:30pm	Wallaceburg Community Living 1100 Dufferin Ave. 9:30am - 3:00pm	Buxton National Historic Site 21975 AD Shadd Rd., 9:30am - 11:30am W.I.S.H. Centre 177 King St. E., Chatham 1:00pm - 3:00pm	Westover Treatment Centre 2 Victoria Road South, Thamesville 9:30am - 3:00pm	





## Foot care: A step toward good health

#### **Diabetes and your feet**

Diabetes can cause nerve damage (also known as diabetes peripheral neuropathy) and poor blood flow or circulation to the legs and feet (also known as peripheral arterial disease). As a result, people with diabetes are less likely to feel a foot injury, such as a blister or cut. Diabetes can make these injuries more difficult to heal. Unnoticed and untreated, even small foot injuries can quickly become infected, potentially leading to serious complications. Foot problems are very common in people with diabetes and can lead to serious complications. This fact sheet provides basic information about how diabetes affects your feet and what you can do to keep your feet healthy.

#### Daily foot care

As always, prevention is the best medicine. A good daily foot-care routine and good blood sugar control will help keep your feet healthy.

Start by assembling a foot-care kit containing nail clippers, nail file, lotion, and a non-breakable hand mirror. Having everything you need in one place makes it easier to follow this foot-care routine every day:

- Wash your feet in warm (not hot) water, using a mild soao. Don't soak your feet, as this can dry your skin.
- Dry your feet carefully, especially between your toes
- Thoroughly check your feet and between your toes to make sure there are no cuts, cracks, ingrown toenails, blisters, etc. Use a hand mirror to see the bottom of your feet, or ask someone else to check them for you.
- Clean cuts or scratches with mild soap and water, and cover with a dry dressing suitable for sensitive skin.
- Trim your toenalls straight across and file any sharp edges. Don't cut the nails too short.
- Apply a good lotion to your heels and soles. Wipe off excess lotion that is not absorbed. Don't put lotion between your toes, as the excessive moisture can promote infection.
- Wear fresh clean socks and well-fitting shoes every day. Whenever possible, wear white socks – if you have a cut or sore, the drainage will be easy to see.



#### When to see your doctor

If you have any corns (thick or hard skin on toes), calluses (thick skin on hottom of feet), in-grown toenails, warts or slivers, have them treated by your doctor or a foot-care specialist (such as a podiatrist, chiropodist or experienced footcare nurse). Do not try to treat them yourself.

If you have any swelling, warmth, redness or pain in your legs or feet, see your doctor or foot specialist right away.

Have your bare feet checked by your doctor at least once a year. In addition, ask your doctor to screen you for neuropathy and loss of circulation at least once a year.

Take your socks off at every diabetes-related visit to your doctor and ask him or her to inspect your feet.



#### **Best advice**

Do	Don't
Wear well-fitting shoes. They should be supportive, have low heels (less than 5 cm high) and should not rub or pinch. Shop at a reputable store with knowledgeable staff who can professionally fit your shoes.	Use over-the-counter medications to treat corns and warts. They are dangerous for people with diabetes.
Buy shoes in the late afternoon (since your feet swell slightly by then),	Wear anything tight around your legs, such as tight socks or knee-highs.
Wear socks at night if your feet get cold.	Ever go barefoot, even indoors. Consider buying a pair of well-fitting shoes that are just for indoors.
Elevate your feet when you are sitting	Put hot water bottles or heating pads on your feet
Wiggle your toes and move your ankles around for a few minutes several times a day to improve blood flow in your feet and legs.	Sit or cross your legs for long periods of time.
Exercise regularly to improve circulation.	Smoke, Smoking decreases circulation and healing, and significantly increases the risks of amputation.
Inspect your feet daily and in particular, feel for skin temperature differences between your feet.	Wear over -the- counter insoles - they can cause blisters if they are not right for your feet.

Contact Diabetes Canada for additional resources.



diabetes.ca | 1-800 BANTING (226-8464) | info@diabetes.ca

Diabetes Canada is making the invisible epidemic of diabetes visible and urgent. Eleven million Canadians have diabetes or prediabetes. Now is the time to End Diabetes - its health impacts as well as the blame, shame and misinformation associated with it. Diabetes Canada partners with Canadians to End Diabetes through education and support services, resources for health-care professionals, advocacy to governments, schools and workplaces, and, funding research to improve treatments and find a cure.

This document reflects the 2018 Diabetes Canada Clinical Practice Guidelines © 2018 The Canadian Diabetes Association. The Canadian Diabetes Association is the registered owner of the name Diabetes Canada. 112030 04/18

TWO-EYED SEEING CEREMONY RESPECT **HONEST WISDOM** TRAUMA INFORMED RELATIONAL WHOLISTIC IN HUMILITY TRUTH



#### CONTACT

#### **Hours of Operation:**

Monday to Friday 8:0 a.m. to 4:00 p.m. (excluding statutory holidays)

#### **Indigenous Transition Navigator**



(519) 352-6400 ext. 6589

indigenous.health@ckha.on.ca

### INDIGENOUS NAVIGATION **SERVICES**





#### WHAT IS AN ITN?

### WHAT CAN THE ITN DO?

The Indigenous Transition Navigator (ITN) is a position that works at CKHA's Chatham and Wallaceburg Sites.

The ITN is available to support Indigenous patients and their families during their stay at CKHA.

The goal of the ITN is to help make your hospital care and journey to wellness safe, comfortable, and less confusing.

The ITN is available to support your care journey and make it less stressful for you and your family.

Any member of your care team including your doctor or nurse can refer you to the ITN.

You can also request that the ITN is a part of your care team at any point during your care. The ITN is available to:

- Offer emotional and cultural support
- Create a respectful space and help to support the rest of your care team to provide care in a culturally safe way
- Be part of your care and discharge planning team
- Provide access to sacred care for you and your family
- Facilitate access to cultural healing practices
- Reconnect you with your Elder or spiritual care provider to ensure you have access to them during your care
- Connect you with language translation services
- Connect you to Indigenous Services in the community



#### How do I access ITN services?

If you self-identify as Indigenous and you are interested in receiving ITN services, you can speak to anyone on your healthcare team and ask that a referral be made on your behalf.

You, your family, or caregivers can also call the ITN to request support.

Having the Indigenous Transition Navigator as part of your care team creates a culturally safer space for you and your family while at CKHA.

One Team - Two Sites: Serving Chatham and Rural Kent Indigenous Services Services aux Canada Autochtones Canada Department of Indigenous Services Canada First Nations and Inuit Health Branch Environmental Public Health Services 6th Floor, Federal Building 457 Richmond Street London, Ontario N6A 3E3

PH (519) 645-5886 FX (519) 645-5169

January 10, 2025

Chief and Council Moravian of the Thames First Nation RR# 3 Thamesville, On. N0P 2K0

Dear Chief and Council:

# **Re: Water Analysis Result-Morovian of The Thames First Nation-WTP**

Water samples taken from the Morovian Health Centre on Jan 8, 2025 come out with sodium level 61.8mg/l. The result indicates that sodium level analysed is above 20 mg/L.

The guideline for sodium in the Guidelines for Canadian Drinking Water Quality and the standard for sodium in the Ontario Drinking Water Quality Standards is 20 mg/L for those on **sodium restricted diets** and 200 mg/L **for non-sodium restricted diets**. Sodium in drinking water is not considered to be toxic to a healthy person, however if someone is on a sodium restricted diet they should seek the advice of a physician. Please see the attached information sheet

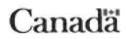
If you have any questions or comments, please do not hesitate to contact my office at (519) 645-5886 or my cell at 519-200-5260

Thanks

Maint himin

Mahendren Chinniah CPHI (C) Environmental Public Health Officer

cc. Water Treatment Plant Operator Community Health Representative Shaun Mackie, REPHM



### SODIUM IN DRINKING WATER

This fact sheet is intended to convey information about sodium levels in drinking water in Morovian Nation of Thames

The level of sodium in the WTP, Morovian of The Thames First Nation water system is 61.8 mg/L. The Aesthetic objective for sodium in drinking water is 200mg/L. However, when sodium levels is higher than 20mg/L local residents should be informed to help person with sodium restricted diets control their sodium intake.

This is bacteriologically safe water supply. Drinking up to two litres of water per day would contribute (61.8 mg/L x2 L) 123.6 milligrams of sodium to a person's diet. For healthy adults, this sodium level in drinking water *does not pose a risk.* Most adults consume 4000-5000mg of sodium per day. For people on very strict, strict or moderate sodium restricted diets, the amount of sodium in the water may be significant. (See chart below)

Your body needs sodium in order to maintain blood pressure, control fluid levels and for normal nerve and muscle function. Food or water is not the only source of sodium in our diets. Sodium also can be found in drugs such as antacids, laxatives, aspirin and cough medicines. Sodium also can be obtained from table salt. One teaspoon of table salt contains 2300mg of sodium.

	Maximum intake of sodium allowed per day	Amount of sodium in 2L of water
Very strict diet	500mg/day	123.6mg/day
Strict diet	1000mg/day	123.6 mg//day
Moderate diet	2000mg/day	123.6 mg/day
Mild Diet	3000mg/day	123.6 mg/day

Sodium Restricted Diet Summary

If you any questions about sodium in your drinking water, please consult your physician or call your health centre at:



# PLEASE CALL THE HEALTH CENTRE TO REGISTER BY FEB 3RD, 2025 (1 PER FAMILY)

Pick up will be February 13th at the Health Centre from 2:00pm-5:00pm

Sponsored By: Eelunaapéewi Lahkéewiit Health Centre



Job Summary

### LOCATION:

Delaware Nation Administration Office 14760 School House Line « R. R. #3 Thamesville, Ontario NOP2KO

#### **INDUSTRY:**

Public Works Maintenance and Weelateexung Nature Trail

JOB STATUS: Contract 35 hours per week 16 weeks

SALARY

\$20.00/hr.

# Eelūnaapéewi Lahkéewiit (Delaware Nation)

# Weelateexung Trail and Maintenance Worker(s)

The Delaware Nation Council is currently accepting applications for Weelateexung Nature Trail and Maintenance Workers, (2) positions within the Delaware Nation organization.

#### **SUPERVISION:**

The Weelateexung Trail and Maintenance Workers shall be under the supervision of the Public Works Manager.

#### **EMPLOYMENT CONDITIONS:**

Contract position

#### SCOPE

The Weelateexung Trail and Maintenance Workers will be responsible for the Trail development and maintenance in coordination with Public Works where applicable. Also maintaining the Weelateexung Trail, Walking trail, snow removal and other duties for Public Works.

### DUTIES & RESPONSIBILITIES (to include but not be limited to the following):

- Ensure grounds are maintained and kept clean of garbage and debris.
- Maintain daily records.
- Ensure signs are installed.
- Sign installation/and repair.
- Construction (building benches and docks etc.)
- Weed eating when necessary.
- Special Events (Powwow, Fair etc.) if needed
- Keep trucks and tractors clean (power wash etc.)
- Brush clearing and chainsaw cutting.
- Snow removal of trails (community and nature).

#### **OTHER DUTIES:**

• May be required to assist with other programs, services or projects as time permits (i.e. cemetery, cenotaph, ground maintenance, housing, etc.)

### **QUALIFICATIONS:**

- Familiarity with the Delaware Nation community
- Experience working with chainsaw and weed eater.
- Good communication skills.
- Must be willing to work flexible hours (nights, days, weekends) as required.
- Able to work in hot and cold temperatures
- Able to work independently
- G-License is an asset

Interested candidates, please submit Cover Letter, Résumé, and three current letters of reference (2 work & 1 personal) in a sealed envelope to:

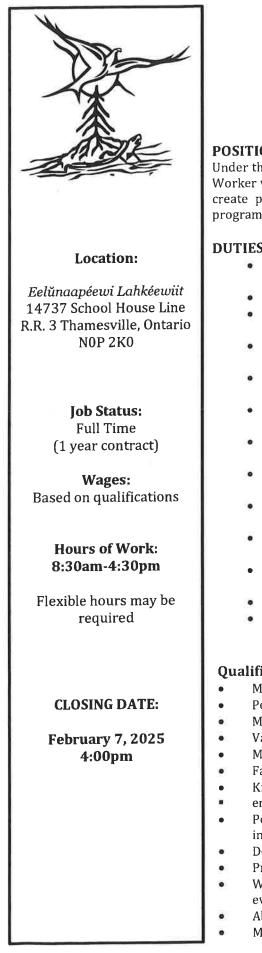
Mike Deleary, Director of Operations Delaware Nation Administration Office 14760 School House Line,

R. R. #3 Thamesville, Ontario N0P 2K0

Marked: CONFIDENTIAL

Closing Date: Thursday, February 06, 2025 @ 4:00 pm

Thank You to All That Apply, however, only those selected for an interview will be contacted.



# **Eelunaapeewi Lahkeewiit JOB POSTING**

Senior's Outreach Worker

**Department: Health Centre** 

# POSITION SUMMARY

Under the direction of the Home and Community Care Coordinator, the Senior's Outreach Worker will administer the Senior's drop-in Centre. The overall goal of the program is to create programming, facilitate meetings and discussions with the Senior's on future programming.

### **DUTIES AND RESPONSIBLITIES:**

- Responsible for the daily overall management of the Senior's Drop-in Centre building and grounds.
- Develop and monitor annual program work plan;
- Organize daily and/or weekly programming for the seniors, based on feedback from community seniors.
- Plan and deliver a culturally relevant seniors program focusing on all aspects of well-being; physical, mental, emotional and spiritual;
- Oversee any fundraising initiatives as discussed by seniors and implement targets to achieve fundraising goal.
- Develop partnerships with other programs and encourage sharing of resources within the Delaware Nation;
- Organize yearly special events for the seniors (Thanksgiving, Christmas, New Years, Grandparents Day, etc.)
- Facilitates and arranges the registration, bookings and travel arrangements for out-of-community events or outings.
- Maintain and report statistics including; number of clients assisted, number of workshop attendees
- Must adhere to common ethical standards of practice including client confidentiality
- Monitor proper records management of financial files and manages the senior's funding budgets and reports as required.
- Completes and prepares the final reports to Chief and Council on annual basis.
- Creates and prepares monthly calendar, notify seniors of events and prepare newsletter items.

# Qualifications

- Must have O.S.S.D Diploma or GED equivalent
- Post-Secondary certification in Gerontology, Elder Care or equivalent
- Must have First Aid and C.P.R Certificate
- Valid Ontario Driver's License and access to a reliable vehicle.
- Must provide a recent copy of CPIC with Vulnerable Sector Search.
- Familiarity of the Delaware Nation Language and Culture an asset
- Knowledge of MS Office (Word, Excel, PowerPoint), Internet search engines and
- email.
- Possess strong organizational, communication (verbal and written), listening and interpersonal skills.
- Demonstrated leadership and team work skills;
- Previous experience organizing and facilitating meetings
- Working with small and large groups, and organizing and planning activities and events.
- Ability to advocate for clients and relate to the senior community members
- Must sign Oath of Confidentiality

### All interested candidates, please submit a **Cover Letter and Résumé**, **3 Letters of Reference** (2 work related and 1 character) to:

Eelŭnaapéewi Lahkéewiit Administration Office 14760 School House Line R.R. 3 Thamesville, Ontario N0P 2K0

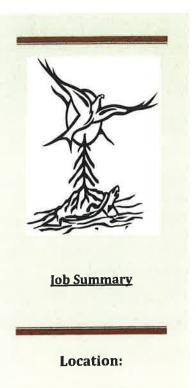
Marked: "Confidential:"

### LATE APPLICATIONS WILL NOT BE CONSIDERED.

Pursuant to Section 16(1) of the Canadian Human Rights Act, Eelunaapeewi Lahkeewiit gives preference to First Nation applications.

While we sincerely appreciate all applicants, only those candidates selected for interview will be contacted.

Please not the selected candidate will be required to submit a current CPIC/Vulnerable Sector Search and consent to a background reference check.



14811 School House Line Family Well-Being Centre R.R. 3 Thamesville, Ontario NOP 1C0

> **Job Status:** Full-time, 1 year Contract

Wages: Based on qualifications

#### **Hours of Work:**

8:30 am to 4:30 pm Flexible hours may be required including some evenings and weekends

### Interviews:

#### **CLOSING DATE:**

February 7, 2025 4:00 p.m.

# Eelŭnaapéewi Lahkéewiit (Delaware Nation) Job Description Family Well Being Worker

### **Department: Health Centre**

### **POSITION SUMMARY**

Under the direction of the Health Director, The Family Well-Being Worker will provide a key role in planning, developing and implementing family well-being education and activities and engaging community members to participate in health and social programs.

# DUTIES AND RESPONSIBLITIES: (Shall include but not limited to)

- Prepares and delivers family well-being promotion, education and prevention clinics, presentations and workshops to the Community.
- Works closely and supports the Health, Social and Education Team with the delivery of Family Well-Being promotion and prevention activities.
- Delivers individual and family sessions on family violence and well-being.
- Provides systems navigation and advocacy, when necessary.
- Facilitates family group culture-based workshops and life skills supports.
- Coordinates family action circles.
- Completes family wellness planning.
- Delivers programs for children and youth who have been exposed to or witnessed violence and programs to promote the health, wellbeing and integration of individuals who identify as lesbian, gay, bisexual, transgendered, queer, two-spirited and other sexual orientations within the context of the greater community.
- Facilitates peer support groups.
- Delivers workshops and supports for children, young adults, adults, elders, men, women and those who identify with a non-binary gender.
   Land-based youth and family programs.
- Develops proposals for additional Family Well-Being funding.
- Prepares reports for special projects initiated outside of normal responsibilities
- Collects reports and data for rollup that is comprehensive, accurate and systematic.
- Provide activity reports, time sheets, written reports and other requests as required
- Completes reports and statistics as required and those required by the funders.
- Liaise and interact with external governments, agencies and native organizations on health matters impacting Delaware Nation.
- Assists in conducting research, compiling data and preparing reports.

### **QUALIFICATIONS:**

- Social work/Social services Degree/Diploma/Certification from a recognized Community College/University and/or a combination of education and experience.
- Two (2) years' experience in the health or social services sectors.
- Must have current Infant/Child Cardio-Pulmonary Resuscitation (CPR), advanced First Aid
- Knowledgeable of a holistic approach to individual and Family Well-Being legislation, theories, practices and procedures as well as Traditional Medicine and medical terminology.
- Well-developed organizational, communication (verbal and written), listening and interpersonal skills.
- Knowledge of MS Office (Word, Excel, PowerPoint), Internet search engines and email.
- Demonstrated leadership qualities and work independently
- Ability to multi-task within respective deadlines.
- Must be reliable, punctual and committed in maintaining confidentiality.
- Friendly, helpful and enthusiastic attitude.
- Must be able to work effectively in a variety of settings and in a cross-cultural situation and be knowledgeable of the services available in the community.
- Ability to work in a team environment and independently depending on the circumstance.
- Valid Ontario Driver's License and access to a reliable vehicle.

# All interested candidates, please submit a Cover Letter (Outlining your qualifications as per job posting), Résumé and 3 Current References (names & contact numbers) (2 work related and 1 character) to:

Eelunaapeewi Lahkeewiit Administration Office 14760 School House Line R.R. 3 Thamesville, Ontario NOP 2K0

### Marked: "Confidential: FAMILY WELL-BEING WORKER"

### LATE APPLICATIONS WILL NOT BE CONSIDERED.

*Eelŭnaapéewi Lahkéewiit gives preference to First Nation applications as permitted by Section 16(1) of the Canadian Human Rights Act.* 

While we sincerely appreciate all applicants, only those candidates selected for interview will be contacted.

Please not the selected candidate will be required to submit a current CPIC/Vulnerable Sector Search and consent to a background reference check.



#### Job Summary

Location: Eelŭnaapéewi Lahkéewiit (Delaware Nation) Education Department 14753 School House Line Thamesville, Ontario NOP 2K0

Industry Education Dept.

Job Status: Part-time 15 hours per week April - June (school term)

Salary: TBD

# **Closing Date:**

Open until position is filled

# Eelŭnaapéewi Lahkéewiit (Delaware Nation) JOB POSTING

# **EDUCATION DEPARTMENT – 2 Bus Monitor**

The Delaware Nation Council is currently accepting applications for one Bus Monitor within the Delaware Nation Education Department.

### **SUPERVISION**

Reports to Education Manager.

### SUMMARY

The Bus Monitor manages and monitors student behavior while entering, riding and exiting the vehicle.

### EDUCATION DEPARTMENT VISION STATEMENT

Through the continuation of our Ancestral Teaching, we will develop respectful, confident individuals who will reflect the traditions and culture throughout their life's journey.

In pursuit of educational endeavors we will encourage and support Lunaapeew peoples to achieve a life-ling knowledge process that is relevant to their individual needs.

To stress the importance of education, we will foster a foundation that builds on our unique Lunaapeew history, culture, language, teachings and spirituality for all of our future generations.

### **DUTIES & RESPONSIBILITIES** (to include but not be limited to the following): **1. Safety During Transport**

- Ensure safety of students while entering, exiting and riding the vehicle.
- Assist students as needed to cross street to get to, or leave the vehicle.
- Attend to student's physical, medical or emotional needs while
- entering, riding, or exiting the vehicle.
  - Supervise student-seating arrangements.
- Foster and promote safe, positive and orderly environment during trips.

• Enforce Lambton-Kent District School Board bus rules and regulations governing student conduct.

• Follows approved emergency or evacuation procedures to assist students and driver during an emergency.

• Maintains safety, control and custody of students outside of vehicle during an emergency.

• Additional duties related to the safety of students and transport as requested by Education Manager.

### 2. Administrative

• Report and refer parent complaints to Education Manager.

• Immediately advise Education Manager of incidents, hazards, accidents or safety violations.

• Complete and maintain daily reports, logs or documentation as requested.

• Prepare and submit own timesheet

• Adhere to all personnel policies of the Delaware Nation and the Education Department.

### **QUALIFICATIONS (minimum)**

- Previous, recent experience with school aged children preferred.
- Current criminal reference check and Vulnerable Sector Search.
- Current C.P.R. and First Aid Certification or willingness to obtain within 30 days of hire.
- Knowledge of and ability to execute emergency and evacuation procedures.
- Proven verbal communication skills.
- Working knowledge of various computer software, email and Internet.
- Ability to calmly diffuse conflict or difficult situations.
- Ability to sign and comply with an Oath of Confidentiality and Delaware Nation Code of Ethics.

### **CLOSING DATE FOR APPLICATIONS:**

Interested candidates please submit a **Cover Letter, Résumé, and 3 current references (2 work related and 1 character)** in a sealed envelope to:

Mike Deleary - Director of Operations Eelŭnaapéewi Lahkéewiit (Delaware Nation) Administration Office 14760 School House Line, R. R. #3 Thamesville, Ontario NOP 2K0

### Marked: CONFIDENTIAL "Bus Monitor"

Must be hand-delivered or mailed Emails will not be accepted **Closing Date: Until filled** 

# Eelŭnaapéewi Lahkéewiit (Delaware Nation) Band Members are encouraged to apply.

Pursuant to Section 16(1) of the Canadian Human Rights Act, Eelŭnaapéewi Lahkéewiit gives preference to First Nation applications.

While we sincerely appreciate all applications, only those candidates selected for interview will be contacted.

Please note the selected candidate will be required to submit a current CPIC/Vulnerable Sector Search and consent to a background reference check.



Location:

Location: Eelŭnaapéewi Lahkéewiit Early Learning Centre 14762 School House Line R. R. #3 Thamesville, Ontario NOP 2K0

Industry Early Childhood Education

Job Status: 35 hours per week

Salary: \$21-\$25.00

**Closing Date:** 

**Open Until Filled** 

# Eelŭnaapéewi Lahkéewiit Job Posting Early Childhood Educator Job Description

**POSITION REPORTS TO:** The Early Childhood Educator shall be under the supervision of the Eelŭnaapéewi Lahkéewiit Early Learning Centre Director.

**Summary of Position**: The Early Childhood Educator will ensure the development and provision of a high quality, wholistic, culturally relevant and individual educational program. The Early childhood Educator will support and assist in all program service areas of the Eelŭnaapéewi Lahkéewiit Early Learning Centre

# **Program Delivery**

-Plans, implements and coordinates classroom activities

-Responsible for classroom management and instruction

-To provide for the safety and well being of the children during both on and offsite activities promoting the six components of Head Start

-Involves all staff in classroom operations by planning activities for individual children and groups according to the child's developmental level

-creating and planning activities for individual children and groups according to the child's developmental level in accordance with "How Does learning Happen?"

-Maintain regulated and required documentation, reporting and record keeping -Conduct monthly fire drills

-To organize space, equipment and materials to allow child experiences -Complete daily playground inspections

-Any other relevant duties as assigned by the Eelŭnaapéewi Lahkéewiit Early Learning Centre Director

### Administrative

-Develop and monitor an annual work plan and calendar
-Maintain active, accurate and confidential filing system
-To ensure daily recording of names, ages and parent/caregivers name, and making note of any special needs; e.g. developmental assessments, allergies, dietary concerns or other relevant matters.

-Designs learning activities utilizing the High Scope curriculum and assessment tool as well as other available resources.

-Attend meetings and training as requested by the Early Learning Centre Director

-Reports and documents parent concerns or critical incidents concerning the Early Learning Centre to the Early Learning Centre Director.

-Is aware of and adheres to the current policies and procedures of the Early Learning Centre Program, as well as be familiar with the Child Care and Early Years Act.

-Submit regular reports and maintain licensing requirements to the Director and complete any other reporting as required by funding and licensing sources.

# QUALIFICATIONS

-Early Childhood Education Diploma from an accredited post-secondary institution -Registered member of the College of Early Childhood Educators and in good standing -Experience working with Aboriginal children and their parents -Knowledge of the Lunaapeew Language and Culture would be an asset -High Scope or Resource Teacher would be an asset. -Strong interpersonal skills, excellent planning skills, excellent oral and written communication skills -Must be computer literate -Knowledge of the Aboriginal Head Start Initiative and its components -Knowledge of "How Does Learning Happen?" Ontario's Pedagogy for the Early Years is preferable -Ability to work cooperatively in a team approach and maintain confidentiality -Must be willing to take training as needed -Must possess Ontario driver's license -Must provide copy of recent criminal reference check with vulnerable sector search -Medical Certificate and First Aid/CPR due upon employment - Up to date immunization and records including COVID-19

### **TERMS OF POSITION**

Employment Term:	Full-time, 35 hours per week, One year Contract.
<u>Salary</u> :	Commensurate with qualifications and/or experience
Hours of Work:	Daily from 8:30 am to 4:30 pm (flexible hours required)

# **CLOSING DATE FOR APPLICATIONS**

# Interested candidates, please submit a **Cover Letter, Resume, and 3 references (2 work related & 1 personal)** to:

Mike Deleary, Director of Operations Eelŭnaapéewi Lahkéewiit Administration Office 14760 School House Line, Thamesville, Ontario NOP 2K0

# Marked: CONFIDENTIAL – Early Childhood Educator - Early Learning

Pursuant to Section 16(1) of the Canadian Human Rights Act, Eelŭnaapéewi Lahkéewiit gives preference to First Nation applications.

While we sincerely appreciate all applications, only those candidates selected for interview will be contacted.

Please note the selected candidate will be required to submit a current CPIC/Vulnerable Sector Search and consent to a background reference check.

### Eelŭnaapéewi Lahkéewiit Early Learning Centre / Teacher's Assistant **IOB POSTING**

POSITION REPORTS TO: The Teacher's Assistant shall be under the supervision of the Eelunaapeewi Lahkéewiit Early Learning Centre Director

### SUMMARY OF POSITION:

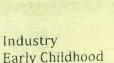
The Teaching Assistant will ensure the development and provision of a high quality, wholistic, culturally relevant and individual educational program. The Teacher Assistant will support and assist in all program service areas of the Eelŭnaapéewi Lahkéewiit Learning Early Centre

### PROGRAM DELIVERY:

- Follows through with the Child Care Licensing Manual and the Head Start • Mandate
- Plans, implements and coordinates classroom activities
- Responsible for classroom management and instruction •
- To provide for the safety and wellbeing of the children during both on ۲ and off-site activities promoting the six components of Head Start
- Ability to communicate effectively and Professionally to parents, staff and community partners
- Creating and planning activities for individual children and groups • according to the child's developmental level in accordance with "How Does Learning Happen?"
- Maintain regulated and required documentation, reporting and record • keeping
- To organize space, equipment and materials to allow child experiences
- Complete daily playground inspections
- Any other relevant duties as assigned by the Eelŭnaapéewi Lahkéewiit Early Learning Centre Director

### **ADMINISTRATIVE:**

- Develop and monitor an annual work plan and calendar ۲
- To ensure daily recording of names, ages and parent/caregivers name, allergies, dietary concerns or other relevant matters
- Designs learning activities utilizing the High Scope curriculum and assessment tool as well as other available resources.
- Attend meetings and training as required by the Early Learning Centre Director
- Submit regular reports and maintain licensing requirements to the Director and complete any other reporting as required by funding and licensing sources.
- Maintain active, accurate and confidential filing system .
- Is aware of and adheres to the current policies and procedures of the Eelunaapeewi Lahkéewiit, Early Learning Program as well as be familiar with the Child Care and Early Years Act.



Location:

Eelunaapeewi Lahkeewiit

14762 School House Line

R.R. 3 Thameville, Ontario

Education

NOP 2KO

**Job Status:** 35 hours per week ONE YEAR CONTRACT

Salary: TBD

> **CLOSING DATE: Until Position is Filled**

### **QUALIFICATIONS:**

- Early Childhood Education Diploma from an accredited post-secondary institution preferred
- Experience working with Aboriginal children, their parents and their communities
- Knowledge of the Lunaapeew Language and Culture would be an asset
- Strong interpersonal skills, excellent planning skills, excellent oral and written communication skills
- Must be computer literate
- Ability to work cooperatively in a team approach and maintain confidentiality
- Must be willing to take training as needed
- Ability to work flexible hours
- Must provide copy of recent criminal reference check with vulnerable sector search
- Medical Certificate and First Aid/CPR due upon employment
- Ontario driver's license would be an asset

### **TERMS OF POSITION:**

Employment Term:	Hours: 35 hours/week.
Salary	Commensurate with qualification and/or experience
Hours of Work:	Daily from 8:30 am to 4:430 (flexible hours required)

### **CLOSING DATE FOR APPLICATIONS**

# Interested candidates please submit a Cover Letter, Résumé, and 3 references (2 work related and 1 character) to:

Eelŭnaapéewi Lahkéewiit (Delaware Nation) Administration 14760 School House Line, R. R. #3 Thamesville, Ontario NOP 2K0

# Marked: CONFIDENTIAL "ELC/Teaching Assistant"

Closing Date: Until Position is Filled

# DELAWARE NATION BAND MEMBERS ARE ENCOURAGED TO APPLY.

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Pursuant to section 16(1) of the Canadian Human Rights Act, Eelŭnaapéewi Lahkéewiit gives preference to First Nation Applications.

While we sincerely appreciate all applications, only those candidates selected for interview will be contacted.

Please note the selected candidate will be required to submit a current CPIC and consent to a background reference check.