

### Telunaapéewi Lahkéewiit

Wiingu-néew Eénda-Lunaapeewáhkiing - Welcome to the land of the Delaware's

### SAVE THE DATE (%)

Les Timothy Golf Tournament June 06 2025

### **Congratulations**



LeRoy and Pat Tobias are thrilled to announce that they are now great-grandparents. Baby Casey Jane was born January 17th. Proud grandparents are Todd and Lesa Tobias. Great-aunt Andrea is happily showing off her great niece's pictures. Jason and Tobi are feeling old to be great uncles. Thank you to the creator for giving us this healing gift.

Pat Tobias

### Anúshiik

Serena, I want to take this time to express my gratitude for your assistance this past two weeks, while I was away on annual leave.

Colleen

### **OPEN Council Meeting**

DATE: Wednesday, April 16th, 2025

TIME: 6:00 p.m.

**PLACE: Delaware Nation Community Centre** 

Open to Eelŭnaapéewi Lahkéewiit Members.



<u>News Items Due:</u> Monday, <u>April 14th, 2025 by 4:00 PM</u> <u>Next Publication Distributed:</u> Wednesday April 16th, 2025



## Eelūnaapéewi Lahkèewiit (Delaware Nation)

### **General Council Meeting:**

DATE:

Saturday, April 26<sup>th</sup>, 2025

TIME:

9:00a.m.

LOCATION: Eelūnaapéewi Lahkèewiit

**Community Centre** 

If you have an Agenda item, please submit your written request to, Cathy Stonefish, Executive Assistant, **Delaware Nation Administration Office** 

By: 4:00pm on Friday, April 11, 2025

Or via email:

Cathy.Stonefish@delawarenation.on.ca

Anushiik.

Open to Eelūnaapéewi Lahkèewiit Members

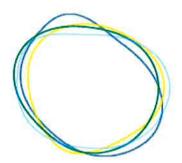


### **Update**

### **Indian Day Schools Class Action**

Make sure your Claim can be processed Submit any missing information by June 27, 2025.

Call the Administrator at <u>1.888.221.2898</u> to check on the status of your Claim. The Administrator will let you know what information is required to complete your Claim.



**Attached more information** 



March 11, 2025

Delaware Nation 14760 School House Line, RR#3 Thamesville, ON N0P 2K0

Re: Indian Day School Class Action – Deadline to Submit Missing Information: June 27, 2025

Dear Chief Logan,

As Class Counsel for the Federal Indian Day School Class Action, Gowling WLG has provided free legal support to claimants since January 13, 2020 under the court-approved Settlement Agreement. Although the extended claims period closed on January 13, 2023, nearly 17,700 claimants have not had their claims processed by the Claims Administrator due to missing information on their Claim Form.

To address these incomplete claims, the Federal Court has established a deadline of **June 27, 2025** for claimants to submit any required missing information. **Claims that remain incomplete after this date may be deemed ineligible**.

Please note that **new claims cannot be filed**, as the three-year claims period closed more than two years ago.

#### **Actions for Claimants to Take:**

- 1. Check Claim Status: Claimants should call the Claims Administrator at 1-888-221-2898 to confirm their claim status and determine whether any additional information is needed.
- 2. Submit Missing Information Promptly: Claimants must provide all required details as soon as possible to avoid ineligibility.

### **Support Available for Claimants:**

- Free Legal Assistance: Claimants can contact 1-844-539-3815 for legal guidance provided by Class Counsel.
- 24/7 Mental Health Support: Emotional and mental wellness resources are available through Hope for Wellness at 1-855-242-3310 or online at <a href="https://www.HopeForWellness.ca">www.HopeForWellness.ca</a>.

Please do not hesitate to contact us with any questions.

Sincerely,

Gowling WLG (Canada) LLP

Cam Cameron

per. Con Comme

Day School Settlement Implementation Lead



### Eelunaapeewi Lahkéewiit

### **Public Works Department**

Date: April 4, 2025

### **Wood Chips**

The Public Works Department would like **to Thank all the people** in our community that claimed the wood chips. This process is much easier then burning them and environmentally safe. These wood chips were left over from the Young Forestry Services program. Also, there are no longer any wood chips left at the Public Works site.

Anushiik,

**Public Works Department** 

### Anúshiik!



On behalf of my family, I wanted to take a moment to express our heartfelt thanks for all of the hard work that went into the planning and implementing of the trip to Ohio (Gnadenhutten and Shoenbrunn Village). It truly meant a lot to myself and my family to be able to attend the ceremonies on the 243rd anniversary and we were incredibly grateful to be able to bring our children and teach them about the history of our people. It was so amazing to see our Lunapeew community in Ribbon Skirts and Shirts; special shout out to the language department for providing the space and knowledge for the youth to create their own Ribbon Shirt/Skirt and Education for supplying the materials. They wore them with pride and now know how to say Yóh lúnih takwalooníikan (pass the scissors) among other phrases.

Íiyaach ktapíhna! (We are still here!) Jennifer Kennedy (Noah)







GATHERING OUR COMMUNITY FOR A

# ROUND DANCE

FRIDAY APRIL 4TH, 2025 TIME: 5:00 - 10:00 P.M.

@ EELÜNAAPÉEWI LAHKÉEWIT COMMUNITY CENTRE 14811 SCHOOLHOUSE LINE EVERYONE IS

FEAST WILL Begin @ 5:30 p.m.

**EMCEE: JOHN "MEEG" SNAKE** 

STICKMAN: RAY DELEARY

**MATTHEW ISAAC** 

WILLIAM "NODIN" COTTRELLE HUNTER SHIPMAN WHITE-LIGHTNING CLARK CARSON "BEEGA" KIYOSHK

ASHTON SHIPMAN
SHELDON PRIMEAUX
STYLES SHIPMAN

ALL SINGERS WELCOME & WILL BE ACKNOWLEDGED

DRUG & ALCOHOL FREE EVENT

SPONSORED BY: EELÜNAAPÉEWI LAHKÉEWIIT EARLY LEARNING CENTRE

## PARENTING CLASSES

2025

April

2

**Nobody's Perfect Parenting Program** 

@ COMMUNITY CENTRE 10:00 - 12:00 Lunch provided

**Nobody's Perfect Parenting Program** 

@ COMMUNITY CENTRE 10:00 - 12:00 Lunch provided 9

April

April

16

**Nobody's Perfect Parenting Program** 

@ COMMUNITY CENTRE 10:00 - 12:00 Lunch provided

TO BE DETERMINED

@ COMMUNITY CENTRE 10:00 - 12:00 Lunch provided 23 April

Must arrive BEFORE 10:30 to be eligible for incentives

\*NO EXCEPTIONS\*

In partnership with Eelünaapéewi Lahkéewiit Child & Family Services, Early Learning Centre and Ontario

Works



## Breakfast Cafe

April 3rd, 17th & 24th



7:30AM - 9AM

©Community Centre

Turtle & Wolf Bus will pick any youth up at the community centre between 8:10am-8:20am for school



Lunches for JK- Gr6 may be picked up morning of Breakfast Cafe. Limited amount of lunches available. First Come first served.

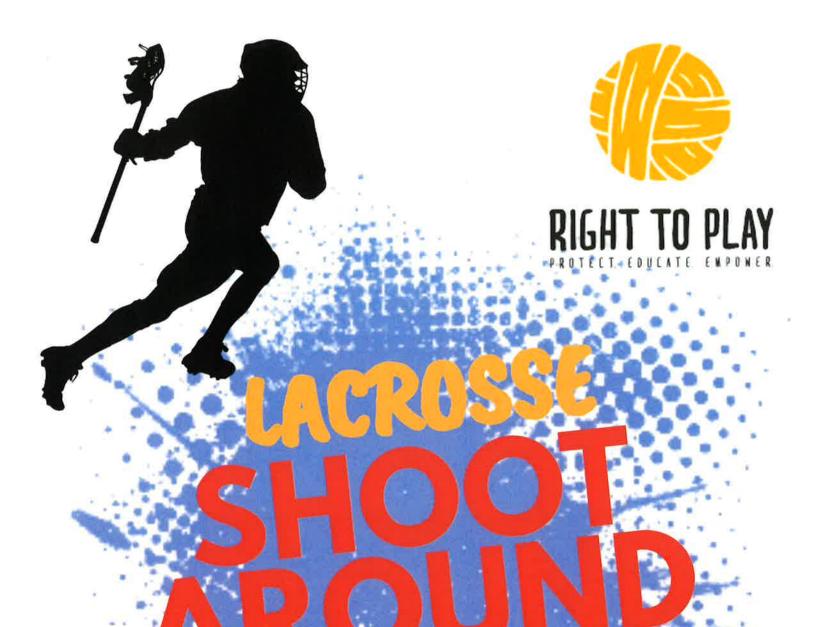
\* Vehicles please be mindful & cautious of children getting on the bus\*

Get a Get youth may step by the Community Centre the afternoon before ( 2nd, lbth, 2bth) to pick up a gift card from 250 pm-Upm.

The Education Office will continue their monthly back giff card distribution for LKDSB a SCCDSB registered High School students



Any questions please feel free to contact Eelunaapéewi Lahkéewiit Child & Family Services
@519-692-9300



WEDNESDAYS STARTING APRIL 9TH, 4:30PM -6:30PM

**WEATHER PERMITTED** 

**OPEN TO THE COMMUNITY** 

# COME TRY PICKLEBALL PICKLEBALL

OPEN TO YOUTH GRADE 3 +



MONDAY
APRIL 21ST
4:30 PM - 6:30 PM

@ COMMUNITY CENTRE

FOR MORE INFORMATION PLEASE CONTACT CHILD & FAMILY SERVICES AND/OR GARRETTE STONEFISH @ 519 503-9133













## Youth Open Gym

### **Sports**

Games

**Art Station** 

Friendship Bracelets





April 11th

April 18th

April 25th

4:30pm-6:30pm

@Community Centre





OPEN TO ALL COMMUNITY MEMBERS COME OUT AND GET SOME EXERCISE

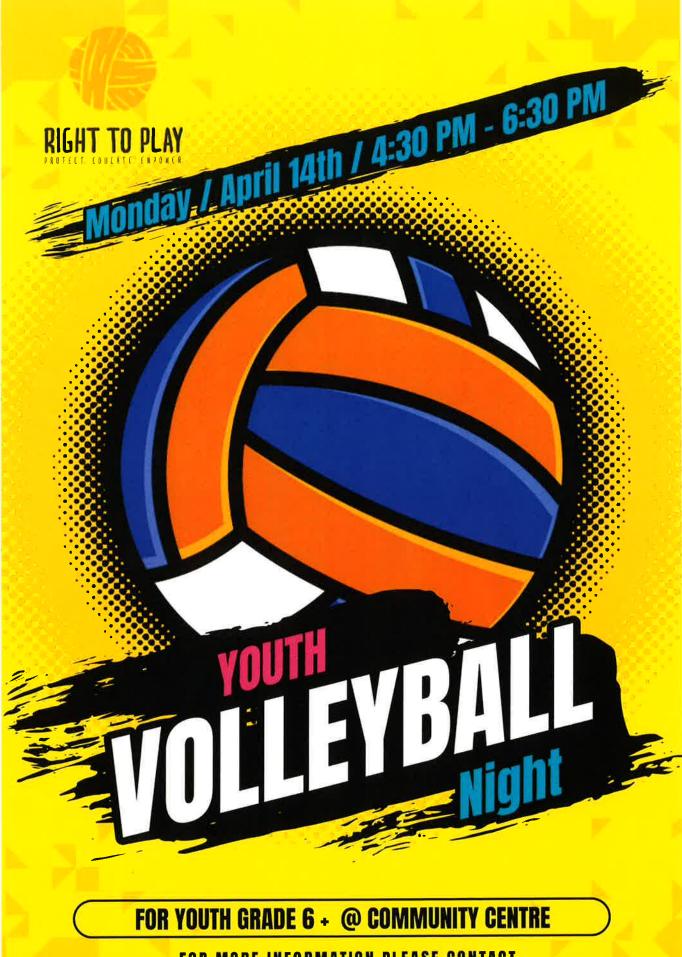
TUESDAYS STARTING APRIL 15TH AT 430PM



WEATHER PERMITTED

WE WILL MEET UNDER THE PAVILION AT THE COMMUNITY CENTRE

FOR MORE INFORMATION PLEASE CONTACT CHILD & FAMILY SERVICES OR GARRETTE STONEFISH - 519 503-9133



FOR MORE INFORMATION PLEASE CONTACT CHILD AND FAMILY SERVICES AND/OR GARRETTE STONEFISH @ 519 503 - 9133



### Need a hand to prepare your tax return?

Volunteers can help you prepare your income tax and be refit return if you have low income and a simple tax situation. Volunteers are not employees or volunteers of the Canada Revenue Agency. Remember to bing all your tax slips and forms with you.

### Tax clinic:

Delaware Nation Employment & Training
Centre

Thursday April 3<sup>rd</sup> & Friday April 4<sup>th</sup>

9:00am – 4:00pm

**Not Closed For Lunch** 

www.cra.gc.ca/volunteer 1-800-959-8281



Any Youth interested in taking Driver's Education

Can come and fill out a Participant Form at the Training Centre

I am still working on when it will start

I will have more information on the next Delaware Newsletter

Any Questions please call Jon at (519)692-4175

Or email:

Training.Centre@delawarenation. on.ca

## SIN Clinic

A Service Canada Representative will be here at the Training Centre on April 23<sup>rd</sup> 10:30 am – 3:00pm to issue Social Insurance Numbers or answer questions regarding applications

### **Primary Identity document**

Documents needed for a SIN number will be the following:

- Birth certificate issued by the vital statistics agency in the province or territory of birth
- Certificate of Canadian Citizenship issued by IRCC or CIC
- Certificate of Registration of Birth abroad issued by CIC before 1977

### **Secondary document**

- A passport (Canadian or foreign)
- A Canadian provincial or territorial ID card or driver's license
- Any other Canadian government-issued ID heath card, Driver's license
- Certificate of Indian Status (Band card)

Any questions please contact Jon Snake at the Training centre (519) 692-4175 or email: Training.Centre@delawarenation.on.ca

### Join us For:

### **Beginner/& Intermediate Computer Training**

## Employment & Training Centre

6 Wednesdays

April 9 - May 14

12:00 pm - 4:00 pm

### **Lunch Provided**

- email and internet safety
- create signs, flyers, letters
- create schedules and budgets
- find free online training



## Contact the Employment & Training Centre

519-692-4175

Training.Centre@delawarenation.on.ca

Space is Limited to 10 For adults 18-65

**Elevate your Education Experience!** 







# DELAWARE NATION EMPLOYMENT AND TRAINING JOB BOARD

For the Week of April 2<sup>nd</sup>, 2025

LISTING OF EMPLOYMENT OPPORTUNITIES IN THE AREA FROM INDEED.COM. TO SEE A FULL DESCRIPTION PLEASE CHECK OUT INDEED ON THE COMPUTERS AT THE TRAINING CENTER

POSITION	LOCATION	EMPLOYER	SALARY	FT/PT	CLOSING DATE
Lab Patient Technician	Chatham Kent	Life Labs	\$24.87- \$29.04/hr	FT	N/A
Water Pump Technician (Fly- in Fly-out)	Canada	Bullitt Staffing Inc.	\$55/hr	FT	N/A
AZ Flatbed Driver – Direct Hire	Chatham Kent	Trukker a TPI Company	\$30/hr	FT	N/A
Junior Service Advisor	Chatham Kent	Chatham Toyota	\$40,000- \$60,000/year	FT	N/A
DZ Driver	Tilbury	Hensall Co- operative	Neg.	FT	N/A
Labourer	Ontario	Morgan Construction & Environmental Ltd.	Neg.	FT	N/A
Front End Loader	Ontario	Morgan Construction & Environmental Ltd.	\$30-\$35/hr	FT	N/A
AZ Driver Apprentice	Chatham Kent	Ekkinox	\$37,000- \$60,000/year	FT	N/A
Wind Turbine Maintenance Technician	Tilbury	Boralex	\$30-\$48/hr	FT	N/A
AZ Delivery Driver	Chatham Kent	Evan's Wholesale	\$24-\$26/hr	FT	N/A
Forklift Operator	Chatham Kent	Express Employment Professionals	From \$20/hr	FT	N/A
Plumber	Chatham Kent	Postma Heating and Cooling	From \$37/hr	FT	N/A

# DELAWARE NATION EMPLOYMENT AND TRAINING JOB BOARD

For the Week of April 2<sup>nd</sup>, 2025

LISTING OF EMPLOYMENT OPPORTUNITIES IN THE AREA FROM INDEED.COM. TO SEE A FULL DESCRIPTION PLEASE CHECK OUT INDEED ON THE COMPUTERS AT THE TRAINING CENTER

POSITION	LOCATION	EMPLOYER	SALARY	FT/PT	CLOSING DATE
Retail Sale's Associate	Chatham	Tom's	\$17.20-	FT	N/A
	Kent	Appliances	\$21.57/hr		
Janitor/Cleaner	Chatham	Maple City	\$17.20-	FT	N/A
	Kent	Country Club	\$20.00/hr		
Production Line Operator	Blenheim	Woodbridge	\$23.05-	FT	N/A
·		Foam Corp.	\$25.05/hr		
Human Resource Generalist	Chatham	Neighbourly	Neg.	FT	N/A
	Kent	Care Home	_		
		Health			
		Services			
Concrete Finisher	Chatham	Melillo	\$23-\$30/hr	FT	N/A
	Kent	Concrete			
Production Operator	Tilbury	Autoliv Canada	\$19.45-	FT	N/A
·		Inc.	\$27.13/hr		
Fence	Chatham	Simpson's	\$20-\$23/hr	FT	N/A
Installer/Labourer/Warehouse Worker	Kent	Fence			
Vac Truck Driver/Operator	Chatham K	Clarke	\$25.53-	FT	N/A
		Construction	\$32.39/hr		
Seasonal Operator with DZ	Thamesville	Agris Co-op ltd.	Neg	FT	N/A
Rona Associate	Rodney	Rodney Rona	\$17.20/hr	FT	N/A
Student Production Operator	Blenheim	Woodbridge	\$20-\$25/hr	FT	N/A
		Foam Corp.			
Front End Loader Operator	Ontario	Morgan	\$30-\$35/hr	FT	N/A
		Construction			
HR Assistant	Chatham	Clarke	\$22-	FT	N/A
	Kent	Construction	\$33.52/hr		

# SAVETHE DATE



OCTOBER 22-23, 2025
ONEIDA COMMUNITY CENTRE
2017 BALLPARK RD, SOUTHWOLD, ON
NOL 2GO



### 23RD ANNUAL ABORIGINAL YOUTH CAREER AWARENESS FAIR

Hosted by Oneida Nation of the Thames

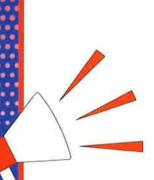
Teachers please contact your local Employment & Training office for more info

First Nations:

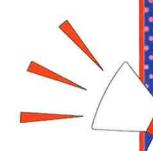
Aamjiwaang First Nation \* Caldwell First Nation \* Chippewas of Kettle & Stony Point \* Eelünaapeewii Lahkéewiit \* Munsee-Delaware Nation \* Oneida Nation \* Walpole Island First



VENDORS, PLEASE CONTACT SHAOLIN ANTONE shaolin.antone@oneida.on.ca



## CALL FOR FIRST NATION VENDORS



The Association of Iroquois & Allied Indians are seeking First Nation vendors to come to our Language and Land-Based Gathering.

Our host community is Eelünaapéewi Lahkéewiit (Delaware Nation).

SPACE IS LIMITED.

APPLICATION DEADLINE: FRIDAY, APRIL 25, 2025

### TO APPLY/REGISTER:

https://forms.office.com/r/xaH6hym6sE



### Questions?

Ashley Timothy, LL Coordinator
(Atimothy@aiai.on.ca)
OR

Ashley King, EPP Lead (Aking@aiai.on.ca)



### APPLICABLE DATES:

Wednesday, May 14th, 2025 To Thursday, May 15th, 2025

@ Delaware Nation's Community Centre





















## FRSTBALL REGISTRATION

Registration Date & First Practice

MONDAY APRIL 14

**U11** Youth ages 9 and 10 years old

**U15** 

Youth ages 13 to 15 years old

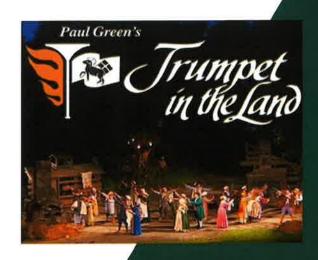
Practice time: 5pm-6pm

Practice time: 6pm-7pm

If you have any questions contact Kalyn 226-626-7432

# 55+ Trip to Ohio

Join us for a Lunch and Learn



Thursday
April 24<sup>th</sup>
Lunch @ 12pm
Community Centre

We will be going over the trip details

## ÁHKUY KIÍSHKWIIK EARTH DAY



## TUESDAY APRIL 22

Piiliiháatookw Kúkūna Áhkuy-Let's clean up our Mother Earth

Registration 10am-11am

Coffee/light refreshments at registration

Clean up 10am-12pm

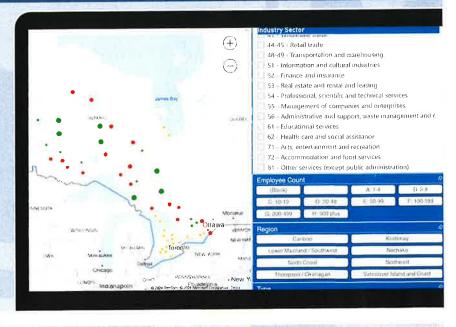
Lunch at 12pm

If you have any questions please contact: Lands Dept: Cheyenne Scully 519-692-4290 Health Dept: Norma Logan 519-692-3969

## ONTARIO FIRST NATIONS BUSINESS DIRECTORY

Empower your First Nation business by joining the free Chiefs of Ontario business directory. Enhance your visibility and forge meaningful connections.

Designed to showcase First Nations ousinesses. Featuring a user-friendly nterface and advanced search capabilities



\*Sample for demonstration purposes only



Visit:
www.chiefs-ofontario.org/prior
ities/economic/
ofnbd-listing

For enquiries please email: businessdirectory@coo.org



Scan to join



### Ontario First Nations Business Directory: Listing Form



### **First Nation**

Identify the First Nation most directly associated with your company.

### **Company Operating Name**

The name the company uses for normal daily operations.

### **Contact Email**

The email a prospective customer should use to contact the company.

### **Company Phone Number**

phone number a prospective customer should use to contact the company.

### **Company Website**

The URL of your company's website.

### **Industry Sector(s)**

enterprises

identify the industry sector (or sectors) most closely associated with your business:

-3			Manufacturing Mining, quarrying, and oil and gas extraction
	services		Other services (except public
=,	Agriculture, forestry, fishing and		administration)
	hunting	,	Professional, scientific and
	Arts, entertainment and recreation		technical services
	Construction	-	Public administration
	Educational services		Real estate and rental and leasing
	Finance and insurance	*	Retail Trade
	Health care and social assistance		Transportation and warehousing
	Information and cultural industries	-	Utilities
	Management of companies and		Wholesale trade



### **Company Description**

Enter a brief description of the company and its offerings.

### **Location of Head Office**

<b>Is this head office on a reserve?</b> (If yes please indicate name of reserve)
If the head office is not on a reserve, please provide the address.
Street Address:
City/Town:
Province:
Postal Code:
Phone Number:
Confirmations
Please confirm your agreement by checking the boxes below:
☐ the information provided by me can be displayed on the website being developed for the Ontario First Nations Business Listing.
☐ I understand I will be placed on the website as a self-certified First Nations Business. Later, if I wish, I will be able to upgrade to certified business based on the criteria laid out by my First Nations Chief and Council.
X

# Just in time for SPRING! Cor



Community Clean -Up Event From APRIL 7<sup>TH</sup>- 11<sup>TH</sup>/2025 9:00am - 4:00pm

Eelŭnaapéewi Lahkéewiit Public Works Department are planning another clean-up event.

Mandatory: The workers will only be picking up items that are at the end of their laneways.

\*ONLY SENIORS 65+ WILL BE ALLOWED SERVICE PICKUP AT THEIR HOUSE.

ITEMS MAY BE DROPPED OFF IN COMPOUND ONLY IF WORKERS ARE PRESENT.

Anúshiik, PUBLIC WORKS DEPARTMENT



Delaware Nation

Public Work Department

## Large Appliance Removal

Mandatory – Only Items Placed at the End of the Laneway will be removed. (65+ will be exempt)

\*\* Please no wooden pallets or wood from old decking/steps. – NO TIRES. No Paint. No oil.

• If items are left in these appliances, then they will not be picked up, until they are cleaned out.

Refrigerator	
☐ Stove	
☐ Freezer	
☐ Dishwasher	
☐ Air conditioner	
Dehumidifiers	
☐ Washers	
☐ Dryers	
□BBQ	
☐ Other – please specify—	

- ➤ Please ensure your appliances are outside your home for easy pick-up.
- Ensure dogs are tied up or contained, for workers safety.
- ➤ Pick up times are: 9:00am-4:00pm

ANUSHIK, PUBLIC WORKS DEPARTMENT



Every Tuesday in April @ 6:00 p.m.

Place: Seniors Centre

Everyone Welcome!

Prizes and Snacks



## April 2025

## Kihkeesiikaan

(seniors building)

2025

Sunday	Monday	Tuesday		Wednesday	Thursday	Friday	Saturday
		Language 10:00 Euchre 6:00 p.m.	1.	2 Meeting 10:00	3	4	
6		7 Language 10:00 Euchre 6:00 p.m.	8	9 Meeting 10:00	10 Bingo 10:00	11	
13	Rock painting 10:00	14 Language 10:00 Euchre 6:00 p.m.	15	16 Lunch with kindergarten Massage with Jen Kennedy 10:00 a.m.	17 Sign up for Seniors Chatham shopping trip on April 30	18	
20		Language 10:00 Euchre 6:00 p.m.	22	Meeting 10:00	24 Lunch at Parks 11:30	25	
27		Language 10:00 Euchre 6:00 p.m.	29	Potluck @ seniors complex 11:30 a.m.	Chatham shopping trip 10:00 a.m.		



**APRIL 15TH, 2025** 

Doors open at 5:00pm. Bingo starts @5:30 sharp!

Light Meal Provided

Limit 4 strips

AT DN COMMUNITY CENTRE



## HARM REDUCTION OUTREACH

MONDAY, APRIL 7, 2025 4:00PM - 6:30PM

DELAWARE NATION HEALTH
CENTRE

OUTREACH: INFORMATION ABOUT HARM REDUCTION SUPPLIES-DROP IN BOOTH, NARCAN KITS AVAILABLE

PLEASE CALL THE DELAWARE
NATION HEALTH AT 519-692-3969
FOR MORE INFORMATION



### COMMUNITY

AROMATHERAPY MASSAGES

WITH

**JOANNE** 

**TUESDAY, APRIL 22,2025** 

WEDNESDAY, APRIL 23, 2025

9:00AM-4:00PM

**DELAWARE NATION HEALTH CENTRE** 

\*\*LIMITED APPOINTMENTS AVAILABLE\*\*

PLEASE CALL 519-692-3969 TO RESERVE YOUR SPOT

Indigenous Services Services aux Autochtones Canada
Department of Indigenous Services Canada
First Nations and Inuit Health Branch
Environmental Public Health Services
6th Floor, Federal Building
457 Richmond Street
London, Ontario
N6A 3E3

PH (519) 645-5886 FX (519) 645-5169

March 24, 2025

Chief and Council Moravian of the Thames First Nation RR# 3 Thamesville, On. N0P 2K0

Dear Chief and Council:

### Re: Water Analysis Result-Morovian of The Thames First Nation-Health Centre

Water samples taken from the Morovian Health Centre on March 19, 2025 come out with sodium level 73.8mg/l. The result indicates that sodium level analysed is above 20 mg/L.

The guideline for sodium in the Guidelines for Canadian Drinking Water Quality and the standard for sodium in the Ontario Drinking Water Quality Standards is 20 mg/L for those on **sodium restricted diets** and 200 mg/L **for non-sodium restricted diets**. Sodium in drinking water is not considered to be toxic to a healthy person, however if someone is on a sodium restricted diet they should seek the advice of a physician. Please see the attached information sheet

If you have any questions or comments, please do not hesitate to contact my office at (519) 645-5886 or my cell at 519-200-5260

**Thanks** 

Mahendren Chinniah CPHI (C) Environmental Public Health Officer

Maint France

cc. Water Treatment Plant Operator Community Health Representative Shaun Mackie, REPHM



### SODIUM IN DRINKING WATER

This fact sheet is intended to convey information about sodium levels in drinking water in Morovian Nation of Thames

The level of sodium in the WTP, Morovian of The Thames First Nation water system is 73.8 mg/L. The Aesthetic objective for sodium in drinking water is 200mg/L. However, when sodium levels is higher than 20mg/L local residents should be informed to help person with sodium restricted diets control their sodium intake.

This is bacteriologically safe water supply. Drinking up to two litres of water per day would contribute (73.8 mg/L x2 L) 147.6 milligrams of sodium to a person's diet. For healthy adults, this sodium level in drinking water *does not pose a risk*. Most adults consume 4000-5000mg of sodium per day. For people on very strict, strict or moderate sodium restricted diets, the amount of sodium in the water may be significant. (See chart below)

Your body needs sodium in order to maintain blood pressure, control fluid levels and for normal nerve and muscle function. Food or water is not the only source of sodium in our diets. Sodium also can be found in drugs such as antacids, laxatives, aspirin and cough medicines. Sodium also can be obtained from table salt. One teaspoon of table salt contains 2300mg of sodium.

Sodium Restricted Diet Summary

	Soutum Restricted Diet Stiffmary		
	Maximum intake of sodium allowed	Amount of sodium in 2L of water	
	per day		
Very strict diet	500mg/day	147.6mg/day	
Strict diet	1000mg/day	147.6 mg//day	
Moderate diet	2000mg/day	147.6 mg/day	
Mild Diet	3000mg/day	147.6 mg/day	

If you any questions about sodium in your drinking water, please consult your physician or call your health centre at:





# E E L Ü N A A P É E W I L A H K É E W I I T RURAL VETERINARY SERVICE WELLNESS







# PRICING

Dog Wellness - \$45

(includes vet exam, vaccinations, dewormer, microchip and heartworm/tick test)

Cat Wellness - \$40

(includes vet exam, vaccinations, dewormer and microchip)

Dog Spay or Neuter - \$250

(Includes Wellness if Needed)

Cat Spay (Girl)- \$100

(Includes Wellness if Needed)

Cat Neuter (Boy) - \$75

(Includes Wellness if Needed)

MAY 3, 2025, FOR SURGICAL CLINIC MAY 4, 2025, WELLNESS CLINIC AT THE COMMUNITY CENTRE

PREPAYMENT REQUIRED AT THE HEALTH CENTRE CONTACT NORMA LOGAN AT 519-692-3969





# **MobileCare**

**Community Health Outreach** 



CHATHAM-KENT INCREASING ACCESS TO PRIMARY CARE, **MENTAL HEALTH AND ADDICTION** SERVICES.

1 (866) 299-7447

## mobilecareclinic.ca

#### Services:

- Primary care
- Early intervention
- Mental health services
- Addiction services
- Community support services
- Housing supports

Visit mobilecareclinic.ca for locations & schedule.

WALK-IN APPOINTMENTS

NO REFERRAL NEEDED

NO COST FOR **SERVICE** 

Connect with us @MobileCareCK

















## **CHATHAM-KENT**

# **APRIL 2025**

# **MobileCare**

Community Health Outreach

A team of healthcare providers travelling across Chatham-Kent in a clinic on wheels to provide care in your community.

No appointments are necessary. Free services include:

- Mental Health First Response
- Primary Care
- Community Referrals

In the event of a service disruption, we will post an update on social media @mobilecareck.



#### More Information

1-866-299-7447 www.mobilecareclinic.ca @mobilecareCK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1	2	3	4
	Walpole Island Arena 770 Tecumseh Rd. 9:30am - 2:30pm		Blenheim Memorial Arena 199 King St. 9:30am - 3:00pm	
7	8	9	10	11
	Wallaceburg Community Living 1100 Dufferin Ave. 9:30am - 3:00pm	Dresden Arena 1212 North St. 9:30am - 3:00pm	Chatham Victoria Park Place 215 Murray St. 9:30am - 11:30am W.I.S.H. Centre 177 King St. E., Chatham 1:00pm - 3:00pm	
14	15	16	17	18
	Walpole Island Arena 770 Tecumseh Rd. 9:30am - 2:30pm		Delaware Nation Community Centre 14811 School House Ln. 9:30am - 3:00pm	
21	22	23	24	25
	Wallaceburg Community Living 1100 Dufferin Ave. 9:30am - 3:00pm	Buxton National Historic Site 21975 AD Shadd Rd., 9:30am - 11:30am W.I.S.H. Centre 177 King St. E., Chatham 1:00pm - 3:00pm	Westover Treatment Centre 2 Victoria Road South, Thamesville 9:30am - 3:00pm	
28	29	30	1	2
1000	Walpole Island Arena 770 Tecumseh Rd. 9:30am - 2:30pm		Blenheim Memorial Arena 199 King St. 9:30am - 3:00pm	



**APRIL IS:** 

# Parkinson's Awareness Month











#### Introduction to Parkinson's Awareness Month

April is **Parkinson's Awareness Month**—a time to amplify the voices of people living with Parkinson's and shed light on the realities of Parkinson's across Canada. This year, we're putting the spotlight on courage and 'swagger'—the determination, resilience, and individuality that people with Parkinson's bring to their daily lives.

Parkinson's affects more than 110,000 people in Canada, each with their own unique story. This month is an opportunity to share those stories, challenge misconceptions, and build awareness about the impact of Parkinson's. Through your social media channels, you can help show the world what it really means to live with Parkinson's—whether that's pushing past challenges, celebrating victories, or finding new ways to keep moving forward. Use this toolkit to join the conversation, spread awareness, and help inspire confidence in those affected by Parkinson's. Together, we can empower and inspire people to thrive and live courageously.

### How to get involved

There are many ways to take action this Parkinson's Awareness Month. Whether you're sharing your story, attending an event, or spreading the word online, your voice makes a difference. Here's how you can get involved:

- **Visit our landing page** Get all the details on Parkinson's Awareness Month, including stories, events and other ways to participate: <u>parkinson.ca/PAM</u>.
- Share your story Parkinson's doesn't define you—your strength, resilience, and individuality do. Share your story with us through our website at <a href="mailto:parkinson.ca/PAM">parkinson.ca/PAM</a> or via email at <a href="mailto:communications@parkinson.ca">communications@parkinson.ca</a>.
- Post on social media Use the graphics and messages in this toolkit, including #ParkinsonsLooksLikeMe to help spread awareness and challenge misconceptions about Parkinson's. You can also share your own story on social media using this hashtag.
- Join Spark the Night –On April 11, 2025, join a global movement to shine a light on Parkinson's. Spark the Night is about illuminating cities worldwide in blue to symbolize hope, unity, and a brighter future for the millions of people living with Parkinson's worldwide. Learn more and find ways to participate at worldparkinsonsday.com.
- Attend a local support group Connection is powerful. Visit CareFinder to find a local support group and meet others who understand the journey: <u>parkinson.ca/care-finder</u>.

\*\* HEALTH CENTRE LOCATION \*\*

# ADVANCE FOOT CARE CLINIC

Professional Foot Care provided by M. Ireland, Clinincal Manager RPN, FCN





Please call to register.

Wednesday, April 23rd. 2025 9AM - 4 PM



519-692-3969

Sponsored by the DN Health Centre

Marie Street, Square Street, Square



#### Location:

Eelŭnaapéewi Lahkéewiit 14762 School House Line R. R. #3

Thamesville, Ontario NOP 2K0

Industry
Early Childhood
Education

Job Status: 35 hours per week

Salary: TBD

#### **Closing Date:**

April 4, 2025

# Eelŭnaapéewi Lahkéewiit Early Learning Centre/ Maintenance Worker Job Description

**POSITION REPORTS TO:** The Maintenance Worker shall be under the supervision of the Delaware Nation Early Centre Director

**Summary of Position**: The Maintenance Worker will ensure daily care in cleaning and maintaining the interior, exterior and surrounding grounds of the Eelŭnaapéewi Lahkéewiit Early Learning Centre. To maintain Health Standards as set out by the Child Care and Early Years Act.

#### **Program Delivery**

- Develop maintenance schedules of equipment.
- -Maintain compliance with Health Standards as set out by the Child Care and Early Years Act.
- -Ensure safety of children, staff and community
- Sweep, mop and scrub all floors in all rooms of the building.
- -Dust and wash furniture, shelves and windowsills
- -Vacuum all carpets and rugs and shampoo as required.
- -Operate industrial cleaners to remove scraps, dirt, heavy debris and refuse.
- -Empty and clean trash cans and other waste containers
- -Keep all interior doors, walls and ceilings clean.
- -Wash all interior and exterior windows.
- -Clean and disinfect all washrooms and fixtures.
- -Clean snow and ice from walkways and entryways
- -Cut grass in playground and around the Early Learning Centre grounds and in front of building
- -Clean and change light fixtures, furnace filters and do general repairs and painting inside and out.
- -keep inventory of necessary janitorial supplies and equipment and renew supplies in containers.
- -Renew and keep shelves stocked with supplies
- -Respond to challenges or problems
- -Any other relevant duties as assigned by the Delaware Nation Early Learning Centre Director

#### **Administrative**

- -Prepare and an inventory of supplies on hand monthly.
- -Prepare and submit inventory needs for the year.
- -Maintain posted active, accurate maintenance documentation.

#### **QUALIFICATIONS**

- -WHIMIS training
- -Previous experience and knowledge in custodial services and general maintenance repair.
- -An understanding of maintenance care and safety factors

- -Recognize and be aware, at all times of maintaining a clean and safe child care environment.
- -Ability to work cooperatively in a team approach and maintain confidentiality
- -Must be willing to take training as needed
- -Ability to work flexible hours
- -Must provide copy of recent criminal reference check with vulnerable sector search
- -Medical Certificate and First Aid/CPR due upon employment
- -up to date immunizations and records including COVID-19

#### **TERMS OF POSITION**

Employment Term: Full-time, 35 hours per week

<u>Salary</u>:

Commensurate with qualifications and/or experience

Hours of Work:

Daily 7 hours

(flexible hours required)

#### CLOSING DATE FOR APPLICATIONS

All interested candidates, please submit a **Cover Letter** (Outlining your qualifications as per job posting),

#### Résumé and

3 Current References (names & contact info only)
(2 work related and 1 character) to:

Director of Operations
Eelŭnaapéewi Lahkéewiit Administration Office
14760 School House Line,
Thamesville, Ontario NOP 2K0

<u>Marked</u>: CONFIDENTIAL - Maintenance - Eelŭnaapéewi Lahkéewiit Early leaning Centre

Email: <u>Director.Operations@delawarenation.on.ca</u>

By: Friday, April 4, 2025 @4:00 pm.

#### LATE APPLICATIONS WILL <u>NOT</u> BE ACCEPTED.

Eelŭnaapéewi Lahkéewiit gives preference to First Nation applications as permitted by Section 16(1) of the Canadian Human Rights Act.

While we sincerely appreciate all applicants, only those candidates selected for interview will be contacted.

Please note the selected candidate will be required to submit a current CPIC/Vulnerable Sector Search and consent to a background reference check.



#### **Job Summary**

Location:
Eelŭnaapéewi Lahkéewiit
(Delaware Nation)
Education Department
14753 School House Line
Thamesville, Ontario
NOP 2K0

Industry
Education Dept.

Job Status:
Part-time
15 hours per week
April - June
(school term)

Salary: TBD

#### **Closing Date:**

# Open until position is filled

# **Eelŭnaapéewi Lahkéewiit** (Delaware Nation) **IOB POSTING**

#### **EDUCATION DEPARTMENT – 2 Bus Monitor**

The Delaware Nation Council is currently accepting applications for one Bus Monitor within the Delaware Nation Education Department.

#### **SUPERVISION**

Reports to Education Manager.

#### **SUMMARY**

The Bus Monitor manages and monitors student behavior while entering, riding and exiting the vehicle.

#### **EDUCATION DEPARTMENT VISION STATEMENT**

Through the continuation of our Ancestral Teaching, we will develop respectful, confident individuals who will reflect the traditions and culture throughout their life's journey.

In pursuit of educational endeavors we will encourage and support Lunaapeew peoples to achieve a life-ling knowledge process that is relevant to their individual needs.

To stress the importance of education, we will foster a foundation that builds on our unique Lunaapeew history, culture, language, teachings and spirituality for all of our future generations.

# **DUTIES & RESPONSIBILITIES** (to include but not be limited to the following): **1. Safety During Transport**

- Ensure safety of students while entering, exiting and riding the vehicle.
- Assist students as needed to cross street to get to, or leave the vehicle.
- Attend to student's physical, medical or emotional needs while entering, riding, or exiting the vehicle.
  - Supervise student-seating arrangements.
- Foster and promote safe, positive and orderly environment during trips.
- Enforce Lambton-Kent District School Board bus rules and regulations governing student conduct.
- Follows approved emergency or evacuation procedures to assist students and driver during an emergency.
- Maintains safety, control and custody of students outside of vehicle during an emergency.
- Additional duties related to the safety of students and transport as requested by Education Manager.

#### 2. Administrative

- Report and refer parent complaints to Education Manager.
- Immediately advise Education Manager of incidents, hazards, accidents or safety violations.
  - Complete and maintain daily reports, logs or documentation as equested.
    - Prepare and submit own timesheet

• Adhere to all personnel policies of the Delaware Nation and the Education Department.

#### **QUALIFICATIONS (minimum)**

- Previous, recent experience with school aged children preferred.
- Current criminal reference check and Vulnerable Sector Search.
- Current C.P.R. and First Aid Certification or willingness to obtain within 30 days of hire.
- Knowledge of and ability to execute emergency and evacuation procedures.
- Proven verbal communication skills.
- Working knowledge of various computer software, email and Internet.
- Ability to calmly diffuse conflict or difficult situations.
- Ability to sign and comply with an Oath of Confidentiality and Delaware Nation Code of Ethics.

#### **CLOSING DATE FOR APPLICATIONS:**

Interested candidates please submit a Cover Letter, Résumé, and 3 current references (2 work related and 1 character) in a sealed envelope to:

Mike Deleary - Director of Operations Eelŭnaapéewi Lahkéewiit (Delaware Nation) Administration Office 14760 School House Line, R. R. #3 Thamesville, Ontario NOP 2K0

#### Marked: CONFIDENTIAL "Bus Monitor"

Must be hand-delivered or mailed Emails will not be accepted **Closing Date: Until filled** 

#### Eelŭnaapéewi Lahkéewiit (Delaware Nation) Band Members are encouraged to apply.

Pursuant to Section 16(1) of the Canadian Human Rights Act, Eelŭnaapéewi Lahkéewiit gives preference to First Nation applications.

While we sincerely appreciate all applications, only those candidates selected for interview will be contacted.

Please note the selected candidate will be required to submit a current CPIC/Vulnerable Sector Search and consent to a background reference check.



#### Location:

Eelunaapeewi Lahkeewiit 14762 School House Line R.R. 3 Thameville, Ontario NOP 2K0

Industry Early Childhood Education

#### Job Status:

35 hours per week ONE YEAR CONTRACT

Salary: TBD

> CLOSING DATE: Until Position is Filled

#### Eelŭnaapéewi Lahkéewiit Early Learning Centre / Teacher's Assistant JOB POSTING

**POSITION REPORTS TO**: The Teacher's Assistant shall be under the supervision of the Eelunaapeewi Lahkéewiit Early Learning Centre Director

#### SUMMARY OF POSITION:

The Teaching Assistant will ensure the development and provision of a high quality, wholistic, culturally relevant and individual educational program. The Teacher Assistant will support and assist in all program service areas of the Eelūnaapéewi Lahkéewiit Learning Early Centre

#### PROGRAM DELIVERY:

- Follows through with the Child Care Licensing Manual and the Head Start Mandate
- Plans, implements and coordinates classroom activities
- Responsible for classroom management and instruction
- To provide for the safety and wellbeing of the children during both on and off-site activities promoting the six components of Head Start
- Ability to communicate effectively and Professionally to parents, staff and community partners
- Creating and planning activities for individual children and groups according to the child's developmental level in accordance with "How Does Learning Happen?"
- Maintain regulated and required documentation, reporting and record keeping
- To organize space, equipment and materials to allow child experiences
- Complete daily playground inspections
- Any other relevant duties as assigned by the Eelunaapéewi Lahkéewiit Early Learning Centre Director

#### ADMINISTRATIVE:

- Develop and monitor an annual work plan and calendar
- To ensure daily recording of names, ages and parent/caregivers name, allergies, dietary concerns or other relevant matters
- Designs learning activities utilizing the High Scope curriculum and assessment tool as well as other available resources.
- Attend meetings and training as required by the Early Learning Centre Director
- Submit regular reports and maintain licensing requirements to the Director and complete any other reporting as required by funding and licensing sources.
- Maintain active, accurate and confidential filing system
- Is aware of and adheres to the current policies and procedures of the Eelunaapeewi Lahkéewiit, Early Learning Program as well as be familiar with the Child Care and Early Years Act.

#### QUALIFICATIONS:

- Early Childhood Education Diploma from an accredited post-secondary institution preferred
- Experience working with Aboriginal children, their parents and their communities
- Knowledge of the Lunaapeew Language and Culture would be an asset
- Strong interpersonal skills, excellent planning skills, excellent oral and written communication skills
- Must be computer literate
- Ability to work cooperatively in a team approach and maintain confidentiality
- Must be willing to take training as needed
- Ability to work flexible hours
- Must provide copy of recent criminal reference check with vulnerable sector search
- Medical Certificate and First Aid/CPR due upon employment
- Ontario driver's license would be an asset

#### TERMS OF POSITION:

Employment Term:

Hours of Work:

Hours: 35 hours/week.

Salary:

Commensurate with qualification and/or experience Daily from 8:30 am to 4:430 (flexible hours required)

#### **CLOSING DATE FOR APPLICATIONS**

Interested candidates please submit a Cover Letter, Résumé, and 3 references (2 work related and 1 character) to:

Eelŭnaapéewi Lahkéewiit (Delaware Nation) Administration 14760 School House Line, R. R. #3 Thamesville, Ontario NOP 2K0

Marked: CONFIDENTIAL "ELC/Teaching Assistant"

Closing Date: Until Position is Filled

#### DELAWARE NATION BAND MEMBERS ARE ENCOURAGED TO APPLY.

Pursuant to section 16(1) of the Canadian Human Rights Act, Eelŭnaapéewi Lahkéewiit gives preference to First Nation Applications.

While we sincerely appreciate all applications, only those candidates selected for interview will be contacted.

Please note the selected candidate will be required to submit a current CPIC and consent to a background reference check.



# AAMJIWNAANG FIRST NATION

BEAR PARK | 1972 VIRGIL AVE. | SARNIA, ON

#### **EVERYONE WELCOME!**

GATES OPEN AT 10AM ADMISSION:

\$10 (13-54 yrs) • \$5 (6 - 12 yrs) FREE (under 5 & Seniors 55+)

# June 17 \$ 18 2023

# CONTEST

Fancy, Grass, Jingle, Traditional

GOLDEN AGE 55+ COMBINED \$1200, \$1000, \$800, \$600, \$400, \$200

**ADULTS 18 - 54** 

\$1200, \$1000, \$800, \$600, \$400, \$200

**TEENS 13 - 17** 

\$400, \$300, \$200, \$100, \$75, \$50

JUNIORS 6 - 12

\$200, \$150, \$125, \$100, \$75, \$50

#### DRUM

\$7000, \$6000, \$5000, \$4000, \$3000, \$2000 (DRUM SPLIT FOR NON-PLACING)

BABY CONTEST TINY TOTS

ALL REGISTRATIONS FOR ABOVE SATURDAY JUNE 18

DANCE 10AM - 12PM

DRUM 10AM - 11:45AM

NO EXCEPTIONS

# GRAND ENTRY

Saturday 12 p.m. & 6 p.m.

Sunday 12 p.m.

## **SPECIALS**

- Father/Child Dance
- Drum Roll Call
- Community Specials TBA

# **HEAD STAFF**

MASTER OF CEREMONIES

MEEG SNAKE

ARENA DIRECTOR

ANIMIKEENCE PLAIN

DANCE JUDGE

LISA WILLIAMS

DRUM JUDGE

TALON WHITE-EYE

**HEAD VETERAN** 

WALKER STONEFISH & JEFFREY PLAIN

**HOST DRUM** 

CRAZY SPIRIT

HEAD DANCERS

SELECTED EACH SESSION

Committee is not responsible for accidents, inclement weather, lodging, lack of traveling funds, or theft.

No alcohol, drugs or pets permitted on the premises.



Vendor & General Inquiries: contact:
Tracy Williams,
twilliams@aamjiwnaang.ca
519 336 8410
www.aamjiwnaang.ca



# **COME CELEBRATE!** COMPETITION POWWOW

JUNE 21-22, 2025



**WESLEY CLOVER** PARKS, OTTAWA

Don't miss out! Drummers and Dancers from across North America will be competing for over \$75,000 in prizes!

Part of National Indigenous Peoples Day in Ottawa, June 2025.

Competition points starts Saturday June 21 with non-stop family programming...all FREE!

#### **DRUM COMPETITION**

1st \$7,000 2nd \$5,000 3rd \$3,500 4th \$2,500

#### **DANCE COMPETITION**

TRADITIONAL, FANCY, GRASS & JINGLE

MENS & LADIES CATEGORIES (18-49) & (50+) 1st \$1,200 | 2nd \$900 | 3rd \$600

> TEENS [13-17] 1st \$400 | 2nd \$300 | 3rd \$200

JUNIORS (6-12)

1st \$200 | 2nd \$150 | 3rd \$100

TINY TOTS (5 & UNDER) Paid daily (Sat/Sun) in full regalia

We invite everyone to have a fun weekend of camping at Wesley Clover Parks Campground campground@wesleycloverparks.com promo code: HELL02025

10% discount until May 20

SummerSolsticeFestivals.ca



Saturday, June 21 11:45am Drum Roll Call Saturday, June 21 12:00pm & 6:00pm Competition Pow wow Sunday, June 22 12:00pm **Grand Entry** 

info@ottawasummersolstice.ca General Info registrations@ottawasummersolstice.ca Vendor Info



**SCAN TO REGISTER** 

#### **HOST DRUM Bear Creek**

#### **HEAD STAFF**

Arena Director Jordan Williams White Eye Ojibwe/Botewatomle/Lenape, Bkejwanong Territory, ON

MC Adrian Harjo Kickapoo/Seminole, Kansas City, KS

**Head Drum Judge** Jeremy Doxtator Oneida Nation, Tyendinage, ON Head Dance Judge Charles Belisle St Croix/Oneida Nation, Oneida, Wi

Tabulator **C&T Tabulating** 

Female Head Dancer selected per sess

Male Head Dancer selected per sess











